Nuclear Cardiology
Stress Myocardial Perfusion SPECT
- Exercise Stress
  (Pharmacologic if indicated)
- Vasodilator Stress
  (Adenosine, Regadenoson)
- Stress Myocardial Perfusion PET (Rubidium)
- Myocardial Viability PET (FDG)
- Cardiac Sarcoidosis PET
- Cardiac Infection PET
- Pyrophosphate for Amyloid (PYP)
- Other:

Cardiac CT
- Coronary Calcium Scan (CCS)
  - With Consult
- Coronary CT Angiogram (CCTA)
  - With FFRCT if indicated
- Pulmonary Vein Imaging
- Cardiac Anatomic Structure
  Please Specify: (LV, RV, Pericardium, Thrombi, Veins, Masses, etc):
  - Pre-Valve
    - Aortic (TAVR)
    - Mitral
    - Tricuspid
  - Post-Valve
  - Other:

Cardiac MRI
- Contrast
  - No Contrast
- Cardiomyopathy / Myocarditis
- LV Function and Viability
- Stress Perfusion (Vasodilator)
- Specific Q (RV, Aorta, Mass, Pulmonary Veins, Pericardium)
- Congenital

Please Provide Details:

Pacemaker/Defibrillator: Yes No
MRI Contrast Allergy: Yes No

Reasons for Test: (Check all that apply)
- Chest Pain
- Shortness of Breath
- Abnormal ECG
- Coronary Artery Disease
  - Post MI Evaluation
  - Post CABG Evaluation
  - Post PTCA Evaluation
- Abnormal Treadmill Test
- Other:

Iodine Contrast Allergy: Yes No
NUCLEAR CARDIOLOGY

Stress Myocardial Perfusion SPECT or Stress Myocardial Perfusion Rubidium PET (Approximate visit time: SPECT 3-4 hours; PET 1.5-2 hours):
- Do not eat or drink for 3 hours before your appointment. Drinking water is okay.
- Consult your physician about going off beta blockers for 48 hours and calcium channel blockers 24 hours before your exam.
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee or Excedrin®) for 24 hours before exam. Note: Decaffeinated products contain caffeine.
- Bring all your medications or a list of them with doses.
- For SPECT exams, wear a comfortable 2-piece outfit and walking shoes.

Myocardial Viability PET (FDG) (Approximate visit time: 3-4 hours):
- **Non-Diabetics:** Do not eat or drink for 6 hours before your appointment. Water is okay.
- **Insulin-Dependent Diabetics:** Please follow your normal dietary schedule. Also, as applicable (Consult with your doctor regarding adjusting the insulin use recommendations below):
  - Reduce AM dose of intermediate or long-acting insulin (i.e. NPH, Levemir®, insulin combos, such as 70/30, 75/25, etc.) or Lantus® by half the morning of the study.
  - Take half basal dose of insulin pump on day of study.

Cardiac Sarcoidosis PET: You will be contacted with preparation instructions.

CARDIAC CT

Coronary Calcium Scan (Approximate visit time: 1 hour with consult; 30 minutes without consult):
- No preparations required.

Coronary CT Angiogram (Approximate visit time: 2-3 hours):
- Drink plenty of clear fluids, unless on restricted fluids.
- Take medications as prescribed.
- Do not take Viagra®, Cialis® or Levitra® for 48 hours before exam.

CARDIAC MRI

Stress Myocardial Perfusion MRI (Approximate visit time: 3-4 hours):
- Follow the instructions in the Nuclear Cardiology - Stress Myocardial Perfusion SPECT on the left (no special clothing requirement).
- For all other Cardiac MRI exams, there are no preparations.

Cardiac MRI (Approximate visit time: 1½ hours):
- Cardiac MRI is safe with joint replacements, coronary stents, ASD/PFO closure devices, sternal wires and most prosthetic heart valves.
- MRI cannot be performed on patients with pacemakers, defibrillators or other implanted electronic devices.
- Patients with a history of other metallic implants, shrapnel or neurosurgical clips are all individually evaluated before MRI.

S. Mark Taper Foundation Imaging Center
Corner of San Vicente Blvd. & Gracie Allen Dr.
8705 Gracie Allen Drive
Los Angeles, CA 90048
**Valet and Patient Drop Off in front; Valet and Self-Parking in Lot P4**

**Advanced Health Sciences Pavilion**
127 S. San Vicente Blvd., Suite A-2500
Los Angeles, CA 90048
(Imaging on Plaza Level)
**Valet and Self-Parking Available in Lot P4**