





week starting____

Blood Glucose Record

_____target blood glucose range _____ medication

eg		breakfast		lunch		dinner		bed-		
		before	after	before	after	before	after	time	ketones	comments
NNS	blood glucose									
	time									
	medication									
MON	blood glucose									
	time									
	medication									
TUES	blood glucose									
	time									
	medication									
WED	blood glucose									
	time									
	medication									
THURS	blood glucose									
	time									
	medication									
Indian	blood glucose									
	time									
	medication									
SAT	blood glucose									
	time									
	medication									



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