



Annual Community Benefit Plan
Cedars-Sinai Medical Center
Fiscal Year 2023 (July 1, 2022 – June 30, 2023)

Submitted to:
Department of Health Care Access and Information
Accounting and Reporting Systems Section
Sacramento, California

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About Cedars-Sinai

Cedars-Sinai Medical Center is a nonprofit, academic health care organization with 915 licensed beds serving the diverse Los Angeles community and beyond. With pioneering medical research achievements, education programs defining the future of health care, and wide-ranging Community Benefit activities, Cedars-Sinai is setting new standards for quality and innovation in patient care. Since 2022, Cedars-Sinai has added 26 new licensed beds as part of the new Cedars-Sinai Guerin Children’s Center.

Cedars-Sinai serves patients through more than 1 million encounters each year, with close to 2,847 physicians on medical staff, 4,460 nurses, and approximately 15,245 Full Time Employees. In FY23, the hospital had 50,400 admissions, 125,087 emergency visits, 1,850,022 outpatient visits, and more than 6,000 babies born.

Cedars-Sinai is an integrated health care delivery system with clinical programs that range from primary care for preventing, diagnosing, and treating common conditions to specialized treatments for rare, complex and advanced illnesses. The system includes Cedars-Sinai Medical Center, Cedars-Sinai Marina del Rey Hospital, a network of physicians and ambulatory services at more than 250 locations throughout Southern California, and affiliates Torrance Memorial Medical Center, Huntington Health and Providence Cedars-Sinai Tarzana Medical Center.

Mission

As a leading academic healthcare organization, our mission is to elevate the health status of the communities we serve.

- We deliver exceptional healthcare enhanced by research and education
- We prioritize high-quality care for all with equity and compassion
- We transform biomedical discoveries and innovations for better health
- We educate tomorrow’s physicians, nurses, researchers, and healthcare professionals

Our mission is founded in the Judaic tradition, which inspires our devotion to the art and science of healing.

Cedars-Sinai initiates, coordinates, implements, develops, sponsors, and supports thousands of activities that help improve health for community residents. Cedars-Sinai works closely with schools, local government, senior centers, health and human service programs, and other agencies to better understand community needs, and to expand the capacity of local organizations to serve the most vulnerable. These joint efforts maximize long-term health impacts on Angelenos.

Awards

The measure of our success is reflected in patient satisfaction scores, increasing clinical performance initiatives, excellent medical outcomes, ongoing research and academic programs, and national designations and awards:

- Cedars-Sinai was named to the 2023-2024 U.S. News and World Report Honor Roll for the eighth consecutive year and tied for #1 in California and Los Angeles in the “Best Hospitals 2023-24” rankings. This year, U.S. News selected 22 hospitals for the Honor Roll based on their high rankings in multiple specialties. Cedars-Sinai had 11 specialties ranked nationally. Nationwide rankings are provided in parentheses:
 - Cardiology, Heart & Vascular Surgery (#2)
 - Gastroenterology & GI Surgery (#2)
 - Orthopedics (#2)
 - Pulmonology & Lung Surgery (#2)
 - Neurology & Neurosurgery (#5)
 - Urology (#5)
 - Diabetes & Endocrinology (#7, tied)
 - Obstetrics & Gynecology (#7)
 - Geriatrics (#8)
 - Cancer (#14)
 - Ear, Nose & Throat (#19)
- For the 21st year in a row, Cedars-Sinai won NRC Health’s Consumer Loyalty Award for providing the highest-quality medical care in the Los Angeles region.
- In 2023, Cedars-Sinai earned a five-star hospital rating from the Centers for Medicare and Medicaid Services—the highest distinction offered by the federal agency. It was the sixth year in a row the medical center earned a five-star rating. The ratings are based on 46 quality measurements that fall into five categories: mortality, safety, readmissions after treatment of common conditions, patient experience, and timely and effective care. Of the 3,076 U.S. hospitals rated, fewer than 16% earned five stars.
- Cedars-Sinai was awarded Healthgrades America’s 50 Best Hospitals. Cedars-Sinai is in the top 1% in the nation for providing the highest clinical quality year over year.
- Cedars-Sinai received six consecutive Magnet® designation for nursing excellence from the American Nurses Credentialing Center (ANCC), making it the hospital with the longest-running Magnet designation in California.
- Cedars-Sinai achieved a score of 100 on the Human Rights Campaign Foundation’s annual Health Care Equality Index. The top score means Cedars-Sinai has earned the designation as a leader in LGBTQ+ Health Care Equality. The Health Care Equality Index is an annual survey that evaluates medical centers’ policies and practices on the equitable and inclusive care of lesbian, gay, bisexual, transgender and queer patients and their families.
- Cedars-Sinai was honored in 2023 as a finalist for the American Hospital Associations Foster G. McGaw Prize for demonstrating a strategic approach to community health and health equity.

Governance

The Cedars-Sinai Board of Directors guides the direction of Community Benefit, with assistance from its Community Benefit Committee (CBC).

Officers of the Board of Directors

- James Lippman, Chair
- David Kaplan, Vice Chair
- Steven Romick, Secretary

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Community Benefit Committee

The Community Benefit Committee (CBC) is an advisory committee for the hospital's Community Benefit programs. The CBC reviews and validates legal and regulatory compliance specific to Community Benefit mandates; assures Community Benefit programs and services are effectively meeting identified community health needs, with emphasis on populations with unmet health needs, and increases transparency and awareness of Community Benefit activities.

Committee Members		Advisors	Staff
John Bendheim, <i>Co-Chair</i>	Johanna Fuentes	Dale Cochran	Christina Harris, MD
Jose Legaspi, <i>Co-Chair</i>	Eric Holoman	Lisa Greer	Deborah Kallick
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Abby Feinman	Thomas M. Priselac	Rick Powell	
Jose Feliciano	Adam Selkowitz		
Laura Fox	Gabrielle Starr, PhD		

Caring for the Community

This report demonstrates tangible ways in which Cedars-Sinai is fulfilling its mission. Cedars-Sinai partners with schools, clinics, community centers and community service providers to elevate the health of the community. Cedars-Sinai addresses health disparities by providing millions of dollars in critically needed grants to safety-net health care services and nonprofits that empower and strengthen communities. Grantmaking addresses health needs by focusing on access to care, social determinants of health and civic engagement. Outreach initiatives are as diverse as the communities we serve ranging from health education and evidence-based programs to comprehensive provision of resources and direct services to address social determinants of health, including health insurance, food and housing insecurity, the experience of homelessness, social isolation, mental health challenges, and more.

Community Benefit Service Area

Cedars-Sinai's Address: 8700 Beverly Boulevard, Los Angeles, California 90048

The hospital's Community Benefit Service Area encompasses large portions of Service Planning Areas (SPAs) 4-Metro, 5-West and 6-South, and a smaller portion of 8-South Bay in Los Angeles County. The Community Benefit Service Area includes 52 ZIP Codes, representing 25 cities and neighborhoods. To determine the Community Benefit Service Area, Cedars-Sinai takes into account the ZIP Codes of patients discharged from the hospital; the current understanding of community need based on the most recent Community Health Needs Assessment; and long-standing community programs and partnerships.

Cedars-Sinai Medical Center Community Benefit Service Area

Service Planning Area 4 – Metro

Central LA, Downtown LA, Fairfax/Mid-City, Hollywood, West Hollywood:
90013, 90014, 90015, 90017, 90010, 90021, 90071, 90079, 90019, 90036, 90028, 90038

Service Planning Area 5 – West

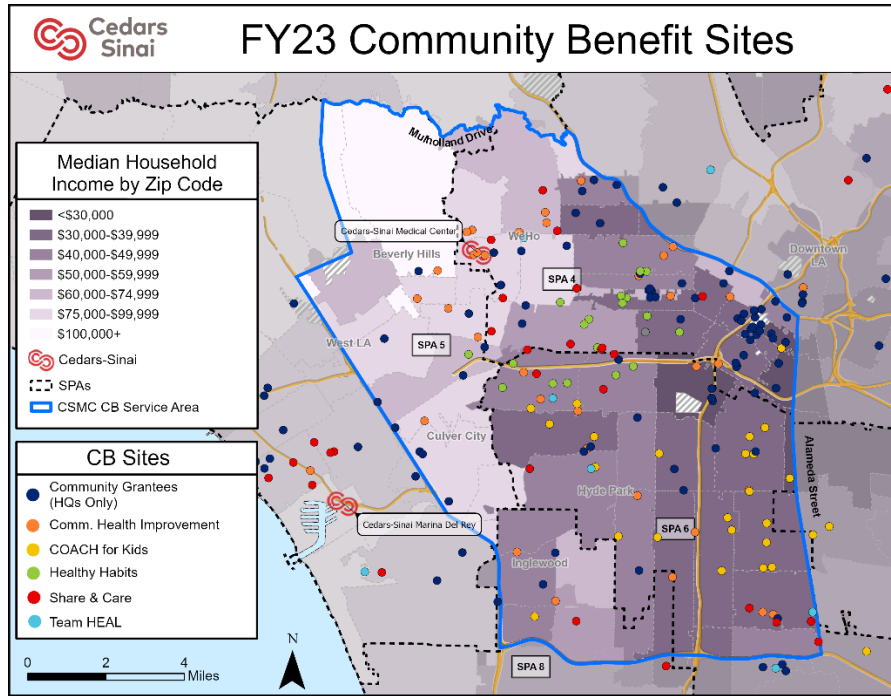
Beverly Hills, Century City, Culver City, Ladera Heights, West LA/Palms, West LA/Rancho, Westwood:
90210, 90211, 90212, 90067, 90230, 90232, 90056, 90034, 90025, 90035, 90064, 90024

Service Planning Area 6 – South

Crenshaw, Baldwin Hills, Hyde Park, LA/Coliseum & MLK Blvd, LA/MLK Blvd. & Hobart, South LA, University, USC:
90016, 90018, 90008, 90043, 90011, 90062, 90001, 90002, 90003, 90044, 90047, 90059, 90037, 90089, 90007

Service Planning Area 8 – South Bay

Inglewood, Lennox:
90301, 90302, 90303, 90305, 90304



Community Benefit Service Area Snapshot

Population Characteristics	CSMC
Total Population of the Community Benefit Service Area	1,840,407
Gender	Percent
Female	50.5%
Male	49.5%
Race/Ethnicity	Percent
Hispanic/Latino	49.9%
White	19.5%
Black/African American	17.6%
Asian	10.0%
Other or Multiple Races	2.6%
American Indian/Alaskan Native	0.2%
Native Hawaiian/Pacific Islander	0.2%
Age	Percent
Less than 18 years	21.3%
18 - 64	67.6%
65+	11.0%
Socioeconomic Status	Percent
Residents living below 100% of the federal poverty level (FPL)	22.0%
Residents living below 200% of the federal poverty level (FPL)	45.7%

Source: U.S. Census Bureau, American Community Survey, 2015-2019. <https://data.census.gov/cedsci/>

Community Health Needs Assessment – 2022-2025

Cedars-Sinai Medical Center completed a Community Health Needs Assessment (CHNA) in 2022 as required by state and federal law. Cedars-Sinai participated in a collaborative process for the CHNA in partnership with Cedars-Sinai Marina del Rey Hospital, Providence Saint John's Health Center, Ronald Reagan UCLA Medical Center and UCLA Medical Center Santa Monica and Resnick Neuropsychiatric Hospital at UCLA. These partners share an overlapping service area, therefore a collaborative effort increased data collection efficiency and decreased community partner burden.

The CHNA is a primary tool used to determine the Community Benefit Plan, which outlines how Cedars-Sinai will address unmet community health needs through health care services and programs. The CHNA incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the Cedars-Sinai Medical Center Community Benefit Service Area.

The CHNA examined up-to-date data sources to include community demographics, social determinants of health, health care access, birth characteristics, leading causes of death, acute and chronic disease, health behaviors, mental health, substance use and misuse, and preventive practices. When applicable, these data sets were presented in the context of California and compared to Healthy People 2030 objectives.

Cedars-Sinai conducted targeted interviews with individuals who represent the broad interests of the community served by the hospital. Leaders and/or representatives of medically underserved, low-income, and BIPOC populations, local health or other departments or agencies that have current data or other information relevant to the health needs of the community were represented in the sample. Input was obtained from representatives of Los Angeles County Department of Public Health.

The CHNA and Implementation Strategy can be accessed at <https://www.cedars-sinai.org/community/community-benefit.html>. We welcome feedback on the CHNA and Implementation Strategy. Please send your feedback to: groupcommunitybenefit@cshs.org.

Community Benefit Activities to Address Priority Health Needs

Community Benefit promotes health and healing and is focused on addressing the identified health needs in the community. For a program or service to be considered a Community Benefit, it must improve access to health care, enhance the health of the community, advance medical or healthcare knowledge, or reduce the burden of government or other nonprofit community efforts.

In FY23, Cedars-Sinai Medical Center engaged in activities and programs that addressed the Health Focus Areas prioritized from the identified health needs in the 2022-2025 CHNA. The program highlights reference Cedars-Sinai's 2022-2025 Implementation Strategy commitments. Cedars-Sinai has committed to Community Benefit efforts that address: 1) Access to Health Care and Community Services, 2) Chronic Disease and Prevention, and 3) Housing and People Experiencing Homelessness. Selected activities and programs that highlight Cedars-Sinai's commitment to the community are detailed below.

Access to Health Care and Community Services

Community Benefit efforts focus on programs, partnerships and strategies that increase access to primary care, preventive care, mental health care services and community-based services that address social determinants of health.

Financial Assistance and Health Insurance Enrollment

Cedars-Sinai provides financial assistance through free and discounted care and government health programs for low-income patients for healthcare services. Cedars-Sinai's financial assistance policy can be accessed, if eligibility criteria are met, by people who earn up to 400% of the federal poverty level (\$120,000 for a family of four) and significantly discounted care to those who earn up to 600% of the federal poverty level (\$180,000 for a family of four). While more people have access to insurance coverage through the Affordable Care Act and Covered California, many commercial insurance plans carry a high deductible or copay, causing financial hardship for patients. Expanded eligibility criteria for free or discounted care enables more people to receive financial assistance. In addition, assistance is provided to enroll low-income persons in health insurance programs. Information on Cedars-Sinai's financial assistance policy is available on the Cedars-Sinai website, including the application form and contact information.

Cedars-Sinai COACH (Community Outreach Assistance for Children's Health) for Kids®

Cedars-Sinai operates a state-of-the-art mobile medical clinic staffed by an expert team of bilingual English/Spanish nurse practitioners, registered nurses, social workers, community health workers, and other health care professionals from Cedars-Sinai Medical Center. COACH preventive services include well-child and immunization clinics for children, diagnosis, and treatment of minor illnesses for children.

The Cedars-Sinai COACH mobile medical unit is dedicated to meeting the immediate medical, behavioral health, and community needs of pediatric patient populations in historically marginalized communities, while effectively transitioning patients to the care of a partner Federally Qualified Health Center (FQHC) and other community resources, which can provide care for their entire family.

COACH serves communities in South Los Angeles and Crenshaw/Mid-City. Health care services are provided at WIC Centers, Head-Start Centers, elementary and middle schools, and community-based agencies, family homeless shelters, and public housing developments.

COACH collaborates with public and private community organizations, including the Los Angeles Unified School District, Children's Institute, Inc., the Housing Authority of the City of Los Angeles (HACLA), South Los Angeles Health Projects WIC, and Public Health Foundation Enterprises WIC.

In FY23, accomplishments included:

- Continued implementation and refinement of the Care & Connect model to optimize the program's ability to connect patients and their families to medical, behavioral, vision, and dental homes as well as to appropriate community resources based on assessed social determinants of health needs. This work included:
 - Strengthening partnerships with three Federally Qualified Health Centers (FQHCs).
 - Optimizing/maintaining an interactive Case Management Patient Referral Tracker to monitor referral status in collaboration with our FQHC partners.
 - Optimizing and stabilization of operations and program-level performance improvement metrics to measure the impact of connections/referrals to partner FQHCs.
- Provided comprehensive nutrition assessments and counseling during well-child visits and connection to partner FQHCs for overweight and obese children for intervention and monitoring.
- Developed Tuberculosis screening and referral Tableau report for Quality Assurance Process Improvement (QAPI) project. Clinical and case management team collaborated with the Los Angeles Department of Public Health and partner FQHCs.
- Completed the Children's Health and Disability Prevention (CHDP) triannual recertification.
- Developed and implemented the COACH Appointment Request Platform for parents/guardians to request mobile clinic appointments.
- Increased from 13 to 18 the number of co-location sites.
- Planning in progress for approved new additional smaller mobile clinic vehicle which will provide services simultaneously with our larger current mobile clinic.

COACH, COVID-19 Pandemic Response Activities

COACH services adapted to address the needs of the communities affected by COVID-19.

- Collaborated with Cedars-Sinai Community Health Improvement program to provide COVID-19 vaccines at pop-up clinic sites.
- Served as a community site providing COVID-19 vaccines and boosters ages 5 and older; and bundled with other immunizations including flu for children, ages 12 and older, as well as families (adults) of COACH pediatric patients.
- Provided care abiding by all local COVID-19 protocols.
- Assisted patients with scheduling second dose COVID-19 vaccines and referred families to a FQHC for their long-term medical needs as their medical home.

COACH for Kids Encounters	
Services/Programs	FY23 Participant Encounters
Immunizations Visits	776
Well Child Check Visits	179
Other Clinical Visits (Episodic, IZ, WIC/ Hearing/Vision screenings, Labs, TB QuantiFERON Tests, and PPD Reads)	1,224
Total	2,179
Care and Connect Referrals	FY23 Referrals
Patients Referred to Local FQHCs	1,341
Family Units Referred to Local FQHCs	515
Total	4,035

Share & Care

Since 1981, Cedars-Sinai’s school-based mental health programs help victims of trauma, filling crucial needs for prevention, early intervention, crisis intervention, and training. Programs and trainings for children, teachers, parents, social workers, counselors, psychologists, school administrators and principals are run by licensed mental health practitioners and enhance an at-risk child's ability to learn in the classroom. Share & Care counselors facilitate 10-week curriculum-based art therapy groups that provide a therapeutic environment to improve students’ ability to concentrate and engage in positive behaviors. Therapy groups focus on trauma, loss and grief, self-esteem, bullying, socialization, anger management, divorce, shyness, students with an incarcerated parent and substance abuse.

In FY23, accomplishments included:

Encounters and Activities

- Total Encounters = 24,650:
 - 15,512 encounters with students
 - 6,420 encounters with teachers
 - 2,718 encounters with parents
- Over 8,000 outreach attempts to Share & Care student families
- 24 schools (18 Elementary Schools and 6 Middle Schools) – comprehensive program services and six schools – partial services
- 2,250 group therapy sessions
- 92 classroom interventions with students
- 35 teacher professional development workshops and 5,841 individual teacher encounters.
- Monthly parent education workshops virtually and in-person at schools
- Virtual meetings for school principals: November, December, May
- Community Partners meetings for school social workers, school psychologists, and school counselors: November, February, May
- Monthly virtual parent meetings, topics included: Importance of Routines for a Successful School Year, Social Media, Building Strong Friendships, Special Needs Parents, Family Holidays, Gratitude Attitude, Self-Care for Caregivers, Conversation Starters, Helping your Child Become a Self-Starter, Supporting LGBTQ+ and Transitions
- BlackDoctor.org (BDO) Healthy Kids Summit 2022: Return-to-School Preparation

Collaborations

- Partnered with Cedars-Sinai’s Healthy Habits program in July for Exercise in the Park, provided self-care techniques for the participants.
- Partnered with Cedars-Sinai’s Community Health Improvement program and Cedars-Sinai Nursing Department in an event at Weigand’s Elementary School, where a coat drive provided a new coat for each student at the school.

Capacity Building

- Built capacity for additional schools through monthly virtual meetings.
- Provided “Wellness Tips” for teachers, parents and principals at monthly meetings.

Community Connect Program

Cedars-Sinai recognizes that the conditions in which patients were born, grow, work, live and age impact their health outcomes. Through dedicated staffing, strong community partnerships and innovative technology, the Community Connect Program addresses the health-related social needs of patients to improve their overall wellbeing.

Through assessment and interventions that help people who experience vulnerabilities based on their social determinants of health, Cedars-Sinai connects patients to the resources they need. The program serves patients across the health system.

- The assessment tools identify health related social needs such as housing instability, utility needs, transportation needs, food insecurity, social isolation, interpersonal violence, mental health and substance abuse, depression, independent living, access to care and health literacy. This past year, Cedars-Sinai drastically scaled up screening ensuring that the health-related social needs of every adult patient discharging from the hospital can be identified and addressed.
- Community health workers supported 337 patients with over 1,800 encounters by helping patients navigate medical, social and public benefit systems and connecting them to community-based resources.
- Innovative technology and a strong emphasis on partnering with community-based organizations improved patient connections to community resources by:
 - Increasing the Community Connect Network to 34 full partnerships which enhance community-based resources for any patient in need.
 - Guiding strategic grantmaking in partnership with Cedars-Sinai’s grantmaking team to build capacity in identified community-based organizations to meet the social determinants health needs of the community. (See page 20.)
 - Using a shared electronic referral platform called Cedars-Sinai Community Resource (CSCR) to streamline referral pathways to community partners and improve coordination across sectors; and improve access to vital community resources for patients and the community.

In FY23, 2,668 resource connections were facilitated on behalf of patients and the community. Additionally, the web based public CSCR site was accessed more than 10,900 times with the top 5 search terms being “help pay for housing,” “temporary shelter,” “food pantry,” “help find housing,” and “housing vouchers.” <https://www.cedars-sinai.org/community/programs/community-connect.html>

Primary Adult Care Services

Cedars-Sinai's Primary Adult Care Services clinic provides primary care services to residents who live within the five miles radius of the Medical Center. Medical residents and fellows are supervised by attending physicians who are members of CSMC medical staff. In FY23, there were 5,345 patient encounters at the clinic.

Training and Direct Medical Care at FQHCs and Community Health Centers

Partnering with FQHCs in Los Angeles, 135 Cedars-Sinai physicians provided direct care in these community-based settings to patients. The clinics included Saban Community Clinic, KHEIR Clinic, Venice Family Clinic, AIDS Project Los Angeles, Los Angeles Christian Health Centers and Planned Parenthood Los Angeles health centers in West Hollywood and Santa Monica. These partnerships increased the FQHCs' abilities to provide health care to community members while giving medical residents training in a primary care setting.

Psychiatric Patient Support

Cedars-Sinai made psychiatric care available for patients who needed intensive mental health care support by covering the cost of psychiatric and behavioral health services at partnered agencies.

Team HEAL

For young athletes growing up in underserved communities, participation in athletics is often the door to a world of possibilities. However, participation in athletics also lends itself to the risk of injury. Team HEAL focuses on the health, well-being, and the future of student-athletes in Los Angeles-area high schools.

Team HEAL enhances a school's ability to provide more substantial health and safety measures to student-athletes through athletic healthcare services provided by certified athletic trainers (ATCs). Also designed to foster life skills and prepare them for the future, we engage students in work and college readiness initiatives through mentorship, academic support, college scholarships, and career development.

Team HEAL ATCs are also in the classroom, teaching sports medicine classes, exposing the students to healthcare professions, and increasing their health literacy.

Ongoing partnerships with Team HEAL high schools and Los Angeles Unified School District allow us to achieve the results that enable us to expand our program to other high schools to serve more students in underserved communities.

In FY23, accomplishments included:

Encounters and Activities for FY23

- Provided 3,094 treatments to student-athletes across five Team HEAL high schools.

- Referred 54 student-athletes from five Team HEAL high schools to healthcare professionals.
- Provided 294 free pre-season sports physicals to Team HEAL student-athletes.
- Awarded \$12,000 in college scholarships to six Team HEAL high school graduates.
- Provided free continuing education units to 30 certified athletic trainers.

Collaborations

- Collaborated with Cedars-Sinai’s Healthy Habits program in May 2023, providing health and nutrition education and a cooking demonstration at Crenshaw High School.
- Collaborated with Cedars-Sinai’s Community Health Improvement program in April and May 2023 to host provide annual pre-season sports physicals.

Capacity Building

- Team HEAL is expanding its reach to seven new high schools across Los Angeles County, impacting the lives of more than 2,800 student-athletes. The expansion schools—each with a median of 90% of the student body qualifying for free or reduced-price lunches—exemplify Team HEAL's commitment to fostering growth in communities facing socioeconomic challenges. Expansion schools include:
 - Bell High School
 - Esteban E. Torres High School
 - Fairfax High School
 - John Marshall High School
 - Jordan High School Magnet
 - King/Drew Magnet High School of Medicine and Science
 - Nathaniel Narbonne High School

Collaborative Efforts

Cedars-Sinai team members participated in collaborative efforts that addressed improving health outcomes and increasing access to care, for example:

- The Cedars-Sinai led Los Angeles County Coordinated Flu Vaccination Collaborative engaged staff from the LA County Department of Public Health and local hospitals. Collaborative members worked together to leverage relationships and partnered to increase capacity, address needs and share resources. The grassroots organizing effort became a model for the California Hospital Association and was shared with statewide partners and stakeholders.
- Cedars-Sinai convened The Los Angeles Social Determinants of Health Convening, a collaborative group of health systems, hospitals, insurance providers and community clinics. The collaborative is committed to sharing best practices in addressing health-related social needs to improve health outcomes of patients and communities. The group meets quarterly with discussions focused on strategies for screening, facilitating

connections to care, partnering with community-based providers, and cross-sector collaboration.

- The LA Partnership is a collaboration among local health departments, the Hospital Association of Southern California, the California Community Foundation, and over 20 nonprofit health systems in LA County. The group aims to promote best practices and alignment of CHNAs and Implementation Strategies among hospitals and community partners. Cedars-Sinai was a key participant with representation on the LA Partnership Steering Committee.

Chronic Disease

Community Benefit efforts focus on cancer, cardiovascular disease, diabetes, and overweight and obesity.

Cancer Research Center for Health Equity (CRCHE)/Community Outreach and Engagement (COE)

The Cancer Research Center for Health Equity (CRCHE) and Community Outreach and Engagement (COE) at Cedars-Sinai Cancer was established in 2018 with a defined catchment area and population focus: Los Angeles County with particular focus on underserved populations with cancer disparities including Latinx, Asians (Filipinos and Koreans), African Americans, Immigrants, and LGBTQ+. CRCHE and COE aims to identify communities who experience a disproportionate burden of cancer, increase cancer awareness and screening and build capacity at the community-level to address cancer health disparities and promote participation in research and clinical trials. Implementation of the Health and Faith initiative began in 2018 to reach diverse and underserved communities within the Cedars-Sinai Cancer’s catchment area to address cancer disparities and develop research programs. Partnership initiatives have been developed with 22 churches, Federally Qualified Health Centers and community organization, and the Los Angeles County Department of Public Health to address disparities in the targeted communities. Key initiatives include:

- **Health and Faith Initiative and Faith In Action Research Study:** CRCHE and COE promote cancer screening adherence in Korean, Filipino, Black, and Latinx communities and churches. The program uses evidence-based strategies to improve awareness, address barriers and motivate community members to participate in cancer screening. The program reaches underserved communities and now in 25 churches. The outreach coordinators and trained Community Health Workers conduct cancer education workshops and connect those in need of screening to FQHCs, including to mobile screening events held in collaboration with FQHCs.
- **LGBTQ+ Outreach Initiatives:** LGBTQ+ Community Outreach Coordinators and staff conduct regular outreach at Pride events in Los Angeles, reaching LGBTQ+ community

members from diverse racial and ethnic communities to build trust and disseminate tailored information on cancer prevention. *TheQuitAlliance* tobacco cessation initiative increases use of evidence-based tobacco cessation resources.

FY 23 Accomplishments	Persons Served
Cancer education workshops, webinars, and outreach events through the Health and Faith Initiative.	<ul style="list-style-type: none"> • 1,290 individuals in the Latinx community • 2,099 individuals in the Filipino community • 1,215 individuals in the Korean community
Community Outreach Coordinators collaborated with trained community health workers to link community members who were not compliant to cancer screening recommendations to screening programs, services and mobile events.	<ul style="list-style-type: none"> • 816 mammograms to Korean women. • 146 Non-Alcoholic Fatty Liver screening in the Latinx community • 71 mammograms to Latinx women.
Established and implemented LGBTQ+ cancer prevention initiatives: 1) Conducted outreach at Pride Events in Los Angeles to provide cancer prevention information. 2) conducted outreach to identify tobacco users and to Ask, Advise and Refer to evidence-based tobacco cessation services. 3) Trained tobacco cessation specialists counseled tobacco users using evidence-based strategies in support groups.	<ul style="list-style-type: none"> • 1,081 individuals in the LGBTQ+ community outreached at Pride and community events. • 48 individuals counseled on quitting tobacco at Pride and community events. • 242 individuals participated in TheQuitAlliance support groups to set on a pathway to becoming tobacco free.

Samuel Oschin Comprehensive Cancer Institute (SOCCI)

FY 23 Accomplishments	Persons Served
Cancer Survivorship Services provided rehabilitation medicine to cancer survivors who were provided with social services, exercise recovery, nutrition services, and referral services.	3,472 cancer survivor program encounters

Healthy Habits

Cedars-Sinai’s Healthy Habits programs seek to reduce the risks and impacts of obesity in underserved communities. Children and families learn about healthy eating and physical activity through a wide range of education, capacity building and technical assistance programs run by trained health educators, reaching elementary school students, parents, and families in underserved communities. Healthy Habits programs include an evidence-based and evaluated curriculum for 2nd, 3rd and 4th grades, Healthy Habits for Families, Exercise in the Park, summer programs and school-wide events. Healthy Habits partners with 20 elementary schools in the Mid-

City neighborhood of Los Angeles and surrounding communities.

In FY23, accomplishments included:

Encounters and Activities

- Taught 605 individual lessons/workshops for a total of 11,951 participant encounters, including 2,984 elementary students.
- Healthy Habits Adult program reached 393 parent individuals totaling 710 parent encounters from schools through Healthy Habits parent workshops.
- Continued the fifth consecutive year of graduate-level internship for public health (MPH) students. Four MPH students interned with Healthy Habits for over 2000 hours.
- Elementary health education and physical activity programs continued in person instruction and provided evidence base Healthy Habits curriculum to 22 partner sites.
- The popular summer community exercise program, Exercise in the Park offered group led exercises by the Healthy Habits team members included Zumba, kickboxing, yoga, and low impact aerobics four times a week. Resulting in a total of 39 sessions and 541 encounters.

Collaborations

- Partnered with Angel City Football Club to provide soccer activation clinics at two Healthy Habits community partner sites.
- Partnered with the Los Angeles Clippers for the Holiday Toy Drive at 24th Street Elementary School.
- Partnered with Cedars-Sinai's Team Heal to provide health education to Crenshaw High School.
- Partnered with Cedars-Sinai's Community Health Improvement program and hosted a Health Resource event at Marvin Elementary providing health screenings and nutritional handouts.
- Participated in events with community partners: Korean Youth Community Center, Queen Anne Recreation Center, and Holiday Food Drive at Immanuel Presbyterian Church.

Community Health Improvement

Community Health Improvement (CHI) helped to build capacity for individuals to care for themselves by providing health education, screenings, and vaccinations; increasing health literacy; and connecting participants to ongoing care. CHI works within Cedars-Sinai's Community Benefit Geography to serve a variety of constituents, including: vulnerable older adults (40%), disadvantaged LA residents (30%) and Cedars-Sinai neighbors (30%).

In FY23, accomplishments included:

- Provided the seasonal flu vaccine to 696 individuals.
- Provided COVID-19 vaccinations to 1,201 individuals.

- Provided blood pressure screenings to 750 individuals.
- Provided blood glucose and cholesterol screenings to 361 individuals.
- Provided education to 1,657 individuals at health fair events.
- Provided access and co-managed, with Jewish Family Services, the evidence-based program AFEP (Arthritis Foundation Exercise Program) which provided 935 classes to 234 participants.
- Convened the Cedars-Sinai Community Health Advisory Council, comprised of stakeholders across the health system.
- Continued leading a coordinated effort among Los Angeles hospitals for flu outreach.

Support Groups

- The Diabetes Support Group meets monthly and provides nutrition and dietary counseling. In FY23, 63 people participated in the Diabetes Support Group.
- The Minimally Invasive Weight Loss Surgery Center held 156 classes support group style, including, Get-on-Track Support Group and Nutrition 101. Support groups were attended by 896 people in FY23.
- Rehabilitation Support Groups reached 133 people in FY23. Groups included: Aphasia Support Group, Yes I Can Stroke Support Group focused on life after stroke, Think Tank Support Group, Loud Crowd Support Group for individuals with Parkinson’s and other conditions that affect communication, and Young Stroke Support Group.

People Experiencing Homelessness

Community Benefit efforts focus on programs, partnerships and strategies that increase access to primary care, mental health care, substance abuse services and community-based health care services for people experiencing homelessness.

Health Care and Supportive Services

Cedars-Sinai commits focused resources – social work, nursing and psychiatry - to supporting patients experiencing homelessness throughout the hospital.

Emergency Department Community Resource Coordinators

The Cedars-Sinai Emergency Department (ED) employed two full-time patient navigators to connect patients experiencing homelessness with local resources, including: case management, clothing, food and shelter. Case management was provided for people experiencing chronic homelessness and persistent mental illness. Resources and linkages were provided to community-based services to stabilize patients in the community, better address patient needs while in the hospital, and reduce hospital readmissions and ED use.

Recuperative Care

Cedars-Sinai also supported people experiencing homelessness by connecting patients to shelters and providing transportation, food and clothing. Cedars-Sinai transitioned patients requiring additional assistance post-discharge to recuperative care partners – the Illumination Foundation and National Health Foundation - designed to care for patients and connect them to resources, including longer-term housing solutions and governmental benefits.

Healthcare in Action

Cedars-Sinai contracts with Healthcare in Action to extend health care services beyond the walls of the medical center through an innovative “street medicine” approach focused on providing extra care and support to patients experiencing homelessness. In FY23, Cedars-Sinai made nearly 300 referrals into the Healthcare in Action program.

Reserved Shelter Beds

Cedars-Sinai contracts with The People Concern, a comprehensive homeless services and health care organization, to provide two reserved shelter beds accompanied by wrap-around case management services for people experiencing homelessness. The goal of this engagement is to connect people experiencing homelessness with long-term permanent supportive housing.

FY23 CSMC Grantmaking

Cedars-Sinai contributed \$20.2 million in FY23 to support over 200 community-based organizations serving populations with vulnerabilities within the Community Benefit Service Area. Recognized for the second year in a row as one of the largest philanthropic grantmakers in Los Angeles, Cedars-Sinai grantmaking has increased significantly over the last decade. In comparison to today, annual grantmaking prior to FY19 averaged \$5 million. With a strategic focus on high-impact philanthropy, Cedars-Sinai’s three priority funding areas included increasing access to care, addressing social determinants of health, and enhancing civic engagement. Cedars-Sinai grantmaking works to improve health equity; build the capacity of nonprofit organizations serving historically marginalized populations; and break down barriers to accessing healthcare.

The Access to Care grantmaking portfolio aimed to increase the capacity of organizations to improve access to comprehensive, quality health care services for historically marginalized and underserved populations. The portfolio included the flagship Community Clinic Initiative, established in 2015, with a focus on strengthening leadership and effectiveness within safety net clinics, and the Behavioral Health Initiative that launched in 2017, with the goal of increasing access to behavioral health services through an emphasis on integration and supportive patient navigation. In FY23, Cedars-Sinai launched a Black Birth Equity funding opportunity to support

birth equity efforts in Los Angeles across the continuum of care. Black Birth Equity funding provided \$2.2 million in grants for 12 community-based organizations that have the knowledge of, and experience with, meeting hyper-local community needs and are addressing the inherently discriminatory systems, and their impacts, that contribute to inequities in birth experiences and birth outcomes. Grantees in this funding opportunity include To Help Everyone Clinic, California Black Women’s Health Project, and Planned Parenthood Los Angeles. The Access to Care portfolio totaled over \$7 million in FY23.

Cedars-Sinai continued its commitment in FY23 to addressing “upstream” health factors - such as housing, people experiencing homelessness, economic stability, and workforce development - by deepening its support for the Housing and People Experiencing Homelessness Initiative that launched within the Social Determinants of Health grantmaking portfolio in 2020. Over \$7 million in grantmaking was allocated to support more than 30 organizations in this portfolio. Key grants included \$2 million to the Nonprofit Finance Fund to create a 0% interest loan fund to respond to the working capital needs of Los Angeles’ recuperative care providers engaging in Cal-AIM contracts; and \$500,000 to Healthcare in Action for startup costs for a sustainable street medicine program in areas in Los Angeles that have been identified as high need. Other grantmaking in the Social Determinants of Health grantmaking portfolio included a community-driven pilot with the Black Equity Collective to develop pathways that help Black residents access sustainable careers in the health sector.

Cedars-Sinai's Civic Engagement grants were broad in scope and scale, funded through strategic coordination with local community organizations, and focused on community wellbeing, community resilience, and civic partnerships. Over \$4 million in grants included continued support for emergency food assistance programs that have evolved – since COVID 19 – into long term programming that includes integration with health and social services. Food equity grantees include the Thai Community Development Corporation, the Asian Pacific Islander Forward Movement, and the Hollywood Food Coalition. The Civic Engagement portfolio also continued funding for first responders, emergency relief, and advancing equity across over 60 Los Angeles nonprofits.

Cedars-Sinai has commissioned an evaluation on the first 10 years of Community Benefit grantmaking, as well as a two-year grantmaking initiative on Health Equity across all three grantmaking portfolios. This evaluation will inform future grantmaking and be available in FY24.

Other Community Benefit Services

CSMC provided Community Benefit services in addition to those programs focused on addressing priority health needs.

Health Professions Education

Continuing Medical Education (CME)

Cedars-Sinai's CME program holds Accreditation with Commendation from the Accreditation Council for Continuing Medical Education. Health education was provided to medical professionals to update their skills and maintain current certifications in their specialties. In FY23, 7,259 CME education encounters were provided.

Graduate Medical Education (GME)

Residents and fellows develop personal, clinical and professional competence under the guidance and supervision of Cedars-Sinai faculty. The GME program at Cedars-Sinai has 16 Residency programs with 319 residents, 41 ACGME*-accredited fellowship programs with 125 fellows, and 31 non-ACGME programs with 45 fellows. (*Accreditation Council for Graduate Medical Education)

Medical Student Training

Medical student rotations: 713 University of California Los Angeles (UCLA) students through an academic affiliation with the UCLA David Geffen School of Medicine; students enrolled in elective rotations from institutions participating in the Visiting Student Application Service; and students from international institutions received rotation training.

PhD Biomedical Sciences & Translational Medicine Education Program

Mentored by researchers and clinicians, the program's 47 students completed laboratory rotations, observed patient care and engaged in structured workshops and seminars before preparing and defending their research dissertations.

Nursing Education and Student Precepting

Cedars-Sinai Medical Center's Nursing Institute provided 844 clinical experiences undergraduate and graduate nursing students from local nursing school programs.

Other Health Professions Education

- Twelve (12) dietician and dietetic technician students received training with Cedars-Sinai staff through an internship program. Students obtained needed clinical hours to qualify for the National Registration Exams.

- The Paramedic Internship Program provided eight (8) paramedic interns with clinical experience and educational training in the Emergency Department. The clinical training is a requirement for the certified degree program at the UCLA Daniel Freeman Hospital Paramedic Education Program.
- The Pathology Internship program provided clinical experience to 16 Pathology Student Interns, as a prerequisite for their graduation from State certified pathology schools and universities.
- The Physical Medicine and Rehabilitation Internship Program provided full-time clinical internship experiences for Occupational Therapy, Physical Therapy, Speech-Language Pathology and Psychology students/interns. These internship experiences ranged in length from 6-12 weeks and required the supervision of a licensed therapy professional. Twenty-four (24) student internships occurred in FY23.
- Twenty-six (26) students participated in the Respiratory Care Services Internship Program. In partnership with Los Angeles Valley College, students obtained needed clinical experience to obtain a license to practice as a Respiratory Care Practitioner.
- An internship program designed provided nine (9) student interns with their required field work hours to obtain their Master of Social Work (MSW) degrees.
- The Clinical Pastoral Education (CPE) Program is an interfaith, professional education for religious leaders and theological students in a clinical setting. The CPE program provided professional training for 41 Spiritual Care Service providers, which is required for CPE Certification. The program included didactic seminars, educational activities, educational guidance, clinical practice, and development of skills in interpersonal and inter-professional relationships.
- Additionally, Cedars-Sinai's Community Benefit programs serve as training sites for mental health professionals, community health educators and social workers. In FY23 nine (9) students receives precepted and formalized education offerings that counted toward their respective degree programs. These trainees become especially skilled in working in historically and economically marginalized communities.

Research

Research is the study or investigation to generate generalizable knowledge made available to the public. Research includes the communication of findings and observations, including publication in a journal. Internally funded research and research funded by tax-exempt or government entities are eligible for reporting.

Cedars-Sinai is one of the leading institutes for competitive research funding from the National Institutes of Health and currently has more than 2,000 research projects, many led by physician-scientists.

Cedars-Sinai has one of the largest state-of-the-art clinical research trial facilities of any private hospital in the nation. More than 700 clinical research projects, covering the entire spectrum of disease investigation, are underway to advance patient care and improve patient outcomes.

Cash and In-Kind Donations

Funds and in-kind services donated to community groups and nonprofit organizations.

- Strategic grantmaking, as outlined in this report: Over \$20 million to support over 200 community-based organizations.
- Cooked and prepared over 3,000 meals for Beverly Hills Meals on Wheels, which delivered the meals to isolated and vulnerable residents of Beverly Hills who were unable to obtain or prepare adequate meals.
- Teen Line, a program of Didi Hirsch Mental Health Services, is housed on Cedars-Sinai's premises through an in-kind donation of office and training spaces. Teen Line provided over 5,000 unique encounters (calls, texts and emails) for crisis intervention and prevention, peer counseling and referrals for adolescents, ages 12 to 19.
- Provided meeting space for ongoing weekly, bi-weekly and monthly community support groups at hospital site including 12 step groups, recovery programs for codependency and gambling and more.
- Provided canned foods and other supplies to places of worship and community centers.

Community Benefit Operations

Direct and indirect costs associated with assigned staff, community health needs assessments, Community Benefit planning, tracking, reporting, evaluating and operations.

Reported costs included management and staff salaries, benefits and expenses, administrative support and consultants in support of Community Benefit. Community Benefit Operations also

includes the monitoring, evaluating and learning functions which support strategic use of Community Benefit program data to maximize commitment and impact.

Community Building Activities

Activities that support community assets by offering the expertise and resources of the hospital organization. These activities may address the root causes of health problems or the determinants of health, such as education, homelessness, poverty and the environment.

Community Support

- Disaster readiness support to plan and prepare for a disaster for the community at-large.
- Community celebration honors the life and legacy of the late Rev. Dr. Martin Luther King, Jr. As a result of the pandemic, the celebration has been virtual, and the program link was posted on the Cedars-Sinai Diversity & Inclusion web page. Virtual invitees include Cedars-Sinai employees, public officials and invited members of the larger Los Angeles community.
- Cedars-Sinai observed Yom Ha'Shoah with a candle lighting ceremony in remembrance of the genocide of 6 million European Jews during the WWII Holocaust. The ceremony at Cedars-Sinai included a guest speaker who presented a topic on the Holocaust and/or genocide; with a focus to educate participants about the history of the Holocaust, genocide and our continued struggle to achieve global justice and tolerance.

Workforce Development

- Cedars-Sinai hosted 60 students in May for the Black Men in White Coats Youth Summit, a program founded in 2013 to address the decrease in Black men medical school applicants. In an effort to ensure that the medical workforce better reflects the patient population it serves, Black Men in White Coats provides a day of learning, networking and fellowship with Cedars-Sinai leaders.
- Pre-Health Care Student Volunteer Program
Community health education classes, seminars, conferences and events were provided for 206 students who are planning to attend medical school. Priority was given to students from educationally or economically under-resourced communities.
- Transforming Care at the Bedside (TCAB)
TCAB is a workforce development volunteer program focused on exposing individuals interested in pursuing healthcare careers such as nursing, medicine, physical therapy and more. Volunteers gain real-world exposure to clinical and research-based careers. TCAB volunteers serve for a minimum of 100 hours, or about six months. In FY23 Cedars-Sinai hosted 1,147 volunteers in the TCAB program.

- Women's Guild Simulation Center
Community education liaison program conducted in partnership with the local LAUSD, Secondary and Middle Schools, gave tours and demonstrations of the Women's Guild Simulation Center to students. The program focused on workforce development to expose 324 students to current medical technology and research as a professional option for their career development.
- Youth Employment and Development (YED)
 - Career days, reaching 180 students, provided information and career opportunities related to the health care field to Middle and High School students.
 - The Careers Academy includes: worksite learning at Cedars-Sinai, school-based learning at Fairfax High School and employee mentoring. This is two-year program in partnership with the Los Angeles Unified School District. Participants earn five credits each semester toward graduation and receive work experience of up to 16 hours a week. A variety of departments at Cedars-Sinai provided 26 students year-round with opportunities to apply classroom learning at the worksite while being exposed to careers in health care.
 - HIRE LA focuses on preparing young adults for the 21st Century workforce, providing work experience, as well as work skills development, financial literacy, career coaching and mentoring, and career exposure. Cedars-Sinai's participation in Hire LA included 20 students for the summer work experience.

Community Benefit Inventory

*Change in methodology from FY22 program reporting

Community Benefit Categories	Programs		Encounters	
	Definition by Category	Number	Definition by Category	Number
Community Health Improvement Services <i>Programs/activities that improve community health</i>	Number of programs or activities	3,561	Number of encounters	86,085
Health Professions Education <i>Educational programs for physicians, nurses and other health professionals</i>	Number of educational rotations, internships, mentorships, preceptorships	7*	Number of students/interns	9,270
Cash and In-Kind Contributions <i>In-kind services donated to benefit the community. This excludes programs and encounters from \$20M+ of grantmaking.</i>	Number of programs or activities	895	Number of encounters	41,937
Community Building <i>Programs/activities that help build the capacity of the community to address "upstream" factors and social determinants that impact health and safety</i>	Number of programs or activities	97*	Number of encounters	3,045*
Total		4,560		140,337

Financial Summary of Community Benefit

Cedars-Sinai Medical Center provides financial assistance and Community Benefit services, programs and activities that serve vulnerable individuals and families, the elderly and children. The costs of providing these services are not fully reimbursed. The costs are calculated using a cost to charge ratio for any unreimbursed services. Also included are activities that improve the community's health status with a focus on health promotion and education, capacity building and meeting unmet health and health related social needs. Costs for these activities include direct costs and allocated overhead costs, offset by any donations and grants received.

CSMC Community Benefit Financial Commitment, July 1, 2022 – June 30, 2023

Community Benefit Financial Categories	Net Benefit
Unreimbursed Cost of Direct Medical Care for the Poor and Underserved (Excludes the unreimbursed cost of caring for Medicare patients)	\$ 181,453,000
<ul style="list-style-type: none"> • Charity care and uncompensated care for the uninsured: \$ 37,565,000 • Unreimbursed cost: caring for Medi-Cal patients: \$143,888,000 	
Unreimbursed Cost of Specialty Government Programs	\$ 5,417,000
Research Programs	
Total Cost of Research	\$ 307,289,000
<u>Less: Research funding from grants</u>	<u>< \$ 180,796,000 ></u>
Net Costs of Research	\$ 126,493,000
Community Benefit Programs, including Community Health Improvement Services, Charitable Donations and Education and Training for Physicians and Other Health Professionals	\$ 155,934,000
Total Community Benefit Excluding Unpaid Cost of Direct Medical Care for Medicare Patients	\$ 469,297,000
Unreimbursed Cost of Direct Medical Care for Medicare Patients	\$ 561,306,000
Total Community Benefit	\$ 1,030,603,000

Community Benefit Plan FY24

Cedars-Sinai's Community Health Needs Assessment (CHNA) 2022-2025 is the primary tool used by the hospital to determine its Community Benefit Plan, which outlines how it will give back to the community in the form of health care and other community services to address unmet community health needs. The CHNA directs a continuation of attention to the prioritized health focus areas.

Significant Needs the Hospital Intends to Address

Cedars-Sinai intends to address the following health focus areas that were identified in the 2022-2025 CHNA and detailed in the 2022-2025 Implementation Strategy:

Access to Health Care and Community Services

Community Benefit efforts focus on increasing and supporting access to essential health care and community services for communities and groups that have been historically underserved through direct programs and partnerships with local community-based organizations. Access to Care efforts are grounded in the knowledge that social determinants of health and health equity impact health outcomes. Access to Care partnerships and strategies address the following priority health needs:

- Primary Care
- Mental Health

Chronic Disease and Prevention

Community Benefit efforts focus on preventing chronic health conditions and their underlying risk factors, and on preventive immunization efforts. With cross-functional planning to address social determinants of health and health equity, Cedars-Sinai implements programs and supports partnerships focused on prevention, screenings, community outreach and education.

- Cancer
- Cardiovascular Disease
- Diabetes
- Overweight/Obesity
- Immunizations

People Experiencing Homelessness

Community Benefit efforts focus on connecting people experiencing homelessness to community-based programs and services as well as building strategies to improve health and housing stability.

Health Focus Area: Access to Health Care and Community Services (Primary Care and Mental Health Care)

Goal

Increase access to health care and the capacity of health care partners, and improve the health of individuals in our community – particularly in Cedars-Sinai’s Community Benefit Service Area – who have been historically underserved.

Programs and Strategies

Cedars-Sinai Community Resource (CSCR)

CSMC social workers and staff use CSCR, an electronic community resource referral platform powered by FindHelp to navigate patients to needed community services. Staff are trained to appropriately optimize this resource. CSCR is available to patients and community members through a public-facing website, providing information on how to connect to needed resources. Cedars-Sinai knows that thousands of community searches have been logged on CSCR in the past year, showing how important this resource is to navigate and access services.

COACH for Kids

The Cedars-Sinai COACH (Community Outreach Assistance for Children’s Health) for Kids mobile medical clinic is dedicated to meeting the immediate medical, behavioral health and community needs of pediatric patient populations that are historically underserved. COACH for Kids provides free transitional medical care and social support services, while connecting patients and their families to integrated quality health care and other community resources. Services are provided in the community Monday through Thursday, and periodically on weekends. Service sites include schools, places of worship, public housing developments, WIC (Women, Infants and Children) centers, Head Start centers and other community agencies. Service areas include Central and South Los Angeles and Crenshaw.

Training and Direct Medical Care: Federally Qualified Health Centers (FQHCs)

Cedars-Sinai physicians partner with and provide access to primary care in FQHCs and FQHC Look-A-Likes located in Los Angeles. These partnerships increase FQHCs’ abilities to provide health care to community members while giving medical residents training in, and exposure to, the role of a primary care provider in providing health care services to populations historically, socially and economically marginalized and underserved.

Cedars-Sinai’s Primary Adult Care Clinic (PAC)

Cedars-Sinai’s ACC provides primary and specialty care services to uninsured and underinsured residents who live within a five-mile radius of the medical center. The clinic services include

screening, preventive health measures, management of diabetes and cardiovascular disease, as well as other specialty services available within the clinic. This includes special pilot programs to expand services unavailable to partner FQHCs such as Saban Community Clinic. Medical residents and fellows are supervised by attending physicians who are members of CSMC medical staff.

Cedars-Sinai Case Management and Social Work

Cedars-Sinai provides patients with socioeconomic needs with resources to facilitate access to primary care, to outpatient care and to services that address the social determinants of health.

Financial Assistance

Cedars-Sinai will provide financial assistance through free and discounted care for health care services, consistent with the hospital's financial assistance policy.

Share & Care

The Share & Care program offers programs and trainings for children, teachers, parents and school principals, facilitated by licensed mental health practitioners, that enhance at-risk children's ability to learn in the classroom, change destructive behaviors and envision a brighter future. Share & Care counselors facilitate 10-week group art-therapy programs that provide a therapeutic environment to improve students' abilities to cope with trauma, loss and grief, self-esteem, bullying, socialization, anger management, divorce, shyness, incarcerated parent and substance abuse.

Community Connect Program

- CCP will be expanding the Community Health Worker care model by adding additional staff members to support more vulnerable patients.
- CCP will continue to refine and standardize enterprise wide SDOH screening practices to ensure patient's social care needs are appropriately identified and addressed.

Psychiatric Patient Support

For patients who need additional care outside of the medical center, Cedars-Sinai provides access through ongoing partnerships for psychiatric and behavioral health services.

Teen Line

Teen Line, a program of Didi Hirsch Mental Health Services, is housed on premises through an in-kind donation from Cedars-Sinai of office and training spaces. The Teen Line hotline, answered by intensively trained high school students, provides crisis intervention and suicide prevention, peer counseling and referrals for adolescents ages 12 to 19. Didi Hirsch Mental Health Services expertly answers all incoming hotline crisis calls and texts during off hours.

Team HEAL

Team HEAL will continue to provide the full array of services and cutting-edge support to high schools athletes focused on injury prevention. Additionally, Team HEAL is expanding its reach to seven new high schools across Los Angeles County, impacting the lives of more than 2,800 student-athletes. The expansion schools—each with a median of 90% of the student body qualifying for free or reduced-price lunches—exemplify Team HEAL's commitment to fostering growth in communities facing socioeconomic challenges. Expansion schools include:

- Bell High School
- Esteban E. Torres High School
- Fairfax High School
- John Marshall High School
- Jordan High School Magnet
- King/Drew Magnet High School of Medicine and Science
- Nathaniel Narbonne High School

Grantmaking

- **Civic Engagement**

Cedars-Sinai's Civic Engagement grants address unmet needs that impact health and well-being through strategic coordination with local community organizations and municipalities. Funding addresses social determinants of health and health equity. Through the Civic Engagement portfolio, Cedars-Sinai aims to bolster the area nonprofit ecosystem through pilot technical assistance programs focused on staff and volunteer capacity expansion. Civic Engagement grants will continue to align with institutional priorities and public issues of concern, including creative solutions to improve community health and safety, violence and trauma prevention, community linkages to health and social services, nutrition insecurity, and equity for historically overlooked or disadvantaged Angelenos.

- **Community Clinic Initiative**

Cedars-Sinai recognizes the critical role of partnerships in promoting access to health care for populations that are underserved and lack access to culturally safe services. CSMC is building multi-dimensional partnerships that include significant investments to strengthen the safety net clinic network across Los Angeles, as well as individual capacity-building grants to clinics. Cedars-Sinai funds capacity-building programs that focus on issues such as quality, leadership, and financial sustainability. Cedars-Sinai reaches the majority of clinics in the Community Benefit Service Area. Grants support Los Angeles County community clinics in addressing the social determinants of health of patients and communities.

- **Community Mental Health Grants/Behavioral Health Initiative**

Cedars-Sinai provides grants to increase access to behavioral health services. Grantmaking addresses the mental health needs of populations historically marginalized and underserved. Grants support the provision of direct services to community members facing significant economic barriers as well as comorbidities. The Behavioral Health Initiative increases access to high-quality behavioral health services through support for capacity-building programs and direct service continuity grants. The Behavioral Health Initiative aims to promote effective linkages to care and focuses on increasing access to needed services, with an emphasis on primary care integration and supportive patient navigation.

Health Focus Area: Chronic Disease and Prevention

Goals

- Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education.
- Reduce the impact of immunization-preventable diseases.

Programs and Strategies

Support Groups

Cedars-Sinai provides comprehensive support groups that focus on assisting persons with cancer and their family and caregivers.

Cancer Research Center for Health Equity/Community Outreach and Engagement (CRCHE)

The CRCHE aims to increase cancer awareness, screening and capacity of communities to address disparities. The program's focus is on communities historically marginalized and underserved, in particular: Hispanics, Asians (Filipinos and Koreans), African Americans, Immigrants, and LGBTQ+. Programs include: 7 Steps to Reduce Cancer Risk, a comprehensive education program geared toward low-literacy populations; training programs for community health workers including tools and resources to link individuals to free and low-cost cancer screenings; as well as capacity building, training and pilot funding for community organizations that serve communities at the highest risk for cancer and delayed diagnosis.

Community Health Improvement: Screenings, Health Fairs and Education

When COVID-19 protocols allow, Cedars-Sinai provides free public screening exams and health education, including point-of-care testing for diabetes and cardiovascular disease at diverse community venues. Health programs and screenings are conducted in collaboration with nursing, medical staff and various members of the clinical care team. Examples of partnerships for screenings and health programs include:

- Partner with local municipalities to provide blood glucose, cholesterol, and blood pressure screenings in partnership with community organizations.
- Partner with senior centers to provide risk assessment, health screening and preventive health education. In addition, evidence-based and evidence-informed programs are designed to allow older adults to maintain independent living and manage diabetes and cardiovascular disease.
- Partner with faith-based organizations, such as churches and synagogues, to provide screening and referral programs for cholesterol, diabetes, hypertension and stroke prevention and control.
- Partner with community sites to provide free community lectures and health information to older adults. Health education lectures are provided by Cedars-Sinai nurses, physicians and other health professionals and cover a wide range of topics identified by the community.

Flu and COVID-19 Vaccines

Community Health Improvement (CHI) provides free immunization programs for children, families and older adults. Influenza, pneumococcal and COVID-19 vaccines are offered free to the public.

Cedars-Sinai Forever Fit

Community Health Improvement (CHI) provides evidence-based exercise programs for seniors at various fitness levels. We will be implementing the EnhanceFitness, Bingocize and Arthritis Foundation Exercise Program for participants to help decrease isolation, decrease fall prevention, improve strength and educate participants to show how fitness increases overall health.

Healthy Habits

Cedars-Sinai's Healthy Habits program provides education and technical assistance to support healthy eating and physical activity among school-aged children and their families in Mid-City Los Angeles. Working with communities that are historically underserved, Cedars-Sinai health educators will provide children and their families with the knowledge and skills needed to adopt healthy lifestyles. Healthy Habits includes: Healthy Habits for Kids, Healthy Habits for Families, Exercise in the Park, teacher trainings, connections to CalFresh resources, and ongoing capacity building and technical assistance to community partners throughout Mid-City Los Angeles.

Health Focus Area: People Experiencing Homelessness and Housing

Goals

- Improve health care delivery to people experiencing homelessness.
- Connect people experiencing homelessness with needed resources.

Programs and Strategies

Recuperative Care

Cedars-Sinai supports patients who require additional assistance post-discharge but are experiencing homelessness and lack a place to recover. Cedars-Sinai discharges them to facilities designed to help care for patients and to connect them into programs, including the Coordinated Entry System (CES), so they can receive government benefits and be screened and rated to become eligible for longer-term housing solutions.

Patient Navigation

Cedars-Sinai provides focused patient navigation for people experiencing homelessness who enter our medical center through the Emergency Department. Two full time community resource coordinators with expertise in homelessness-related resources work to support our neighbors in the most vulnerable circumstances. Additionally, all patients experiencing homelessness will continue to be guided toward shelter, food and clothing through our social work and case management services. To support patients, Cedars-Sinai will pilot a direct referral program to emergency shelter for especially needy patients.

Healthcare in Action

Cedars-Sinai contracts with Healthcare in Action to extend health care services beyond the walls of the medical center through an innovative street medicine approach focused on providing extra care and support to patients experiencing homelessness.

Reserved Shelter Beds

Cedars-Sinai contracts with The People Concern, a comprehensive homeless services and health care organization, to provide two reserved shelter beds accompanied by wrap-around case management services for people experiencing homelessness. The goal of this engagement is to connect people experiencing homelessness with long-term permanent supportive housing.

Grantmaking: Housing and People Experiencing Homelessness

This initiative identifies and supports local community-based organizations serving people experiencing homelessness and invests in building their capacity to better support and address the systemic causes of homelessness. Cedars-Sinai's grantmaking complements the work of the medical center's Community Connect Program, which supports individual and community health through assessment and interventions that address the social determinants of health needs of people who are underserved. Cedars-Sinai will continue to expand grantmaking efforts focused on young adults experiencing homelessness; maintain investments in strengthening homeless services and supports for older adults experiencing housing insecurity; and evolve a historic focus on economic stability into a more targeted healthcare careers workforce development strategy.

Needs the Hospital Will Not Address

There were significant health needs identified in the CHNA that did not meet the criteria for developing and implementing a health focus area and, as a result, are not addressed in this Implementation Strategy. This is not intended to minimize the importance of those health needs; it is a reality of having a strategic focus on effectiveness to improve community health, utilizing the relevant expertise and allocating resources of CSMC in a thoughtful manner in light of its charitable mission as a hospital.

The health needs identified in the CHNA that are not included in the health focus areas for this Implementation Strategy are: community safety, dental care, economic insecurity, environmental conditions, food insecurity, sexually transmitted infections, substance use and transportation. Additionally, the hospital does not intend to directly emphasize COVID-19 interventions in the Implementation Strategy but will continue to deliver acute medical care to address COVID-19. CSMC will continue to look for opportunities to address community needs where we can make a meaningful contribution.

Evaluation of Impact

The health focus areas identified above were determined through data collection, analysis and a prioritization process that incorporated community input. Due to the quantity and scope of the community's health needs identified, it is necessary to identify focus areas and to ensure the Community Benefit initiatives are effective in improving the health of populations that are underserved and historically marginalized. In support of our mission to improve the health of the community, CSMC has committed to ongoing program evaluation to ensure maximum impact of our Community Benefit strategies. CSMC will incorporate evaluation results into program strategy, planning and implementation.

Contact Information

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