

For All Procedures

Prior to stopping any medication, please get approval from your primary care physician.

Procedure Instruction line (310-423-9857)

1. Stop all **aspirin and aspirin containing medications, Pletal, Plavix, Persantine or Dipyridamole, and Aggrenox** at least **5 days** prior to procedures.
2. Stop all anti-inflammatory medications such as **ibuprofen, naproxen, Aleve, Mobic, Voltaren, Motrin**, etc, at least **48 hours** prior to procedures. Usually Celebrex does not need to be stopped, but if you have any questions, please check with your doctor.
3. Stop **Vitamin E and Ginko Biloba** at least **5 days** prior to procedures.
4. Stop **Coumadin** at least **5 days** prior to procedures.
5. Stop low molecular weight heparin compounds such as **Lovenox** at least **24 hours** prior to procedure.
6. Stop all prescriptive or herbal **diet medication** at least **24 hours** prior to your procedure.
7. If you are diabetic and/or take **diabetes medication**, please take your regular dose or check with your doctor if you are uncertain.
8. If you take cardiac or blood pressure medication in the morning, please take it with just sips of water.
9. Please **arrive 30 minutes prior** to your **scheduled appointment time**.
10. Please **do not wear** neck or ear jewelry of any kind. Please leave all valuables at home.

If you are having sedation for your procedure:

You are to have nothing to eat for the **8 hours** prior to your procedure, and nothing to drink, including water, **6 hours** prior to the procedure.

You must have an escort to accompany you home following your procedure. This person must be identified to the staff prior to the start of the procedure. Should you not have someone to accompany you, it will be necessary to defer/cancel your procedure.

Per Cedars-Sinai policy, our office is unable to discharge you after sedation if you are unaccompanied by a friend, family member or caregiver. Leaving our office unaccompanied via cab, bus or car service is prohibited.