



☐ **Provider-managed CT Lung Cancer Screening**

Provider will need to confirm patient's eligibility, perform and document a counseling and shared decision-making visit, schedule follow-up studies and visits, including for incidental findings. Communication with the patient will be done by the ordering provider.

Choose: ☐ Baseline ☐ Annual

Diagnosis:

☐ Current smoker (Nicotine dependence, cigarettes)

☐ Former smoker (Personal history of nicotine dependence)

Confirm patient meets the following CMS Eligibility Criteria:

Is patient age 50-77? (Other insurers may cover older patients.) ☐ Yes ☐ No

Does patient show any signs or symptoms of lung cancer? ☐ Yes ☐ No

Is patient a current smoker or quit within the past 15 years? ☐ Yes ☐ No

If patient quit smoking, how many years since quitting? _____

Patient's total pack-years (avg # packs per day x total years smoked?) _____

Is there documented shared decision-making? ☐ Yes ☐ No

Did patient receive smoking cessation guidance? ☐ Yes ☐ No

Has patient had a CT Chest exam within the past 12 months? ☐ Yes ☐ No

Cardiac	NUCLEAR CARDIOLOGY	CARDIAC CT	CARDIAC MRI
<input type="checkbox"/>	<input type="checkbox"/> Stress Myocardial Perfusion SPECT <input type="checkbox"/> Exercise Stress (Pharmacologic if indicated) <input type="checkbox"/> Vasodilator Stress (Adenosine, Pharmacologic) <input type="checkbox"/> PET Rubidium Stress <input type="checkbox"/> PET Myocardial Viability <input type="checkbox"/> PET Cardiac Sarcoidosis <input type="checkbox"/> Pyrophosphate for Amyloid (PYP)	<input type="checkbox"/> Coronary Calcium Scan (CCS) <input type="checkbox"/> With Consult <input type="checkbox"/> Coronary CT Angiogram (CCTA) <input type="checkbox"/> With FFRCT if recommended <input type="checkbox"/> Pulmonary Vein Imaging <input type="checkbox"/> Thoracic Aortic Angiogram <input type="checkbox"/> Cardiac Anatomic Structure (Specify) Iodine Contrast Allergy: <input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Contrast <input type="checkbox"/> No Contrast <input type="checkbox"/> Cardiomyopathy/Myocarditis <input type="checkbox"/> LV Function and Viability <input type="checkbox"/> Stress Perfusion (Vasodilator) <input type="checkbox"/> Specific Q (eg RV, Aorta, Mass) <input type="checkbox"/> Congenital Pacemaker / Defibrillator: <input type="checkbox"/> Y <input type="checkbox"/> N MRI Contrast Allergy: <input type="checkbox"/> Y <input type="checkbox"/> N Implantable Device(s): <input type="checkbox"/> Y <input type="checkbox"/> N
		Special Instructions:	

PATIENT INFORMATION AND PREPARATIONS

CT

Abdomen and/or Pelvis (approx. visit time: 2-2½ hours) You may need oral contrast.

- Do not eat 3 hours before your exam. You may drink liquids.
- Take medications as prescribed.

Coronary CTA (approx. visit time: 2-3 hours)

- Continue taking all of your current medications.
- Do not take Viagra®, Cialis® or Levitra® for 48 hours before exam.

CT Virtual Colonography (approx. visit time: 1½ hour)

- For preps, please search our website: cedars-sinai.edu. Or call (310) 423-8000 (option 1.)

All other CT studies (approx. visit time: 1 hour) No preparations are required.

INTERVENTIONAL/INTERVENTIONAL NEURORADIOLOGY

Please call (310) 423-2468 to schedule a patient and for prep information.

MRI

Abdomen and/or Pelvis (approx. visit time: 2 hours)

- Do not eat or drink 3 hours before exam.

Cholangiogram/MRCP (approx. visit time: 2½ hours)

- Do not eat or drink 8 hours before exam.

Dynamic Pelvic MR (approx. visit time: 2 hours)

- You must empty your bladder two hours before the exam and not void again until the exam is complete.

Enterography (approx. visit time: 2½-3 hours) You may need oral and rectal contrast before exam.

- Do not eat or drink 8 hours before exam.
- Take medications as prescribed with a sip of water.

Prostate or Spectroscopy of Prostate (approx. visit time: 2 hours)

- Use a saline Fleet Enema two hours before exam.

NUCLEAR CARDIOLOGY

For PET Myocardial Viability or PET Cardiac Sarcoidosis, you will be contacted with your preps.

Stress Myocardial Perfusion SPECT or Stress Myocardial Perfusion Rubidium PET (approx. visit time: SPECT 3-4 hours; PET 1.5-2 hours):

- DO NOT** alter any medications without consulting your physician.
- Consult your physician about going off beta blockers for 48 hours and calcium channel blockers 24 hours before your exam.
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee or Excedrin®) for 24 hours before exam. *Note:* Decaffeinated products contain caffeine.
- Do not eat or drink for 3 hours before your appointment. Drinking water is okay.
- Bring all your medications or a list of them with doses.
- For SPECT exams, wear a comfortable 2-piece outfit and walking shoes.

NUCLEAR MEDICINE/MOLECULAR IMAGING

Biliary Scan (HIDA) (approx. visit time: 3 hours; Depending on the scan results, you may need to return after 3 hours and/or 24 hours for another scan)

- Do not eat or drink anything 4 hours before exam.

FDG PET/CT Body & FDG PET/CT Brain (for Brain also see below) (approx. visit time: 3½ hours)

The following is for FDG PET only, for all other PET/CT exams, including neuroendocrine (NETSPOT) and prostate (PSMA), please see the "Preparing for Your Exam" section on our website.

- 48 hours before exam: Do not do any strenuous exercise or deep-tissue massage.
- 24 hours before exam: Stay on a VERY LOW-carbohydrate, NO-sugar diet. **Do NOT eat:** sweet foods or drinks; desserts or candy; fruits or fruit juices; starchy foods like cereal, potatoes, rice, pasta; milk, yogurt, nutritional shakes, or smoothies. Do NOT use chewing gum or mints. **You may eat** a HIGH PROTEIN diet including meat and poultry, eggs, nuts, and green vegetables. You may drink water and zero-calorie drinks.
- 6 hours before exam: Please do not eat or drink anything, with the exception of water. Drinking water is encouraged to assure hydration for best test results.
- Continue to take medications as prescribed. If you are diabetic, ask your doctor about diet and medication, including withholding insulin for 4 hours prior to the exam (with the exception of an insulin pump, which is permitted). Carefully monitor and control your blood sugar for 48 hrs before the scan. Call (310) 423-8738 for more information.

FDG PET/CT Brain (approx. visit time: 3 hours)

- Follow above preps for FDG PET/CT Body & FDG PET/CT Brain.
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee, or Excedrin®) for 24 hours before exam. *Note:* Decaffeinated products contain caffeine.

Gastric Emptying (approx. visit time: 4-6 hours)

- Do not eat or drink 12 hours before exam.

PET/CT: for FDG PET/CT Body and FDG PET/CT Brain, see above. For all other PET/CT see the "Preparing for Your Exam" section on our website.

Renal Scan (approx. visit time: 1½-2½ hours)

- Drink two 8 oz. glasses of water 1 to 2 hours before exam. You may use the restroom as needed.

Thyroid Uptake and Scan (3 visits over 2 days)

- No iodinated contrast material (CT, IVP or angio) for 6 weeks before exam.
- Ask your doctor about discontinuing Synthroid®, Levoxy® or Levothyroxine® 6 weeks before exam; Cytomel® (T3) or Liothyronine 2 weeks before exam; and anti-thyroid medication 5 days before exam.
- Avoid eating sushi, seaweed, kelp products or seafood 1 week before exam.

ULTRASOUND

Abdominal Ultrasound (Liver, Spleen, Gallbladder, Kidneys, Pancreas, Abdominal Aorta and Biliary System) (approx. visit time: 1½ hours)

- Do not eat or drink 8 hours before exam.
- Take medications with a sip of water.

Pelvic Ultrasound (Uterus, Ovaries, Fallopian Tubes and Bladder; Transvaginal Ultrasound included for females) (approx. visit time: 1½ hours)

- Please have a full bladder; drink 32 oz. of water before exam.
- Male patients do not need a full bladder for the exam.

Prostate Ultrasound (approx. visit time: 1½ hours)

- Use any saline Fleet Enema two hours before exam.

VASCULAR ULTRASOUND

Renal Artery Stenosis, Aorta, Iliac Vena Cava (approx. visit time: 1-1½ hours)

- Do not eat or drink for 6 hours before exam.
- Take any medications with a sip of water.

X-RAY AND FLUOROSCOPY

Barium Enema (approx. visit time: 1½ hours)

- For preps, please search our website: cedars-sinai.edu. Or call (310) 423-8000 (option 1.)

Upper GI/Esophagram (approx. visit time: 1-2½ hours) **or Upper GI with Small Bowel Study**

(approx. visit time: 1½ -3½ hours or longer)

- Do not smoke, drink or eat anything including gum or mints after midnight.

Hysterosalpingogram (approx. visit time: 1½ hours)

- Schedule 5 to 10 days after first day of menstrual cycle.
- No sexual intercourse from first day of menstrual cycle until 48 hours after exam, not even with protection.

IVP (Intravenous Pyelogram; Kidney X-ray) (approx. visit time: 1½ hours)

- Do not eat or drink for 4 hours before exam.
- If allergic to iodine, tell scheduler, tech, nurse, or radiologist.

PEDIATRIC - For children under 16: Call (310) 423-8000 (option 1) and ask for specific pediatric preparation instructions, including sedation requirements.



S. Mark Taper Foundation Imaging Center

Corner of San Vicente Blvd. & Gracie Allen Dr.

8705 Gracie Allen Drive,
Los Angeles CA 90048

**Valet and Patient Drop Off in Front;
Valet and Parking available in
Pavilion Parking**



Susanne and Ervin Bard Pavilion

127 S. San Vicente Blvd.,
Suite #A-2500
Los Angeles CA 90048
**Valet and Parking Available in
Pavilion Parking**



Medical Office Towers

8631 W. Third St., Suite 120-East
Los Angeles CA 90048
Pavilion Parking Suggested



Mark Goodson Building

444 S. San Vicente Blvd., Suite 106
Los Angeles CA 90048
Parking On Site



Breast Health Services Building

310 N. San Vicente Blvd.
West Hollywood CA 90048
Parking On Site