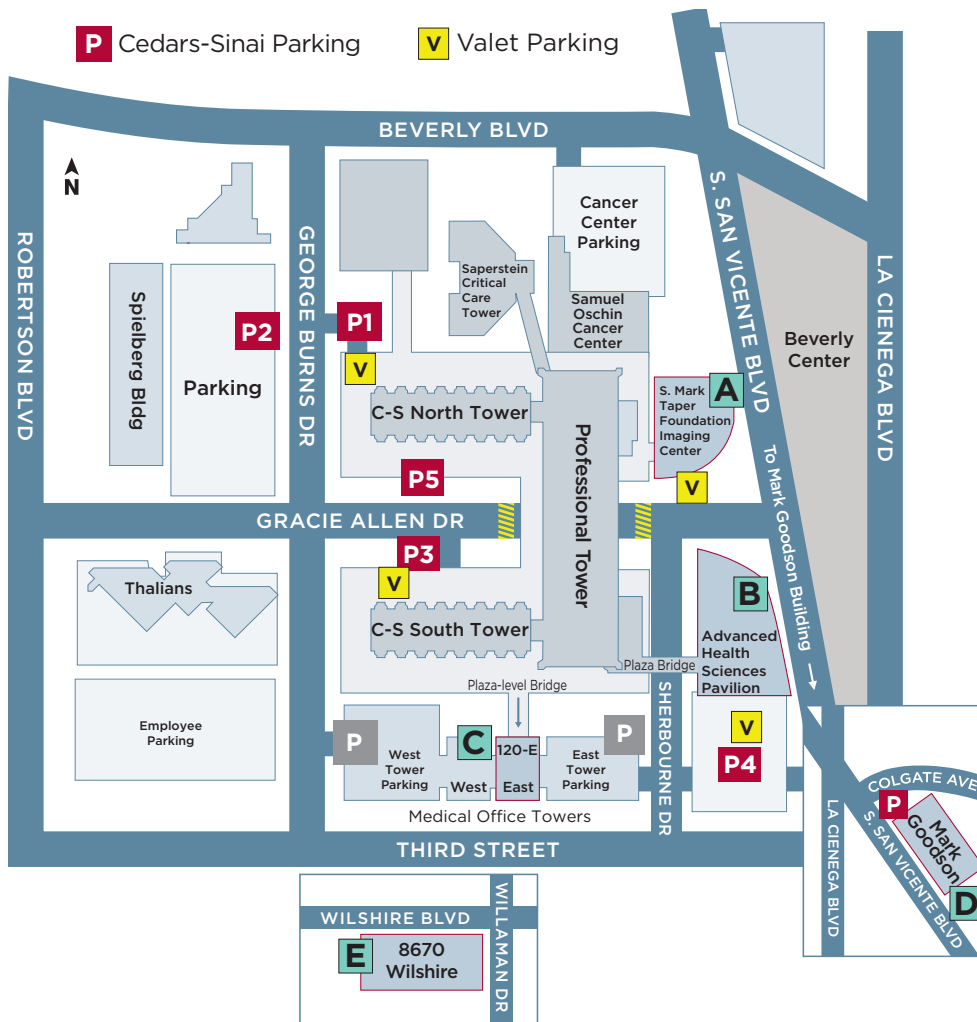


P Cedars-Sinai Parking **V** Valet Parking



CEDARS-SINAI

S. MARK TAPER FOUNDATION IMAGING CENTER



Imaging Preparation and Parking Information

Patient preps on reverse. For exam information, please visit www.cedars-sinai.edu/ImagingPreps

For information and scheduling call: (310) 423-8000

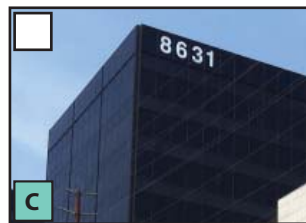
Notes: _____



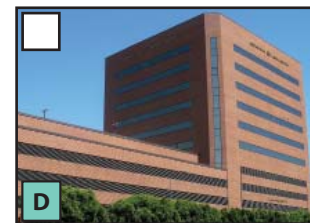
S. Mark Taper Foundation Imaging Center
 8705 Gracie Allen Drive
 Los Angeles, CA 90048
 Corner of San Vicente Blvd.
 & Gracie Allen Dr.
Valet and Drop Off in Front
Valet and Parking in Lot P4



Advanced Health Sciences Pavilion
 127 S. San Vicente Blvd.,
 Suite A-2500, Plaza Level
 Los Angeles, CA 90048
Valet and Parking Available in Lot P4



Medical Office Towers
 8631 W. Third St.,
 Suite 120 East, 1st Floor
 Los Angeles, CA 90048
Parking Lot P4 Suggested



Mark Goodson Building
 444 S. San Vicente Blvd.,
 Suite 106, Street Level
 Los Angeles, CA 90048
Parking On Site



8670 Wilshire Blvd.
 8670 Wilshire Blvd.,
 2nd Floor
 Beverly Hills, CA 90211
Parking On Site

PATIENT INFORMATION AND PREPARATIONS

Pediatrics: For children under 16, call (310) 423-8000 (option 1) and ask for specific pediatric preparation instructions, including sedation requirements.

CT

Abdomen and/or Pelvis (approx. visit time: 2-2½ hours) You may need oral contrast.

- Do not eat or drink 3 hours before exam.
- Take medications as prescribed with a sip of water.

Coronary CTA (approx. visit time: 2-3 hours)

- Continue taking all of your current medications.
- Do not take Viagra®, Cialis® or Levitra® for 48 hours before exam.

Virtual Colonography (approx. visit time: 1½ hours)

- For detailed prep information, please visit: cedars-sinai.edu/ImagingPreps

All other CT studies (approx. visit time: 1 hour) No preparations are required.

INTERVENTIONAL RADIOLOGY/INTERVENTIONAL NEURORADIOLOGY

Please call (310) 423-2468 to schedule a patient and for prep information.

MRI

Abdomen and/or Pelvis (approx. visit time: 2 hours)

- Do not eat or drink 3 hours before exam.

Cholangiogram/MRCP (approx. visit time: 2½ hours)

- Do not eat or drink 8 hours before exam.

Dynamic Pelvic MR (approx. visit time: 2 hours)

- You must empty your bladder 2 hours before the exam and not void again until the exam is complete.

Enterography (approx. visit time: 2½-3 hours)

- Do not eat or drink 8 hours before exam.
- Take medications as prescribed with a sip of water.
- You may need oral and rectal contrast at the time of exam.

Prostate or Spectroscopy of Prostate (approx. visit time: 2 hours)

- Use Fleet Enema #1 two hours before exam.

NUCLEAR CARDIOLOGY

For PET Myocardial Viability or PET Cardiac Sarcoidosis, you will be contacted with your preps.

Stress Myocardial Perfusion SPECT or Stress Myocardial Perfusion

Rubidium PET (approx. visit time: SPECT 3-4 hours; PET 1.5-2 hours)

- **DO NOT** alter any medications without consulting your physician.
- Consult your physician about going off beta blockers for 48 hours and calcium channel blockers 24 hours before your exam.
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee or Excedrin®) for 24 hours before exam. *Note:* Decaffeinated products contain caffeine.
- Do not eat or drink for 3 hours before your appointment. Drinking water is okay.
- Bring all your medications or a list of them with doses.
- For SPECT exams, wear a comfortable 2-piece outfit and walking shoes.

NUCLEAR MEDICINE/MOLECULAR IMAGING

Biliary Scan (HIDA) (approx. visit time: 3 hours; Depending on the scan results, you may need to return after 3 hours and/or 24 hours for another scan)

- Do not eat or drink anything 4 hours before exam.

Gastric Emptying (approx. visit time: 4-6 hours)

- Do not eat or drink 12 hours before exam.

PET/CT (FDG) (approx. visit time: 3½ hours)

- 48 hours before exam: Do not do any strenuous exercise or deep-tissue massage.
- 24 hours before exam: Stay on a VERY LOW-carbohydrate, NO-sugar diet. **Do NOT eat:** sweet foods or drinks; desserts or candy; fruits or fruit juices; starchy foods like cereal, potatoes, rice, or pasta; milk, yogurt, nutritional shakes, or smoothies. Do NOT use chewing gum or mints.

PET/CT Preparation continues in next column.

PET/CT continued

You may eat a HIGH PROTEIN diet including meat and poultry, eggs, nuts, and green vegetables. You may drink water and zero-calorie drinks.

- 6 hours before exam: Please do not eat or drink anything, with the exception of water. Drinking water is encouraged to assure hydration for best test results.
- Continue to take medications as prescribed. If you are diabetic, ask your doctor about diet and medication. Carefully monitor and control your blood sugar the 48 hrs before the scan. Call (310) 423-8738 for more information.

PET Brain (FDG) (approx. visit time: 3 hours)

- Follow above preps for PET/CT (FDG).
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee, or Excedrin®) for 24 hours before exam. *Note:* Decaffeinated products contain caffeine.

Renal Scan (approx. visit time: 1½-2½ hours)

- Drink two 8 oz. glasses of water 1 to 2 hours before exam. You may use the restroom as needed.

Thyroid Uptake and Scan (3 visits over 2 days)

- No iodinated contrast material (CT, IVP or angio) for 6 weeks before exam.
- Ask your doctor about discontinuing Synthroid®, Levoxyl® or Levothyroxine® 6 weeks before exam; Cytomel® (T3) or Liothyronine 2 weeks before exam; and anti-thyroid medication 5 days before exam.
- Avoid eating sushi, seaweed, kelp products, or seafood 1 week before exam.

ULTRASOUND

Abdominal Ultrasound (Liver, Spleen, Gallbladder, Kidneys, Pancreas, Abdominal Aorta, and Biliary System) (approx. visit time: 1½ hours)

- Do not eat or drink 8 hours before exam.
- Take medications with a sip of water.

Pelvic Ultrasound (Uterus, Ovaries, Fallopian Tubes and Bladder; Transvaginal Ultrasound included for females) (approx. visit time: 1½ hours)

- Please have a full bladder; drink 32 oz. of water before exam.
- Male patients do not need to have a full bladder for the exam.

Prostate Ultrasound (approx. visit time: 1½ hours)

- Use Fleet Enema #1 two hours before exam.

VASCULAR ULTRASOUND

Renal Artery Stenosis, Aorta, Iliac Vena Cava (approx. visit time: 1-1½ hours)

- Do not eat or drink for 6 hours before exam.
- Take any medications with a sip of water.

X-RAY AND FLUOROSCOPY

Barium Enema (approx. visit time: 1½ hours)

- For preps, visit www.cedars-sinai.edu/BE or call (310) 423-8000 (option 1.)

Upper GI/Esophagram (approx. visit time: 1-2½ hours) **or Upper GI with Small Bowel Study** (approx. visit time: 1½ -3½ hours or longer)

- Do not smoke, eat or drink anything including gum or mints after midnight.

Hysterosalpingogram (approx. visit time: 1½ hours)

- Schedule 5 to 10 days after first day of menstrual cycle.
- No sexual intercourse from first day of menstrual cycle until 48 hours after exam, not even with protection.

IVP (Intravenous Pyelogram; Kidney X-ray) (approx. visit time: 1½ hours)

- Do not eat or drink for 4 hours before exam.
- If allergic to iodine, please tell scheduler, tech, nurse, or radiologist.