

MEDICATION DEFERRAL LIST

SOME MEDICATIONS MAY AFFECT YOUR ELIGIBILITY TO DONATE BLOOD. PLEASE TELL US IF YOU...

Are being treated with the following types of medications....	or have taken...	which is also called...	in the last....	
Anti-platelet agents (usually taken to prevent stroke or heart attack)	Feldene	piroxicam	2 days	
	Effient	prasugrel	7 days	
	Brilinta	ticagrelor		
	Plavix	clopidogrel	14 days	
	Ticlid	ticlopidine		
	Zontivity	vorapaxar		
	Aggrastat (tirofiban), Aggrenox (dipyridamole), Persantine (dipyridamole), Agrylin (anagrelide), Flexital (pentoxifylline), Pentox (pentoxifylline), Pentoxyl (pentoxifylline), Trental (pentoxifylline), ReoPro (abciximab)			
Anticoagulants or "blood thinners" (usually to prevent blood clots in the legs and lungs and to prevent strokes)	Xarelto	rivaroxaban	2 days	
	Fragmin	delteparin		
	Lovenox	enoxaparin		
	Pradaxa	dabigatran		
	Eliquis	abixaban		
	Savaysa	edoxaban		
	Coumadin, Jantoven, Marevan, Warfilone, Waran, Warfant		warfarin	7 days
	Heparin, low molecular weight heparin		heparin	
	Arixtra		fondaparinux	
	Acova (argatoban); Angiomax, Angiox (bivalirudin), Flexol (dicumarol); Fraxiparine (nadroparin); Orgaran (danaparoid Na); Synthrome, Sintrom (acenocoumarol)			
Acne treatment	Accutane Amnesteem Absorica Claravis Myorisan Sotret Zenatane	isotretinoin	1 month	
Hair loss remedy	Propecia	finasteride		
Prostate symptoms	Proscar	finasteride		
	Avodart Jalyn	dutasteride	6 months	
Basal cell skin cancer	Erivedge Odomzo	vismodegib sonidegib	2 years	
Relapsing multiple sclerosis	Aubagio	teriflunomide	Ever (2 years if non-multiple sclerosis)	
Psoriasis	Soriatane	acitretin	3 years	
	Tegison	etretinate	Ever	
Hepatitis exposure	Hepatitis B Immune Globulin	HBIG	12 months	
Experimental Medication or Unlicensed (Experimental) Vaccine			12 months, or as indicated by MD	
Growth hormone from human pituitary glands*			Ever	
Insulin from Cows (Bovine or Beef Insulin) manufactured in the United Kingdom*			Ever	

** No longer available in US*

DO NOT discontinue medications prescribed or recommended by your physician in order to donate blood.

Some medications affect your eligibility as a blood donor, for the following reasons:

Anti-platelet agents affect platelet function, so people taking these drugs should not donate platelets for the indicated time; however, you may still be able to donate whole blood or red blood cells by apheresis.

Anticoagulants or "blood thinners" are used to treat or prevent blood clots in the legs, lungs, or other parts of the body, and to prevent strokes. These medications affect the blood's ability to clot, which might cause excessive bruising or bleeding when you donate; however, you may still be able to donate whole blood or red blood cells.

Isotretinoin, finasteride, dutasteride acitretin and etretinate can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman.

Erivedge (vismodegib), **Odomzo** (sonidegib), **Aubagio** (teriflunomide) can cause birth defects or the death of an unborn baby if transfused to a pregnant woman (Note: May not donate, if Aubagio is taken for multiple sclerosis).

Growth hormone from human pituitary glands was prescribed for children with delayed or impaired growth. The hormone was obtained from human pituitary glands, which are in the brain. Some people who took this hormone developed a rare nervous system condition called Creutzfeldt-Jakob Disease (CJD, for short).

Insulin from cows (bovine, or beef, insulin) is an injected medicine used to treat diabetes. If this insulin came to the United States from the United Kingdom (where "mad cow disease" has occurred) it could contain material from cattle that have "mad cow disease." Although no cases of the human type of "mad cow disease" have been reported in people treated with bovine (beef) insulin, there is concern that someone exposed to "mad cow disease" through beef insulin could transmit it to someone who receives their blood.

Hepatitis B Immune Globulin (HBIG) is an injected material used to prevent hepatitis B infection following a possible or known exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case, therefore, persons who have received HBIG must wait to donate blood.

Experimental Medication or Unlicensed (Experimental) Vaccine is usually associated with a research study, and the effect on the safety of transfused blood is unknown.

Donors SHOULD NOT discontinue medications prescribed or recommended by their physician in order to donate blood.

Approved by Ellen Klapper, M.D.

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