Imaging Preparation and Parking Information

Patient preps on reverse.  cedars-sinai.edu

For information and scheduling call: (310) 423-8000

Notes: _________________________________________________________________

S. Mark Taper Foundation Imaging Center
8705 Gracie Allen Drive
Los Angeles, CA 90048
Corner of San Vicente Blvd. & Gracie Allen Dr.
Valet and Drop off in front
Valet and Self-Parking in Lot P4

Advanced Health Sciences Pavilion
127 S. San Vicente Blvd., Suite A-2500, Plaza Level
Los Angeles, CA 90048
Valet and Self-Parking
Available in Lot P4

Medical Office Towers
8631 W. Third St., Suite 120 East, 1st Floor
Los Angeles, CA 90048
Parking Lot P4 Suggested

Mark Goodson Building
444 S. San Vicente Blvd., Suite 106, Street Level
Los Angeles, CA 90048
Parking On Site

Breast Health Services Building
310 N. San Vicente Blvd.
Los Angeles, CA 90048
Valet and Self-Parking On Site
PATIENT INFORMATION AND PREPARATIONS

Pediatrics: For children under 16, call (310) 423-8000 (option 1) and ask for specific pediatric preparation instructions, including sedation requirements.

CT
Abdomen and/or Pelvis (approx. visit time: 2-2½ hours) You may need oral contrast.
- Do not eat or drink 3 hours before exam.
- Take medications as prescribed with a sip of water.
Coronary CTA (approx. visit time: 2-3 hours)
- Continue taking all of your current medications.
- Do not take Viagra®, Cialis® or Levitra® for 48 hours before exam.
CT Virtual Colonography (approx. visit time: 1½ hours)
- For preps, search our website: cedars-sinai.edu or call (310) 423-8000 (option 1.)
All other CT studies (approx. visit time: 1 hour) No preparations are required.

INTERVENTIONAL RADIOLOGY/INTERVENTIONAL NEURORADIOLOGY
Please call (310) 423-2468 to schedule a patient and for prep information.

MRI
Abdomen and/or Pelvis (approx. visit time: 2 hours)
- Do not eat or drink 3 hours before exam.
Cholangiogram/MRCP (approx. visit time: 2½ hours)
- Do not eat or drink 8 hours before exam.
Dynamic Pelvic MR (approx. visit time: 2 hours)
- You must empty your bladder 2 hours before the exam and not void again until the exam is complete.
Enterography (approx. visit time: 2½-3 hours)
- Do not eat or drink 8 hours before exam.
- Take medications as prescribed with a sip of water.
- You may need oral and rectal contrast at the time of exam.
Prostate or Spectroscopy of Prostate (approx. visit time: 2 hours)
- Use a saline Fleet Enema two hours before exam.

NUCLEAR CARDIOLOGY
For PET Myocardial Viability or PET Cardiac Sarcoidosis, you will be contacted with your preps.
Stress Myocardial Perfusion SPECT or Stress Myocardial Perfusion Rubidium PET (approx. visit time: SPECT 3-4 hours; PET 1.5-2 hours)
- DO NOT alter any medications without consulting your physician.
  Consult your physician about going off beta blockers for 48 hours and calcium channel blockers 24 hours before your exam.
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee, or Excedrin®) for 24 hours before exam.
  Note: Decaffeinated products contain caffeine.
- Do not eat or drink for 3 hours before your appointment. Drinking water is okay.
  Bring all your medications or a list of them with doses.
  For SPECT exams, wear a comfortable 2-piece outfit and walking shoes.

NUCLEAR MEDICINE/MOLECULAR IMAGING
Biliary Scan (HIDA) (approx. visit time: 3 hours; Depending on the scan results, you may need to return after 3 hours and/or 24 hours for another scan)
- Do not eat or drink anything 4 hours before exam.
Gastric Emptying (approx. visit time: 4-6 hours)
- Do not eat or drink 12 hours before exam.
PET/CT (FDG) (approx. visit time: 3½ hours)
- 48 hours before exam: Do not do any strenuous exercise or deep-tissue massage.
- 24 hours before exam: Stay on a VERY LOW-carbohydrate, NO-sugar diet.
  Do NOT eat: sweet foods or drinks; desserts or candy; fruits or fruit juices; starchy foods like cereal, potatoes, rice, or pasta; milk, yogurt, nutritional shakes, or smoothies. Do NOT use chewing gum or mints.
PET/CT continued
- You may eat a HIGH PROTEIN diet including meat and poultry, eggs, nuts, and green vegetables. You may drink water and zero-calorie drinks.
- 6 hours before exam: Please do not eat or drink anything, with the exception of water. Drinking water is encouraged to assure hydration for best test results.
- Continue to take medications as prescribed. If you are diabetic, ask your doctor about diet and medication, including withholding insulin for 4 hours prior to the exam (with the exception of an insulin pump, which is permitted). Carefully monitor and control your blood sugar for 48 hrs before the scan. Call (310) 423-8738 for more information.

PET/CT Preparation continues in next column.