


MONITORING



Blood Glucose Record

week starting _____ target blood glucose range _____ medication _____

| |  | breakfast | | lunch | | dinner | | bed-time | ketones | comments |
|-------|---|-----------|-------|--------|-------|--------|-------|----------|---------|----------|
| | | before | after | before | after | before | after | | | |
| SUN | blood glucose | | | | | | | | | |
| | time | | | | | | | | | |
| | medication | | | | | | | | | |
| MON | blood glucose | | | | | | | | | |
| | time | | | | | | | | | |
| | medication | | | | | | | | | |
| TUES | blood glucose | | | | | | | | | |
| | time | | | | | | | | | |
| | medication | | | | | | | | | |
| WED | blood glucose | | | | | | | | | |
| | time | | | | | | | | | |
| | medication | | | | | | | | | |
| THURS | blood glucose | | | | | | | | | |
| | time | | | | | | | | | |
| | medication | | | | | | | | | |
| FRI | blood glucose | | | | | | | | | |
| | time | | | | | | | | | |
| | medication | | | | | | | | | |
| SAT | blood glucose | | | | | | | | | |
| | time | | | | | | | | | |
| | medication | | | | | | | | | |