



Annual Community Benefit Plan

Cedars-Sinai Medical Center

Fiscal Year 2024 (July 1, 2023 – June 30, 2024)

Submitted to:

Department of Health Care Access and Information

Accounting and Reporting Systems Section

Sacramento, California

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About Cedars-Sinai

Cedars-Sinai Medical Center is a nonprofit, academic health care organization with 915 licensed beds serving the diverse Los Angeles community and beyond. With pioneering medical research achievements, education programs defining the future of health care, and wide-ranging Community Benefit activities, Cedars-Sinai is setting new standards for quality and innovation in patient care. Since 2022, Cedars-Sinai has added 26 new licensed beds as part of the new Cedars-Sinai Guerin Children's Center.

Cedars-Sinai serves patients through more than 1 million encounters each year, with 2,500+ physicians on medical staff, over 4,000 nurses, and more than 15,00 full time employees. In FY23, the hospital had 49,634 admissions, 127,626 emergency visits, 1,897,179 outpatient visits, and more than 6,000 babies born.

Cedars-Sinai is an integrated health care delivery system with clinical programs that range from primary care for preventing, diagnosing, and treating common conditions to specialized treatments for rare, complex and advanced illnesses. The system includes Cedars-Sinai Medical Center, Cedars-Sinai Marina del Rey Hospital, a network of physicians and ambulatory services at more than 250 locations throughout Southern California, and affiliates Torrance Memorial Medical Center, Huntington Health and Providence Cedars-Sinai Tarzana Medical Center.

Mission

As a leading academic healthcare organization, our mission is to elevate the health status of the communities we serve.

- We deliver exceptional healthcare enhanced by research and education
- We prioritize high-quality care for all with equity and compassion
- We transform biomedical discoveries and innovations for better health
- We educate tomorrow's physicians, nurses, researchers, and healthcare professionals

Our mission is founded in the Judaic tradition, which inspires our devotion to the art and science of healing.

Cedars-Sinai initiates, coordinates, implements, develops, sponsors, and supports strategies, programs and activities that help improve health for community residents. Cedars-Sinai works closely with schools, local government, senior centers, health and human service programs, and other agencies to better understand community needs, and to expand the capacity of local organizations to serve the most vulnerable. These joint efforts maximize long-term health impacts on Angelenos.

Awards

The measure of our success is reflected in patient satisfaction scores, increasing clinical performance initiatives, excellent medical outcomes, ongoing research and academic programs, and national designations and awards, for example:

- Honor Roll for the ninth consecutive year in *the U.S. News & World Report's* “Best Hospitals 2024-25” rankings, tying for #1 in the Los Angeles region and #1 in California, based on a variety of measures, including patient outcomes, patient experiences, technology and reputation. Cedars-Sinai ranks nationally in these specialties:
 - » Cedars-Sinai ranked in the top five nationally in 4 specialties: Gastroenterology & GI Surgery (#2), Obstetrics & Gynecology (#5), Orthopedics (#5), and Pulmonology & Lung Surgery (#5)
 - » Cedars-Sinai ranked nationally in 7 specialties: Cardiology, Heart Surgery & Vascular Surgery (#6); Diabetes & Endocrinology (#9); and Neurology & Neurosurgery (#9, tied)
 - » Cedars-Sinai ranked in #1 California for 5 specialties: Cardiology, Heart & Vascular Surgery; Gastroenterology & GI Surgery; Obstetrics & Gynecology (ranking the highest possible ranking for Best Hospitals for Maternity Care); and Orthopedics.
- For the 21st year in a row, Cedars-Sinai won NRC Health’s Consumer Loyalty Award for providing the highest-quality medical care in the Los Angeles region.
- For the seventh year in a row, Cedars-Sinai received a 5-star hospital rating in the Centers for Medicare & Medicaid Services Overall Hospital Quality Star Ratings—the highest distinction from the federal agency—for providing patients with the highest quality care.
- Cedars-Sinai was awarded Healthgrades America’s 50 Best Hospitals. Cedars-Sinai is in the top 1% in the nation for providing the highest clinical quality year over year.
- Cedars-Sinai received seventh consecutive Magnet® designation for nursing excellence from the American Nurses Credentialing Center (ANCC), making it the hospital with the longest-running Magnet designation in California.
- Cedars-Sinai achieved a score of 100 on the Human Rights Campaign Foundation’s Health Care Equality Index 2024. The top score means Cedars-Sinai has earned the designation as a leader in LGBTQ+ Health Care Equality. The Health Care Equality Index is an annual survey that evaluates medical centers’ policies and practices on the equitable and inclusive care of lesbian, gay, bisexual, transgender and queer patients and their families.

Governance

The Cedars-Sinai Board of Directors guides the direction of Community Benefit, with assistance from its Community Benefit Committee (CBC).

Officers of the Board of Directors

- David Kaplan, Chairman
- Steven Romick, Vice Chair
- John Bendheim, Secretary

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Community Benefit Committee

The Community Benefit Committee (CBC) is an advisory committee for the hospital's Community Benefit programs. The CBC reviews and validates legal and regulatory compliance specific to Community Benefit mandates; assures Community Benefit programs and services are effectively meeting identified community health needs, with emphasis on populations with unmet health needs, and increases transparency and awareness of Community Benefit activities.

Committee Members		Advisors	Permanent Guests
John Bendheim, <i>Co-Chair</i>	Eric Holomon	Lisa Greer	Stephanie Cohen
Jose Legaspi, <i>Co-Chair</i>	David Kaplan	Hella Hershson	Shaun Consiglio
Monique Araya, MD	Debra Lee	Sue Neuman Hochberg	Christina Harris, MD
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Laura Fox	Peter Slavin		Arthur J. Ochoa
Johanna Fuentes	Gabrielle Starr, PhD		Jonathan Schreiber

Caring for Community

This report demonstrates tangible ways in which Cedars-Sinai is fulfilling its mission. Cedars-Sinai partners with schools, Federally Qualified Health Centers, community centers and community service providers to elevate the health of the community. Cedars-Sinai addresses health disparities

by providing millions of dollars in critically needed grants to safety-net health care services and nonprofits that empower and strengthen communities. Grantmaking addresses health needs by focusing on access to care, social determinants of health and civic engagement. Outreach initiatives are as diverse as the communities we serve ranging from health education and evidence-based programs to comprehensive provision of resources and direct services to address social determinants of health, including health insurance, food and housing insecurity, the experience of homelessness, social isolation, mental health challenges, and more.

Community Benefit Service Area

Cedars-Sinai's Address: 8700 Beverly Boulevard, Los Angeles, California 90048

The hospital's Community Benefit Service Area encompasses large portions of Service Planning Areas (SPAs) 4-Metro, 5-West and 6-South, and a smaller portion of 8-South Bay in Los Angeles County. The Community Benefit Service Area includes 52 ZIP Codes, representing 25 cities and neighborhoods. To determine the Community Benefit Service Area, Cedars-Sinai takes into account the ZIP Codes of patients discharged from the hospital; the current understanding of community need based on the most recent Community Health Needs Assessment; and long-standing community programs and partnerships.

Cedars-Sinai Medical Center Community Benefit Service Area

Service Planning Area 4 – Metro

Central LA, Downtown LA, Fairfax/Mid-City, Crenshaw, Baldwin Hills, Hyde Park, Hollywood, West Hollywood:
90013, 90014, 90015, 90017, 90010, 90021, Hobart, South LA, University, USC:
90071, 90079, 90019, 90036, 90028, 90038

Service Planning Area 5 – West

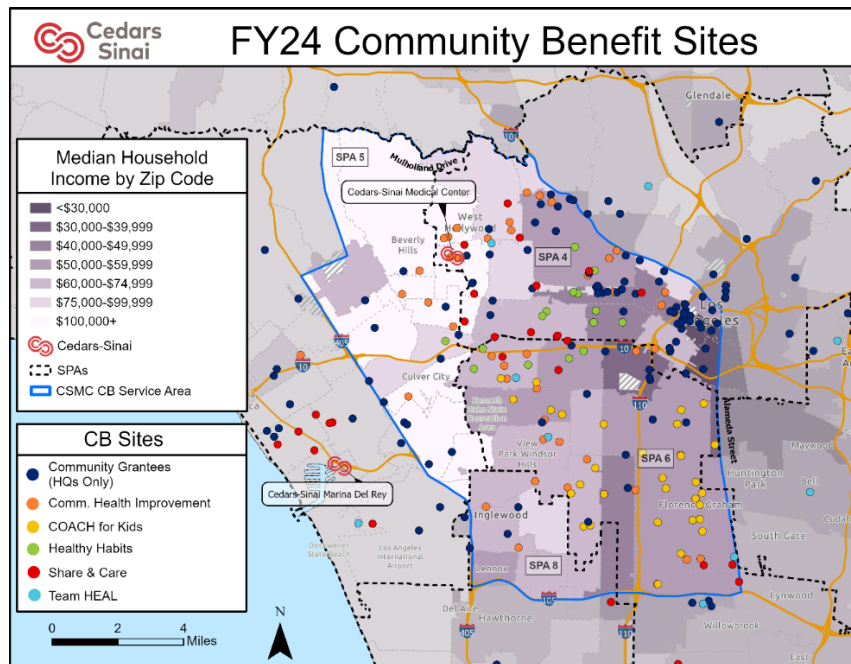
Beverly Hills, Century City, Culver City, Ladera Heights, West LA/Palms, West LA/Rancho, Westwood:
90210, 90211, 90212, 90067, 90230, 90232, 90301, 90302, 90303, 90305, 90304
90056, 90034, 90025, 90035, 90064, 90024

Service Planning Area 6 – South

LA/Coliseum & MLK Blvd, LA/MLK Blvd. &
90016, 90018, 90008, 90043, 90011, 90062
90001, 90002, 90003, 90044, 90047, 90059
90037, 90089, 90007

Service Planning Area 8 – South Bay

Inglewood, Lennox:



Community Benefit Service Area Snapshot

Population Characteristics	CSMC
Total Population of the Community Benefit Service Area	1,840,407
Gender	Percent
Female	50.5%
Male	49.5%
Race/Ethnicity	Percent
Hispanic/Latino	49.9%
White	19.5%
Black/African American	17.6%
Asian	10.0%
Other or Multiple Races	2.6%
American Indian/Alaskan Native	0.2%
Native Hawaiian/Pacific Islander	0.2%
Age	Percent
Less than 18 years	21.3%
18 - 64	67.6%
65+	11.0%
Socioeconomic Status	Percent
Residents living below 100% of the federal poverty level (FPL)	22.0%
Residents living below 200% of the federal poverty level (FPL)	45.7%

Source: U.S. Census Bureau, American Community Survey, 2015-2019. <https://data.census.gov/cedsci/>

Community Health Needs Assessment 2022-2025

Cedars-Sinai Medical Center completed a Community Health Needs Assessment (CHNA) in 2022 as required by state and federal law. Cedars-Sinai participated in a collaborative process for the CHNA in partnership with Cedars-Sinai Marina del Rey Hospital, Providence Saint John's Health Center, Ronald Reagan UCLA Medical Center and UCLA Medical Center Santa Monica and Resnick Neuropsychiatric Hospital at UCLA. These partners share an overlapping service area, therefore a collaborative effort increased data collection efficiency and decreased community partner burden.

The CHNA is a primary tool used to determine the Community Benefit Plan, which outlines how Cedars-Sinai will address unmet community health needs through health care services and programs. The CHNA incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the Cedars-Sinai Medical Center Community Benefit Service Area.

The CHNA examined up-to-date data sources to include community demographics, social determinants of health, health care access, birth characteristics, leading causes of death, acute and chronic disease, health behaviors, mental health, substance use and misuse, and preventive practices. When applicable, these data sets were presented in the context of California and compared to Healthy People 2030 objectives.

Cedars-Sinai conducted targeted interviews with individuals who represent the broad interests of the community served by the hospital. Leaders and/or representatives of medically underserved, low-income, and BIPOC populations, local health or other departments or agencies that have current data or other information relevant to the health needs of the community were represented in the sample. Input was obtained from representatives of Los Angeles County Department of Public Health.

The CHNA and Implementation Strategy can be accessed at <https://www.cedars-sinai.org/community/community-benefit.html>. We welcome feedback on the CHNA and Implementation Strategy. Please send your feedback to: groupcommunitybenefit@cshs.org.

Community Benefit Activities to Address Priority Needs

Community Benefit promotes health and healing and is focused on addressing the identified health needs in the community. For a program or service to be considered a Community Benefit, it must improve access to health care, enhance the health of the community, advance medical or healthcare knowledge, or reduce the burden of government or other nonprofit community efforts. In FY24, Cedars-Sinai Medical Center engaged in activities and programs that addressed the Health Focus Areas prioritized from the identified health needs in the 2022-2025 CHNA. The

program highlights reference Cedars-Sinai's 2022-2025 Implementation Strategy commitments. Cedars-Sinai has committed to Community Benefit efforts that address: 1) Access to Health Care and Community Services, 2) Chronic Disease and Prevention, and 3) Housing and People Experiencing Homelessness. Selected activities and programs that highlight Cedars-Sinai's commitment to the community are detailed below.

Access to Health Care and Community Services

Community Benefit efforts focus on programs, partnerships and strategies that increase access to primary care, preventive care, mental health care services and community-based services that address social determinants of health.

Financial Assistance and Health Insurance Enrollment

Cedars-Sinai provides financial assistance through free and discounted care and government health programs for low-income patients for healthcare services. Cedars-Sinai's financial assistance policy can be accessed, if eligibility criteria are met, by people who earn up to 400% of the federal poverty level (\$120,000 for a family of four) and significantly discounted care to those who earn up to 600% of the federal poverty level (\$180,000 for a family of four). While more people have access to insurance coverage through the Affordable Care Act and Covered California, many commercial insurance plans carry a high deductible or copay, causing financial hardship for patients. Expanded eligibility criteria for free or discounted care, along with Cedars-Sinai's 2024 implementation of the automation- and data analytics-driven Patient Financial Clearance presumptive screening tool (a product of Experian Health), enables more people to receive financial assistance. In addition, assistance is provided to enroll low-income persons in health insurance programs. Information on Cedars-Sinai's financial assistance policy is available on the Cedars-Sinai website, including the application form and contact information.

Cedars-Sinai COACH for Kids®

Cedars-Sinai operates a state-of-the-art mobile medical clinic staffed by an expert team of bilingual English/Spanish nurse practitioners, registered nurses, social workers, community health workers, and other health care professionals from Cedars-Sinai Medical Center. COACH preventive services include well-child and immunization clinics for children, diagnosis, and treatment of minor illnesses for children.

The Cedars-Sinai COACH mobile medical unit is dedicated to meeting the immediate medical, behavioral health, and community needs of pediatric patient populations in historically marginalized communities, while effectively transitioning patients to the care of a partner Federally Qualified Health Center (FQHC) and other community resources, which can provide care for their entire family.

COACH serves communities in South Los Angeles and Crenshaw/Mid-City. Health care services are provided at WIC Centers, Head-Start Centers, elementary and middle schools, and community-based agencies, family homeless shelters, and public housing developments.

COACH collaborates with public and private community organizations, including the Los Angeles Unified School District, Children's Institute, Inc., South Los Angeles Health Projects WIC, and Public Health Foundation Enterprises WIC.

In FY24, accomplishments included:

- Continued implementation and refinement of the Care & Connect model to optimize the program's ability to connect patients and their families to medical, behavioral, vision, and dental homes as well as to appropriate community resources based on assessed social determinants of health needs. This work included:
 - » Strengthening partnerships with three Federally Qualified Health Centers (FQHCs).
 - » Optimizing/maintaining an interactive Case Management Patient Referral Tracker to monitor referral status in collaboration with our FQHC partners.
 - » Optimizing and stabilization of operations and program-level performance improvement metrics to measure the impact of connections/referrals to partner FQHCs.
- Developed a standardized job aid and training guide to document COACH for Kids Community Health Worker workflow including CS-Link/Epic electronic medical record documentation.
- Provided comprehensive nutrition assessments and counseling during well-child visits and connection to partner FQHCs for overweight and obese children for intervention and monitoring.
- Developed Tuberculosis screening and referral Tableau report for Quality Assurance Process Improvement (QAPI) project. Clinical and case management team collaborated with the Los Angeles Department of Public Health and partner FQHCs.
- Increased from 13 to 18 the number of co-location sites.
- Planning in progress for approved new additional smaller mobile clinic vehicle which will provide services simultaneously with our larger current mobile clinic.
- Reinstitution of administering sport physicals with the development and implementation of a high-risk pre-screening tool and workflow.
- Administration of the new Respiratory syncytial virus (RSV) vaccine to infants per American Academy of Pediatrics (AAP) and the Centers for Disease Control (CDC).
- Actively participating locally and nationally in the Mobile Healthcare Associate by participating in local meeting and national conference to network and gain knowledge from other mobile healthcare providers.

COACH for Kids Encounters	
Services/Programs	FY24 Participant Encounters
Immunizations Visits	677
Well Child Check Visits	173
Other Clinical Visits (Episodic, IZ, WIC/ Hearing/Vision screenings, Labs, TB QuantiFERON Tests, and PPD Reads)	490
Total	1340
Care and Connect Referrals	FY24 Referrals
Patients Referred to Local FQHCs	577
Family Units Referred to Local FQHCs	290
Total	867

Share & Care

Cedars-Sinai Share & Care is a school-based mental health prevention and early intervention program that applies art therapy, mindfulness, and council interventions to help children, educators and families who have been impacted by traumatic events and/or stressors.

Since 1981, the Share & Care program helps students impacted by traumatic events and/or stressors, filling crucial needs for prevention, early intervention, crisis intervention, and training. Programs and trainings for children, teachers, parents, social workers, counselors, psychologists, school administrators and principals are run by licensed mental health practitioners and enhance an at-risk child's ability to learn in the classroom. Share & Care counselors facilitate 10-week curriculum-based art therapy focused groups that provide a therapeutic environment to improve students' ability to concentrate and engage in positive behaviors. Therapy groups focus on trauma, loss and grief, self-esteem, bullying, socialization, anger management, divorce, shyness, students with an incarcerated parent, coping with change and healthy decision making.

In addition to the school-based program, Share & Care offers a comprehensive post-master's degree Associates Training Program in school-based services for marriage and family therapists, social workers, and professional clinical counselors working towards licensure. The training combines theory, clinical experience, observation, and supervision. In FY24, the program had three Mental Health Associates in-training. By the end of the school year, one finished the three-year training with a graduation celebration and ready to complete the licensure test. The remaining two Associates continued to year three of training.

In FY24, accomplishments included:

Encounters and Activities

- Total Encounters = 32,852:
 - 21,148 encounters with students
 - 7,660 encounters with teachers
 - 3,918 encounters with parents
- Over 8,000 outreach attempts to Share & Care student families
- 27 schools (21 Elementary Schools, 5 Middle Schools and 1 High School)
- 3,156 group therapy sessions
- 131 classroom interventions with students
- 17 teacher professional development workshops were conducted with a total of 369 teachers and 5,466 individual teacher encounters. Monthly parent education workshops virtually and in-person at schools
- Monthly virtual parent meetings, topics include: Importance of Routines for a Successful School Year, Encouraging Your Child to become Resilient, Supporting LGBTQ+ Children, Caregivers for Parents, Holiday Celebrating Family and Friends, Start the New Year by Reducing Anxiety for You and Your Children, Behavior Management, Digital Awareness and Social Media, Engaging in Difficult Conversations with your Children, School Transitions
- Virtual meetings for school principals: September, January, and April
- Community Partners meetings for school social workers, school psychologists, and school counselors: September, January, and April

Collaborations

- Partnered with Cedars-Sinai's Community Health Improvement, Healthy Habits and the Stroke Nurse in a heart event at Coeur D'Alene Elementary school on Valentines Day
- Helping your Kids Navigate Friendships, an article for LA Parent Magazine

Capacity Building

- Built capacity for additional schools through monthly virtual meetings.
- Developed 3 specific worksheet fliers for middle School students on the following subjects: Worry and Stress, Understanding Feelings and Emotions, Personal Safety and Education
- Developed a system for schools to partially pay for services if they don't fall within SPAs 4,5,6 or meet the eligibility guidelines.

Office of Health Equity

At Cedars-Sinai, we are dedicated to eliminating health disparities and achieving equitable outcomes for our patients and community. We believe that advancing the health of all people

helps everyone thrive, and that true quality care cannot exist without equity. By integrating an equity lens into our quality, patient safety, and patient experience efforts, we can use data analysis and performance improvement to ensure fairness in the care we provide and the outcomes we achieve.

In FY24, the Office of Health Equity focused on building the infrastructure and resources needed to support equity-driven assessments and solutions. These efforts aim to reduce disparities in clinical outcomes, promote inclusive care, empower patients, and address social needs.

Community Connect Program (addressing social needs of patients)

At Cedars-Sinai, we understand that social factors contribute to the overall health of our patients. We support individual and community health through assessment and interventions that help people get connected to the resources they need. With dedicated staffing, strong community partnerships and innovative technology, our program serves patients across the health system as they seek to improve their overall wellbeing.

The Community Connect Program sits within the Office of Health Equity and leads the approach to address the non-medical factors that impact patient health, ensuring all patients receive comprehensive support for a healthier life. The comprehensive Community Connect Program portfolio includes social determinants of health (SDoH) screening, an electronic community resource referral platform, strategic community partnerships, and a community health worker program.

In FY24, accomplishments included:

SDoH Screening

- The assessment tool screens for needs such as housing instability, utility needs, transportation needs, food insecurity, social isolation, interpersonal violence, mental health and substance abuse, depression, independent living, access to care and health literacy. This past year, Cedars-Sinai drastically scaled up screening ensuring that the health-related social needs of every adult patient discharging from the hospital can be identified and addressed.
- In FY24 screened 20,510 adult patients admitted to Cedars-Sinai Medical Center.

CS Community Resource

- Cedars-Sinai uses an electronic referral platform called Cedars-Sinai Community Resource (CSCR) to streamline referrals to community partners; to improve coordination across sectors; and to improve access to vital community resources for patients and the

community. In FY24, over 5,000 connections and referrals to connect patients in need were made to community-based resources.

- Community members used the public facing CSCR site over 9,600 times to self-navigate social care resources with the top 5 search terms being “food delivery,” “help pay for utilities,” “food pantry,” “individual counseling,” and “transportation for healthcare.” <https://www.cedars-sinai.org/community/programs/community-connect.html>

Community Partnerships

- Increased partners in Community Connect Network by 28% bringing total number of community- based partners to 50.
- 85% closed-loop response rate for partners in Community Connect Network.
- Guiding strategic grantmaking in partnership with Cedars-Sinai’s grantmaking team to build capacity in identified community-based organizations to meet the social determinants health needs of the community. (See page 21: CSMC Grantmaking.)

Community Health Worker Program

- Grew the CHW team from 3 philanthropy funded positions to 8 operationally supported FTEs, including 1 LCSW supervisor.
- Expanded CHW support to 20 teams.
- In FY 24, the CHW team served 926 patients and successfully connected 63% to long term sustainable supports including helping patients navigate medical, social and public benefit systems and connecting them to community-based resources.

Primary Adult Care Services

Cedars-Sinai’s Primary Adult Care Services clinic provides primary care services to residents who live within the five miles radius of the Medical Center. Medical residents and fellows are supervised by attending physicians who are members of CSMC medical staff. In FY24, there were 4,472 patient encounters at the clinic.

Training and Direct Medical Care at FQHCs and Look-a-Like Clinics

Partnering with FQHCs in Los Angeles, 135 Cedars-Sinai physicians provided direct care in these community-based settings to patients. The clinics included Saban Community Clinic, KHEIR Clinic, Venice Family Clinic, Los Angeles Christian Health Centers and Planned Parenthood Los Angeles health centers in West Hollywood and Santa Monica. These partnerships increased the clinics’ abilities to provide health care to community members while giving medical residents training in a primary care setting.

Psychiatric Patient Support

Cedars-Sinai made psychiatric care available for patients who needed intensive mental health care support by covering the cost of psychiatric and behavioral health services at partnered agencies.

Team HEAL

For young athletes growing up in underserved communities, participation in athletics is often the door to a world of possibilities. However, participation in athletics also lends itself to the risk of injury. Team HEAL focuses on the health, well-being, and the future of student-athletes in Los Angeles-area high schools.

Team HEAL enhances a school's ability to provide more substantial health and safety measures to student-athletes through athletic healthcare services provided by certified athletic trainers (ATCs). Also designed to foster life skills and prepare them for the future, we engage students in work and college readiness initiatives through mentorship, academic support, college scholarships, and career development.

Team HEAL ATCs are also in the classroom, teaching sports medicine classes, exposing the students to healthcare professions, and increasing their health literacy.

Ongoing partnerships with Team HEAL high schools and Los Angeles Unified School District allow us to achieve the results that enable us to expand our program to other high schools to serve more students in underserved communities.

In FY24, accomplishments included:

Encounters and Activities for FY24

- Provided 7,337 treatments to student-athletes across five Team HEAL high schools.
- Provided 82 student-athlete referrals from five Team HEAL high schools to healthcare professionals.
- Provided 347 free pre-season sports physicals to Team HEAL student-athletes.
- Awarded \$12,000 in college scholarships to six Team HEAL high school graduates.

Collaborations

- Collaborated with Cedars-Sinai's Healthy Habits program in May 2023, providing health and nutrition education and a cooking demonstration at Crenshaw High School.
- Collaborated with Cedars-Sinai's Community Health Improvement program in May 2024 to host provide annual pre-season sports physicals.

Capacity Building

- Team HEAL expanded its reach to seven new high schools across Los Angeles County, impacting the lives of more than 2,800 student-athletes. The expansion schools—each with a median of 90% of the student body qualifying for free or reduced-price lunches—exemplifies Team HEAL's commitment to fostering growth in communities facing socioeconomic challenges. Expansion schools include:

Bell High School

Jordan High School

Esteban E. Torres High School

King/Drew Magnet High School

Fairfax High School

of Medicine and Science

John Marshall High School

Nathaniel Narbonne High School

Collaborative Efforts

Cedars-Sinai team members participated in collaborative efforts that addressed improving health outcomes and increasing access to care, for example:

- Cedars-Sinai convened The Los Angeles Social Determinants of Health Convening, a collaborative group of health systems, hospitals, insurance providers and community clinics. The collaborative is committed to sharing best practices in addressing health-related social needs to improve health outcomes of patients and communities. The group meets twice per year with discussions focused on strategies for screening, facilitating connections to care, partnering with community-based providers, and cross-sector collaboration.
- The LA Partnership is a collaboration among local health departments, Communities Lifting Communities – a nonprofit subsidiary of the Hospital Association of Southern California, the California Community Foundation, and over 20 nonprofit hospitals in Los Angeles County. The group aims to promote best practices and alignment of CHNAs and Implementation Strategies among hospitals and community partners. Cedars-Sinai is a key participant with representation on the LA Partnership Steering Committee.

Chronic Disease

Community Benefit efforts focus on cancer, cardiovascular disease, diabetes, and overweight and obesity.

Cancer Research Center for Health Equity (CRCHE)/Community Outreach and Engagement (COE)

The CRCHE and COE at Cedars-Sinai Cancer was established in 2018 with a defined catchment area – Los Angeles County - and population focus: underserved populations with cancer disparities including Latinx, Asians (Filipinos and Koreans), African Americans, Immigrants, and LGBTQ+. CRCHE and COE identify communities experiencing a disproportionate burden of cancer, increase

cancer awareness and screening, and build capacity at the community-level to address cancer health disparities and promote participation in research and clinical trials.

Initiatives have been developed with churches, FQHCs and community organizations, as well as with the Los Angeles County Department of Public Health to address disparities in the targeted communities. Key initiatives include:

- **Health and Faith Initiative and Faith In Action Research Study:** CRCHE and COE promote cancer screening adherence in Korean, Filipino, Black, and Latinx communities and churches. Using evidence-based strategies to improve awareness, the initiative addresses barriers and motivates community members to participate in screening. The program reaches underserved communities and in 25 churches. Outreach Coordinators and Community Health Workers conduct cancer education workshops and connect those in need to FQHCs and mobile screening events.
- **LGBTQ+ Outreach Initiatives:** LGBTQ+ Outreach Coordinators and staff conduct outreach at Pride events in Los Angeles, reaching LGBTQ+ community members from diverse racial and ethnic communities to build trust and disseminate information on cancer prevention. *TheQuitAlliance* tobacco cessation initiative increases use of evidence-based tobacco cessation resources.
- **Cancer Support and Navigation.** Cancer Navigators and staff provide improve cancer-related outcomes for underserved cancer patients. They eliminate barriers to timely diagnosis and treatment for underrepresented sexual, gender, financial, racial, and ethnic minority community members and their loved ones, who are at-risk of being diagnosed with cancer or have already been diagnosed with cancer. Cancer Navigators offer science-based information, education, navigation, resources, access to care and cancer support.
- **Clinical Trials.** With an active Community Advisory Board, a culturally sensitive clinical trials awareness campaign, “Be Part of the Cure” was developed to offer in-language cancer information, education on clinical trials, and navigation through the cancer care continuum. To support patients and facilitate access to trials, COE developed engagement between physicians, nurses and Clinical Trials Office representatives, FQHCs, and community and faith-based organizations to ensure a seamless navigation process to care. Multicultural/multilingual COE staff have trained Community Health Workers and Cancer Navigators to expand outreach efforts and engage our target communities.
- **Capacity building, training and cancer grants.** COE collaborated with the Cedars-Sinai Community Benefit Giving Office (CBGO) to provide grant funding and capacity building to 10 community-based organizations and FQHCs to increase the capacity of healthcare providers and organizations to advance cancer prevention and screening. The goal of these grants is to strengthen the ability of FQHCs and community organizations to implement evidence-based practices that are proven to improve cancer related health outcomes. By

integrating these best practices into everyday care, healthcare organizations significantly improve early detection rates, increase cancer screenings, and provide effective education around cancer prevention. This initiative is focused on enhancing services in underserved and marginalized communities, where access to quality healthcare is often limited.

FY 24 Accomplishments	Persons Served
Cancer education workshops, webinars, and outreach events through the Health and Faith Initiative.	<ul style="list-style-type: none"> • 2,717 in the Latinx community • 1,003 in the Filipino community • 1,290 in the Korean community • 1,208 in the African American community • 120 in the Ashkenazi Jewish community • 859 other ethnicities including Chinese, South Asian, Mixed race, Middle Eastern, etc.
Community Outreach Coordinators collaborated with trained community health workers to link community members who were not compliant to cancer screening recommendations to screening programs, services and mobile events.	<ul style="list-style-type: none"> • 110 mammograms to Korean women • 92 colorectal cancer screening for Koreans • 297 Non-Alcoholic Fatty Liver screening in the Latinx community • 281 mammograms to Latinx women • 1,215 colorectal cancer screening for Latinx
Established and implemented LGBTQ+ cancer prevention initiatives: 1) Conducted outreach at Pride Events in Los Angeles to provide cancer prevention information. 2) conducted outreach to identify tobacco users and to Ask, Advise and Refer to evidence-based tobacco cessation services. 3) Trained tobacco cessation specialists counseled tobacco users using evidence-based strategies in support groups.	<ul style="list-style-type: none"> • 800 in the LGBTQ+ community outreached at Pride and community events • 50 counseled on quitting tobacco at Pride and community events • 70 participated in TheQuitAlliance support groups to set on a pathway to becoming tobacco free
Cancer Navigators offer comprehensive and in-language cancer information, education on clinical trials, and navigation through the cancer care continuum.	<ul style="list-style-type: none"> • 156 navigated • <i>63 Koreans, 38 Latinx, 32 African American, 7 Filipino, 4 Ashkenazi Jewish, and 12 others</i>
Established clinical trials campaign to improve awareness, reduce barriers, and increase voluntary participation of underrepresented minority populations to clinical trial	<ul style="list-style-type: none"> • 2 Koreans enrolled in clinical trials
Capacity Building, training, and cancer grants aim to enhance the skills and resources of healthcare providers, organizations, and communities to deliver high-quality cancer prevention, screening, and treatment services, specifically on lung cancer	<ul style="list-style-type: none"> • 147 clinical providers and staff from 4 local health clinics and organizations were trained on evidence-based interventions like "Ask, Advise, Refer," and on lung cancer screening implementation.

FY 24 Accomplishments	Persons Served
prevention, detection, and treatment. These initiatives focus on strengthening healthcare systems, increasing access to evidence-based interventions, and improving health outcomes, especially in underserved populations.	<ul style="list-style-type: none"> • 10,403 were educated about tobacco prevention and smoking cessation services. • 2,021 transgender patients were screened for tobacco use and substance use disorder (SUD) during their visits. • 7,701 were queried, screened, and received education/advice on smoking cessation • 3,230 ages 50-80 received lung cancer screening education. • 587 patients completed Lung Cancer CT scan

Samuel Oschin Comprehensive Cancer Institute (SOCCI)

FY 23 Accomplishments	Persons Served
Cancer Survivorship Services provided rehabilitation medicine to cancer survivors who were provided with social services, exercise recovery, nutrition services, and referral services.	3,472 cancer survivor program encounters

Healthy Habits

Cedars-Sinai’s Healthy Habits programs seek to reduce the risks and impacts of obesity in underserved communities. Children and families learn about healthy eating and physical activity through a wide range of education, capacity building and technical assistance programs run by trained health educators, reaching elementary school students and families in underserved communities. Healthy Habits programs include an evidence-based and evaluated curriculum for 2nd, 3rd and 4th grades, Healthy Habits for Families, Exercise in the Park, summer programs and school-wide events. Healthy Habits partners with 18 elementary schools in the Mid-City neighborhood of Los Angeles and surrounding communities. In FY24, accomplishments included:

Encounters and Activities

- Taught 1103 individual lessons/workshops for a total 21,229 participant encounters, including 3,512 students and adults.
- Continued the sixth consecutive year of graduate-level internship for public health (MPH) students. Two MPH students interned with Healthy Habits for over 1600 hours.
- Elementary health education and physical activity programs continued in person instruction and provided evidence base Healthy Habits curriculum to 18 partner sites in 149 classrooms.

- The popular summer community exercise program, Exercise in the Park, offered group-led exercises by the Healthy Habits team members included Zumba, kickboxing, yoga, and low impact aerobics four times-a-week resulting in a total of 28 sessions and 661 encounters.
- Partnered with LA's Best after-school program for the Summer of 2024, effectively tripling the number of Healthy Habits Summer sites compared to previous years. Provided Healthy Habits for Cooking workshops to 6 sites; Wilshire Park, Cahuenga, Charles Kim, Cienega, Los Angeles, and Hobart elementary schools.

Collaborations

- Partnered with the Los Angeles Clippers for the Holiday Toy Drive at Crescent Heights Elementary
- Partnered with Cedars-Sinai's Team Heal to provide health education to Carson High School
- Partnered with Share & Care and Community Health Improvement at Coeur d'Alene Avenue elementary for school wide event
- Participated in events with community partners: LA's BEST summer programs, Korean Youth Community Center, and Westside Neighborhood Park

Community Health Improvement

Cedars-Sinai's Community Health Improvement (CHI) program, in partnership with local community organizations, is dedicated to empowering individuals through health education, free screenings, and vaccinations. By increasing health literacy and connecting participants to ongoing care, CHI aims to enhance the well-being of underserved populations within our Community Benefit service area. No insurance is required to take part in these services.

In FY24, accomplishments included:

- Provided the seasonal flu vaccine to 811 individuals.
- Provided COVID-19 vaccinations to 105 children under 18 year old.
- Provided blood pressure screenings to 798 individuals.
- Provided blood glucose and cholesterol screenings to 655 individuals.
- Provided education to 2,727 individuals at health fair events.
- Provided access and co-managed, with Jewish Family Services, the evidence-based program AFEP (Arthritis Foundation Exercise Program) which provided 303 classes to 1,274 participants.
- Piloted Forever Fit evidence-based exercise classes in three locations which provided 2,436 classes to 110 participants.

Support Groups

- The Diabetes Support Group meets monthly and provides nutrition and dietary counseling. In FY24, 85 people participated in the Diabetes Support Group.
- The Minimally Invasive Weight Loss Surgery Center held 156 classes attended by 168 people, including, Get-on-Track Support Group and Nutrition 101.
- Rehabilitation Support Groups reached 142 people in FY24. Groups included: Aphasia Support Group, Yes I Can! Stroke Support Group focused on life after stroke, Think Tank Support Group, Loud Crowd Support Group for individuals with Parkinson’s and other conditions that effect communication, and Young Stroke Support Group.

People Experiencing Homelessness

Community Benefit efforts focus on programs, partnerships and strategies that increase access to primary care, mental health care, substance abuse services and community-based health care services for people experiencing homelessness.

Health Care and Supportive Services

Cedars-Sinai commits focused resources – social work, nursing and psychiatry – to supporting patients experiencing homelessness throughout the hospital.

Emergency Department Community Resource Coordinators

The Cedars-Sinai Emergency Department (ED) employed two full-time patient navigators to connect patients experiencing homelessness with local resources, including: case management, clothing, food and shelter. Case management was provided for people experiencing chronic homelessness and persistent mental illness. Resources and linkages were provided to community-based services to stabilize patients in the community, better address patient needs while in the hospital and reduce hospital readmissions and ED use.

Recuperative Care

Cedars-Sinai also supported people experiencing homelessness by connecting patients to shelters and providing transportation, food and clothing. Cedars-Sinai transitioned patients requiring additional assistance post-discharge to recuperative care partners – the Illumination Foundation and National Health Foundation – designed to care for patients and connect them to resources, including longer-term housing solutions and governmental benefits.

Healthcare in Action

Cedars-Sinai contracts with Healthcare in Action to extend health care services beyond the walls of the medical center through an innovative “street medicine” approach focused on providing extra care and support to patients experiencing homelessness. In FY24, Cedars-Sinai made over 70

referrals into the Healthcare in Action program.

Reserved Shelter Beds

Cedars-Sinai contracts with The People Concern, a comprehensive homeless services and health care organization, to provide two reserved shelter beds accompanied by wrap-around case management services for people experiencing homelessness who are patients in the Cedars-Sinai Emergency Department. The goal of this engagement is to connect people experiencing homelessness with long-term permanent supportive housing.

FY24 CSMC Grantmaking

Cedars-Sinai contributed \$28.8 million in FY24 to support over 200 community-based organizations serving populations with vulnerabilities within the Community Benefit Service Area. Recognized as one of the largest philanthropic grantmakers in Los Angeles, Cedars-Sinai grantmaking has increased significantly over the last decade with annual grantmaking prior to FY19 averaging \$5 million. With a strategic focus on high-impact philanthropy, Cedars-Sinai's three priority funding areas in FY24 were: increasing access to care, addressing homelessness and housing, and enhancing civic engagement. Cedars-Sinai grantmaking breaks down barriers to accessing healthcare, builds the capacity of nonprofit organizations, and improves health equity.

Focused on improving access to comprehensive, high quality health care services for historically underserved populations, the **Access to Care grantmaking** portfolio awarded over \$7 million to local nonprofits in FY24, with emphasis on community clinics, behavioral health organizations, and nonprofits in Los Angeles County's healthcare safety net. \$750,000 was granted through the Black Birth Equity Initiative to the LA Partnership for Early Childhood Investment, supporting the Doula Hub infrastructure which trains and reimburses doulas that support women during childbirth and bolsters public-private systems for connecting people with birth workers. Access to Care grantmaking also included a Homelessness and Housing cross-portfolio approach with a \$1.35 million grant to the Center for Care Innovations, supporting a cohort of street medicine teams, community clinics, and housing providers through piloting interventions that meet the health and housing needs of people experiencing homelessness.

Cedars-Sinai continued its commitment in FY24 to addressing the critical connections between housing and health within its **Homelessness and Housing** grantmaking portfolio. Over \$13 million in grants to local nonprofits supported connections between housing and healthcare systems and preventing and ending homelessness among older adults, youth and young adults in Los Angeles County. Grantmaking included \$750,000 to The People Concern and Homeless Outreach Program Integrated Care System to pilot an innovative housing acquisition strategy—a cost-effective approach to making units quickly available for people experiencing homelessness so they can

move from shelters to long-term housing. Cedars-Sinai also granted \$450,000 to True Colors United to launch a project developed by a group of youth leaders who have experienced homelessness in Los Angeles. This initiative focuses on LGBTQIA+ young people and youth of color to identify opportunities to prevent and respond to youth homelessness, while training young people to advocate for local housing solutions in their neighborhoods.

Cedars-Sinai's FY24 grants in the **Civic Engagement** grantmaking portfolio were funded in coordination with civic partners and local nonprofits, commitment over \$6 million to community wellbeing and resilience. With an emphasis on advancing equity, this year's Civic Engagement grants included targeted support for organizations addressing individual, family, or social factors that protect from exposure to adverse childhood experiences (ACEs) or their effects. ACEs prevention grantees included Homeboy Industries, ONEGeneration, and Westside Infant-Children's Network (WIN-LA). Among our civic partner grantees, first responders were supported through grants that included advanced EMT kits for specially trained law enforcement and behavioral health initiatives for firefighters. Additionally, Cedars-Sinai provided continued support for equitable food access and nutrition security initiatives. Project Angel Food, Meals on Wheels West, and Hollywood Food Coalition were among those who received food access grants, with projects ranging from the creation of a food rescue and redistribution hub to nutritionally tailored meal support.

Cedars-Sinai also launched targeted technical assistance programs available to all grantee partners, which included single-session workshops on development and impact evaluation, and the launch of a cohort program for early career leaders in the nonprofit sector.

Other Community Benefit Services

CSMC provided Community Benefit services in addition to those programs focused on addressing priority health needs.

Health Professions Education

Continuing Medical Education (CME)

Cedars-Sinai's CME program holds Accreditation with Commendation from the Accreditation Council for Continuing Medical Education. Health education was provided to medical professionals to update their skills and maintain current certifications in their specialties. In FY24, 6,897 CME education encounters were provided.

Graduate Medical Education (GME)

Residents and fellows develop personal, clinical and professional competence under the guidance and supervision of Cedars-Sinai faculty. The GME program at Cedars-Sinai has 16 Residency

programs and 72 fellowship programs. There are 213 postdoctoral scholars, 52 PhD students and 50 Masters of Science Students. Eighty-four graduates have received a master's degree in Health Delivery Science, 19 have received a master's degree in Magnetic Resonance in Medicine, and 17,000+ learners have visited the Women's Guild Simulation Center for Advanced Skills.

Medical Student Training

Medical student rotations: 744 University of California Los Angeles (UCLA) students through an academic affiliation with the UCLA David Geffen School of Medicine; students enrolled in elective rotations from institutions participating in the Visiting Student Application Service; and students from international institutions received rotation training.

PhD Biomedical Sciences & Translational Medicine Education Program

The Graduate School in Biomedical Sciences founded in 2007, focuses on transforming laboratory discoveries into therapies, treatments and cures that directly benefit patients. In July 2023, the Western Association of Schools and Colleges reaffirmed accreditation for a period of 7 years as meeting the most rigorous standards of higher learning Mentored by researchers and clinicians, the program's 51 students completed laboratory rotations, observed patient care and engaged in structured workshops and seminars before preparing and defending their research dissertations.

Nursing Education and Student Precepting

Cedars-Sinai Medical Center's Nursing Institute provided 761 clinical experiences undergraduate and graduate nursing students from local nursing school programs.

Other Health Professions Education

- Thirteen (13) dietician and dietetic technician students received training with Cedars-Sinai staff through an internship program, a 10-month post baccalaureate program in which a series of experiences prepare interns for a career in nutrition. Cedars-Sinai's program concentration area is Medical Nutrition Therapy, with a strong focus on leadership and diversity. Students interns qualify for the National Registration Exams.
- The Paramedic Internship Program provided 18 paramedic interns with clinical experience and educational training in the Emergency Department. The clinical training is a requirement for the certified degree program at the UCLA Daniel Freeman Hospital Paramedic Education Program.
- The Pathology Internship program provided clinical experience to 23 Pathology Student Interns, as a prerequisite for their graduation from State certified pathology schools and universities.
- The Physical Medicine and Rehabilitation Internship Program provided full-time clinical internship experiences for Occupational Therapy, Physical Therapy, Speech-Language

Pathology and Psychology students/interns. These internship experiences ranged in length from 6-12 weeks and required the supervision of a licensed therapy professional. 23 student internships occurred in FY24.

- 12 students participated in the Respiratory Care Services Internship Program. In partnership with Los Angeles Valley College, students obtained needed clinical experience to obtain a license to practice as a Respiratory Care Practitioner.
- An internship program designed provided 14 student interns with their required field work hours to obtain their Master of Social Work (MSW) degrees.
- The Clinical Pastoral Education (CPE) Program is an interfaith, professional education for religious leaders and theological students in a clinical setting. The CPE program provided 17,322 hours of professional training (for 48 Spiritual Care Service providers), which is required for CPE Certification. The program included didactic seminars, educational activities, educational guidance, clinical practice, and development of skills in interpersonal and inter-professional relationships.
- Additionally, Cedars-Sinai's Community Benefit programs serve as training sites for mental health professionals, community health educators and social workers. In FY24 6 students receive precepted and formalized education offerings that counted toward their respective degree programs. These trainees become especially skilled in working in historically and economically marginalized communities.

Research

Research is the study or investigation to generate generalizable knowledge made available to the public. Research includes the communication of findings and observations, including publication in a journal. Internally funded research and research funded by tax-exempt or government entities are eligible for reporting.

Cedars-Sinai is one of the leading institutes for competitive research funding from the National Institutes of Health and currently has more than 2,100 research projects, many led by physician-scientists.

Cedars-Sinai has one of the largest state-of-the-art clinical research trial facilities of any private hospital in the nation. More than 638 clinical trials, covering the entire spectrum of disease investigation, are underway to advance patient care and improve patient outcomes.

Cash and In-Kind Donations

Funds and in-kind services donated to community groups and nonprofit organizations.

- Strategic grantmaking, as outlined in this report: Over \$28 million to support over 200 community-based organizations.
- Teen Line, a program of Didi Hirsch Mental Health Services, was housed on Cedars-Sinai's premises through an in-kind donation of office and training spaces. Teen Line provided 14,523 unique persons served (calls, texts and emails) for crisis intervention and prevention, peer counseling and referrals for adolescents, ages 12 to 19.
- Provided meeting space for ongoing weekly, bi-weekly and monthly community support groups at hospital site including 12 -step groups, recovery programs for codependency and gambling and more.

Community Benefit Operations

Direct and indirect costs associated with assigned staff, community health needs assessments, Community Benefit planning, tracking, reporting, evaluating and operations.

Reported costs included management and staff salaries, benefits and expenses, administrative support and consultants in support of Community Benefit. Community Benefit Operations also includes the monitoring, evaluating and learning functions which support strategic use of Community Benefit program data to maximize commitment and impact.

Community Building Activities

Activities that support community assets by offering the expertise and resources of the hospital organization. These activities may address the root causes of health problems or the determinants of health, such as education, homelessness, poverty and the environment.

Community Support

- Disaster readiness: Support and leadership for planning and preparing for a disaster for the community at-large.
- Community celebration honoring the life and legacy of the late Rev. Dr. Martin Luther King, Jr.: The celebration occurs at Cedars-Sinai. Invitees include employees, public officials, and invited members of the larger Los Angeles community. The program is also live-streamed for virtual viewing, with the program link posted on the Cedars-Sinai Diversity & Inclusion web page.
- Yom Ha'Shoah observance: Candle-lighting ceremony in remembrance of the genocide of 6 million European Jews during the Holocaust. The ceremony at Cedars-Sinai included a guest

speaker on the Holocaust and genocide, with a focus on educating participants – employees and community - about the history of the Holocaust, genocide and the struggle to achieve global justice and tolerance.

Workforce Development

- **Black Men in White Coats**
Cedars-Sinai partnered with Black Men in White Coats for the second annual Youth Summit, hosting over 500 students, parents, educators, healthcare professionals and community leaders from across Southern California. The event at the Los Angeles Convention Center was an opportunity for students of color to learn about careers in healthcare. Attendees heard from keynote speaker Dale Okorodudu, MD, who founded Black Men in White Coats in 2013 to encourage students from diverse backgrounds to pursue careers in medicine. Throughout the day, students visited interactive stations run by Cedars-Sinai faculty, trainees, and healthcare providers to learn about various aspects of clinical care, including respiratory therapy, laparoscopic surgery, sports medicine, artificial intelligence technology, imaging, and emergency care.
- **Pre-Health Care Student Volunteer Program**
Community health education classes, seminars, conferences and events were provided for 232 students who are planning to attend medical school. Priority was given to students from educationally or economically under-resourced communities.
- **Transforming Care at the Bedside (TCAB)**
TCAB is a workforce development volunteer program focused on exposing individuals interested in pursuing healthcare careers such as nursing, medicine, physical therapy and more. Volunteers gain real-world exposure to clinical and research-based careers. TCAB volunteers serve for a minimum of 100 hours, or about six months. In FY24 Cedars-Sinai hosted 1,270 volunteers in the TCAB program.
- **Women’s Guild Simulation Center**
Community education liaison program conducted in partnership with the local LAUSD, Secondary and Middle Schools, gave tours and demonstrations of the Women's Guild Simulation Center to students. The program focused on workforce development to expose 719 students to current medical technology and research as a professional option for their career development.
- **Next Generation Healthcare Pathways (NextGen)**

NextGen is committed to transforming the future of healthcare by nurturing young talent and fostering a diverse pipeline of future leaders with the following NextGen initiatives:

- » The Youth Employment and Development (YED) Program is a prestigious two-year partnership with the Los Angeles Unified School District. Participants earn five credits each semester toward graduation while gaining work experience of up to 10 hours per week. Each year 40+ students are immersed in real-world applications of their classroom learning, working across various departments at Cedars-Sinai, combining hands-on worksite learning with school-based education at Fairfax High School, complemented by employee mentoring to ensure comprehensive support.
- » The EMERGE (Educational Mentorship for Empowering Resilient Growth & Excellence in Healthcare) program, is a four-year program exclusively for YED alumni. EMERGE empowers participants to work part-time during college, helping them fund their education while acquiring the essential experience needed for future employment.
- » Additionally, the DISCOVER program (Dynamic Involvement for Students Cultivating Opportunities and Vision in Healthcare Education & Research) offers a transformative 10-week summer experience. In collaboration with Unite LA and the Los Angeles Mayor's office, DISCOVER enables 25 college students to explore healthcare career pathways through paid summer jobs, setting them on a trajectory for success.
- » For those who complete DISCOVER, the journey continues with ELEVATE (Empowering Learning & Vocational Advancement Through Excellence), a one-year extension that provides year-round employment opportunities at Cedars-Sinai, focusing on allied health careers. The ultimate goal is to help these dedicated students secure full-time positions in the healthcare field.

Beyond these impactful programs, NextGen also hosts Career Days, reaching over 500 middle and high school students annually. These events provide essential information and insights into healthcare careers, furthering our mission to empower the next generation. At Cedars-Sinai, NextGen initiatives are not just about education; they are about creating pathways to success for historically underrepresented and disadvantaged youth. Together, we are building a brighter, more inclusive future for healthcare in the Los Angeles region and beyond.

Community Benefit Inventory

Community Benefit Categories	Encounters	
Community Health Improvement Services <i>Programs/activities that improve community health</i>	Number of encounters	86,085
Health Professions Education <i>Educational programs for physicians, nurses and other health professionals</i>	Number of students/interns	9,270
Cash and In-Kind Contributions <i>In-kind services donated to benefit the community. This excludes programs and encounters from \$20M+ of grantmaking.</i>	Number of encounters	41,937
Community Building <i>Programs/activities that help build the capacity of the community to address “upstream” factors and social determinants that impact health and safety</i>	Number of encounters	3,045*
Total Encounters		140,337

In addition to Cedars-Sinai’s commitment to community through all aspects of Community Benefit, as defined by the Community Benefit categories above, the health system strategically invests capital, creating positive social investment and economic empowerment in communities with economic disparities. In FY24, upwards of \$50 million was directed to social impact investments, including but not limited to, CDFI investments that build capacity for economic growth in marginalized communities and developers focused on affordable and permanent supportive housing, seeking solutions for Los Angeles County’s housing crisis.

Financial Summary of Community Benefit

Cedars-Sinai Medical Center provides financial assistance and Community Benefit services, programs and activities that serve vulnerable individuals and families, the elderly and children. The costs of providing these services are not fully reimbursed. The costs are calculated using a cost to charge ratio for any unreimbursed services. Also included are activities that improve the community’s health status with a focus on health promotion and education, capacity building and meeting unmet health and health related social needs. Costs for these activities include direct costs and allocated overhead costs, offset by any donations and grants received.

CSMC Community Benefit Financial Commitment, July 1, 2023 – June 30, 2024

Community Benefit Financial Categories	Net Benefit FY24
Unreimbursed Cost of Direct Medical Care for the Poor and Underserved (Excludes the unreimbursed cost of caring for Medicare patients)	\$206,876,000
<ul style="list-style-type: none"> • Charity care and uncompensated care for the uninsured: \$ 65,169,000 • Unreimbursed cost: caring for Medi-Cal patients: \$141,707,000 	
Unreimbursed Cost of Specialty Government Programs	\$5,900,000
Research Programs: Research Costs, less support from others (including grants and donors)	\$136,671,000
Community Benefit Programs, including Community Health Improvement Services, Charitable Donations and Education and Training for Physicians and Other Health Professionals	\$170,989,000
Total Community Benefit Excluding Unpaid Cost of Direct Medical Care for Medicare Patients	\$520,436,000
Unreimbursed Cost of Direct Medical Care for Medicare Patients	\$555,662,000
Total Community Benefit	\$1,076,098,000

Community Benefit Plan FY25

Cedars-Sinai's Community Health Needs Assessment (CHNA) 2022-2025 is the primary tool used by the hospital to determine its Community Benefit Plan, which outlines how it will give back to the community in the form of health care and other community services to address unmet community health needs. The CHNA directs a continuation of attention to the prioritized health focus areas.

Significant Needs the Hospital Intends to Address

Cedars-Sinai intends to address the following health focus areas that were identified in the 2022-2025 CHNA and detailed in the 2022-2025 Implementation Strategy:

Access to Health Care and Community Services

Community Benefit efforts focus on increasing and supporting access to essential health care and community services for communities and groups that have been historically underserved through direct programs and partnerships with local community-based organizations. Access to Care efforts are grounded in the knowledge that social determinants of health and health equity impact health outcomes. Access to Care partnerships and strategies address the following priority health needs:

- Primary Care
- Mental Health

Chronic Disease and Prevention

Community Benefit efforts focus on preventing chronic health conditions and their underlying risk factors, and on preventive immunization efforts. With cross-functional planning to address social determinants of health and health equity, Cedars-Sinai implements programs and supports partnerships focused on prevention, screenings, community outreach and education.

- Cancer
- Cardiovascular Disease
- Diabetes
- Overweight/Obesity
- Immunizations

People Experiencing Homelessness

Community Benefit efforts focus on connecting people experiencing homelessness to community-based programs and services as well as building strategies to improve health and housing stability.

Health Focus Area: Access to Health Care and Community Services (Primary Care and Mental Health Care)

Goal -

Increase access to health care and the capacity of health care partners and improve the health of individuals in our community – particularly in Cedars-Sinai’s Community Benefit Service Area – who have been historically underserved.

Programs and Strategies -

Cedars-Sinai Community Resource (CSCR)

CSMC social workers and staff use CSCR, an electronic community resource referral platform powered by FindHelp to navigate patients to needed community services. Staff are trained to appropriately optimize this resource. CSCR is available to patients and community members through a public-facing website, providing information on how to connect to needed resources. Cedars-Sinai knows that thousands of community searches have been logged on CSCR in the past year, showing how important this resource is to navigate and access services.

COACH for Kids

The Cedars-Sinai COACH (Community Outreach Assistance for Children’s Health) for Kids mobile medical clinic is dedicated to meeting the immediate medical, behavioral health and community needs of pediatric patient populations that are historically underserved. COACH for Kids provides free transitional medical care and social support services, while connecting patients and their families to integrated quality health care and other community resources. Services are provided in the community Monday through Thursday, and periodically on weekends. Service sites include schools, places of worship, public housing developments, WIC (Women, Infants and Children) centers, Head Start centers and other community agencies. Service areas include Central and South Los Angeles and Crenshaw.

Training and Direct Medical Care: Federally Qualified Health Centers (FQHCs)

Cedars-Sinai’s physicians partner with and provide access to primary care in FQHCs and FQHC Look-A-Likes located in Los Angeles. These partnerships increase FQHCs’ abilities to provide health care to community members while giving medical residents training in, and exposure to, the role of a primary care provider in providing health care services to populations historically, socially and economically marginalized and underserved.

Cedars-Sinai's Primary Adult Care Clinic (PAC)

Cedars-Sinai's ACC provides primary and specialty care services to uninsured and underinsured residents who live within a five-mile radius of the medical center. The clinic services include screening, preventive health measures, management of diabetes and cardiovascular disease, as well as other specialty services available within the clinic. This includes special pilot programs to expand services unavailable to partner FQHCs such as Saban Community Clinic. Medical residents and fellows are supervised by attending physicians who are members of CSMC medical staff.

Cedars-Sinai Case Management and Social Work

Cedars-Sinai provides patients with socioeconomic needs with resources to facilitate access to primary care, to outpatient care and to services that address the social determinants of health.

Financial Assistance

Cedars-Sinai will provide financial assistance through free and discounted care for health care services, consistent with the hospital's financial assistance policy.

Share & Care

The Share & Care program offers programs and trainings for children, teachers, parents and school principals, facilitated by licensed mental health practitioners, that enhance at-risk children's ability to learn in the classroom, change destructive behaviors and envision a brighter future. Share & Care counselors facilitate 10-week group art-therapy programs that provide a therapeutic environment to improve students' abilities to cope with trauma, loss and grief, self-esteem, bullying, socialization, anger management, divorce, shyness, incarcerated parent and substance abuse.

Community Connect Program

- CCP will be expanding the Community Health Worker care model by adding additional staff members to support more vulnerable patients.
- CCP will continue to refine and standardize enterprise wide SDOH screening practices to ensure patient's social care needs are appropriately identified and addressed.

Psychiatric Patient Support

For patients who need additional care outside of the medical center, Cedars-Sinai provides access through ongoing partnerships for psychiatric and behavioral health services.

Teen Line

Teen Line, a program of Didi Hirsch Mental Health Services, was housed on premises through an in-kind donation from Cedars-Sinai of office and training spaces. The Teen Line hotline, answered by intensively trained high school students, provides crisis intervention and suicide prevention, peer counseling and referrals for adolescents ages 12 to 19. Didi Hirsch Mental Health Services expertly answers all incoming hotline crisis calls and texts during off hours.

Team HEAL

Team HEAL will continue to provide a full array of services and cutting-edge support to high school athletes focused on injury prevention. Additionally, Team HEAL is expanding its reach to three new high schools across Los Angeles County, impacting the lives of more than 500 student-athletes. The expansion schools—each with a median of 90% of the student body qualifying for free or reduced-price lunches—exemplify Team HEAL's commitment to fostering growth in communities facing socioeconomic challenges.

Grantmaking

- **Civic Engagement**

Cedars-Sinai's Civic Engagement grants address unmet needs that impact health and well-being through strategic coordination with local community organizations and municipalities. Funding addresses social determinants of health and health equity. Through the Civic Engagement portfolio, Cedars-Sinai aims to bolster the area nonprofit ecosystem through pilot technical assistance programs focused on staff and volunteer capacity expansion. Civic Engagement grants will continue to align with institutional priorities and public issues of concern, including creative solutions to improve community health and safety, violence and trauma prevention, community linkages to health and social services, nutrition insecurity, and equity for historically overlooked or disadvantaged Angelenos.

- **Community Clinic Initiative**

Cedars-Sinai recognizes the critical role of partnerships in promoting access to health care for populations that are underserved and lack access to culturally safe services. CSMC is building multi-dimensional partnerships that include significant investments to strengthen the safety net clinic network across Los Angeles, as well as individual capacity-building grants to clinics. Cedars-Sinai funds capacity-building programs that focus on issues such as quality, leadership, and financial sustainability. Cedars-Sinai reaches most clinics in the Community Benefit Service Area. Grants support Los Angeles County community clinics in addressing the social determinants of health of patients and communities.

- **Community Mental Health Grants/Behavioral Health Initiative**

Cedars-Sinai provides grants to increase access to behavioral health services. Grantmaking addresses the mental health needs of populations historically marginalized and underserved. Grants support the provision of direct services to community members facing significant economic barriers as well as comorbidities. The Behavioral Health Initiative increases access to high-quality behavioral health services through support for capacity-building programs and direct service continuity grants. The Behavioral Health Initiative aims to promote effective linkages to care and focuses on increasing access to needed services, with an emphasis on primary care integration and supportive patient navigation.

Health Focus Area: Chronic Disease and Prevention

Goals -

- Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education.
- Reduce the impact of immunization-preventable diseases.

Programs and Strategies -

Support Groups

Cedars-Sinai provides comprehensive support groups that focus on assisting persons with cancer and their family and caregivers.

Cancer Research Center for Health Equity/Community Outreach and Engagement (CRCHE)

The CRCHE aims to increase cancer awareness, screening and capacity of communities to address disparities. The program's focus is on communities historically marginalized and underserved, in particular: Hispanics, Asians (Filipinos and Koreans), African Americans, Immigrants, and LGBTQ+. Programs include: 7 Steps to Reduce Cancer Risk, a comprehensive education program geared toward low-literacy populations; training programs for community health workers including tools and resources to link individuals to free and low-cost cancer screenings; as well as capacity building, training and pilot funding for community organizations that serve communities at the highest risk for cancer and delayed diagnosis.

Community Health Improvement: Screenings, Health Fairs and Education

Cedars-Sinai provides free public screening exams and health education, including point-of-care testing for diabetes and cardiovascular disease at diverse community venues. Health programs and screenings are conducted in collaboration with nursing, medical staff and various members of the clinical care team. Examples of partnerships for screenings and health programs include:

- Partner with local municipalities to provide blood glucose, cholesterol, and blood pressure screenings in partnership with community organizations.
- Partner with senior centers to provide risk assessment, health screening and preventive health education. In addition, evidence-based and evidence-informed programs are designed to allow older adults to maintain independent living and manage diabetes and cardiovascular disease.
- Partner with faith-based organizations, such as churches and synagogues, to provide screening and referral programs for cholesterol, diabetes, hypertension and stroke prevention and control.
- Partner with community sites to provide free community lectures and health information to older adults. Health education lectures are provided by Cedars-Sinai nurses, physicians and other health professionals and cover a wide range of topics identified by the community.

Flu and COVID-19 Vaccines

Community Health Improvement (CHI) provides free immunization programs for children, families and older adults. Influenza, pneumococcal and COVID-19 vaccines are offered free to the public.

Cedars-Sinai Forever Fit

Community Health Improvement (CHI) provides evidence-based exercise programs for seniors at various fitness levels. We will be implementing the EnhanceFitness, Bingocize and Arthritis Foundation Exercise Program for participants to help decrease isolation, decrease fall prevention, improve strength and educate participants to show how fitness increases overall health.

Healthy Habits

Cedars-Sinai's Healthy Habits program provides education and technical assistance to support healthy eating and physical activity among school-aged children and their families in Mid-City Los Angeles. Working with communities that are historically underserved, Cedars-Sinai health educators will provide children and their families with the knowledge and skills needed to adopt healthy lifestyles. Healthy Habits includes Healthy Habits for Kids, Healthy Habits for Families, Exercise in the Park, teacher trainings, connections to CalFresh resources, and ongoing capacity building and technical assistance to community partners throughout Mid-City Los Angeles.

Health Focus Area: People Experiencing Homelessness and Housing

Goals -

- Improve health care delivery to people experiencing homelessness.
- Connect people experiencing homelessness with needed resources.

Programs and Strategies -

Recuperative Care

Cedars-Sinai supports patients who require additional assistance post-discharge but are experiencing homelessness and lack a place to recover. Cedars-Sinai discharges them to facilities designed to help care for patients and to connect them into programs, so they can receive government benefits and be eligible for longer-term housing solutions.

Patient Navigation

Cedars-Sinai provides focused patient navigation for people experiencing homelessness who enter the medical center through the Emergency Department. Two full-time community resource coordinators work to support our neighbors in the most vulnerable circumstances. Additionally, all patients experiencing homelessness will continue to be guided toward shelter, food and clothing through our social work and case management services. To support patients, Cedars-Sinai will pilot a direct referral program to emergency shelter for especially needy patients.

Healthcare in Action

Cedars-Sinai contracts with Healthcare in Action to extend health care services beyond the walls of the medical center through an innovative street medicine approach focused on providing extra care and support to patients experiencing homelessness.

Reserved Shelter Beds

Cedars-Sinai contracts with The People Concern, a comprehensive homeless services and health care organization, to provide two reserved shelter beds, accompanied by wrap-around case management services for people experiencing homelessness who are patients in the Cedars-Sinai Emergency Department. The goal of this engagement is to connect people experiencing homelessness with long-term permanent supportive housing.

Grantmaking: Housing and People Experiencing Homelessness

This initiative identifies and supports local community-based organizations serving people experiencing homelessness and invests in building their capacity to better support and address the systemic causes of homelessness. Cedars-Sinai's grantmaking complements the work of the

medical center's Community Connect Program, which supports individual and community health through assessment and interventions that address the social determinants of health needs of people who are underserved. Cedars-Sinai will continue to expand grantmaking efforts focused on young adults experiencing homelessness; maintain investments in strengthening homeless services and supports for older adults experiencing housing insecurity; and evolve a historic focus on economic stability into a more targeted healthcare careers workforce development strategy.

Needs the Hospital Will Not Address

There were significant health needs identified in the CHNA that did not meet the criteria for developing and implementing a health focus area and, as a result, are not addressed in this Implementation Strategy. This is not intended to minimize the importance of those health needs; it is a reality of having a strategic focus on effectiveness to improve community health, utilizing the relevant expertise and allocating resources of CSMC in a thoughtful manner, in light of its charitable mission as a hospital.

The health needs identified in the CHNA that are not included in the health focus areas for this Implementation Strategy are: community safety, dental care, economic insecurity, environmental conditions, food insecurity, sexually transmitted infections, substance use and transportation. Additionally, the hospital does not intend to directly emphasize COVID-19 interventions in the Implementation Strategy but will continue to deliver acute medical care to address COVID-19. CSMC will continue to look for opportunities to address community needs where we can make a meaningful contribution.

Evaluation of Impact

The health focus areas identified above were determined through data collection, analysis and a prioritization process that incorporated community input. Due to the quantity and scope of the community's health needs identified, it is necessary to identify focus areas and to ensure the Community Benefit initiatives are effective in improving the health of populations that are underserved and historically marginalized. In support of our mission to improve the health of the community, CSMC has committed to ongoing program evaluation to ensure maximum impact of our Community Benefit strategies. CSMC will incorporate evaluation results into program strategy, planning and implementation.

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