Annual Community Benefit Plan
Cedars-Sinai Medical Center
Fiscal Year 2022 (July 1, 2021 – June 30, 2022)

Submitted to:
Department of Health Care Access and Information
Accounting and Reporting Systems Section
Sacramento, California
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About Cedars-Sinai Medical Center

Cedars-Sinai is a nonprofit, academic health care organization with 889 licensed beds serving the diverse Los Angeles community and beyond. With pioneering medical research achievements, education programs defining the future of health care, and wide-ranging Community Benefit activities, Cedars-Sinai is setting new standards for quality and innovation in patient care.

Cedars-Sinai serves more than 1 million people each year, with more than 3,200 physicians on medical staff, 4,700 nurses, and nearly 17,000 Full Time Employees. In FY22, the hospital had 445,498 admissions, 88,260 emergency visits, 955,200 outpatient visits, and more than 6,000 babies born.

Cedars-Sinai is an integrated health care delivery system with clinical programs that range from primary care for preventing, diagnosing, and treating common conditions to specialized treatments for rare, complex and advanced illnesses. The system includes Cedars-Sinai Medical Center, Cedars-Sinai Marina del Rey Hospital, a network of physicians and ambulatory services at more than 250 locations throughout Southern California, and affiliates Torrance Memorial Medical Center, Huntington Hospital and Providence Cedars-Sinai Tarzana Medical Center.

Mission

Cedars-Sinai is committed to improving the health status of the communities we serve through:

- Leadership and excellence in delivering quality health care services
- Expanding the horizons of medical knowledge through biomedical research
- Educating and training physicians and other healthcare professionals
- Striving to improve the health status of the community

Quality patient care is our priority. Providing excellent clinical and service quality, offering compassionate care, and supporting research and medical education are essential to our mission. This mission is founded in the ethical and cultural precepts of the Judaic tradition, which inspire devotion to the art and science of healing and to the care we give our patients and staff.

Cedars-Sinai initiates, coordinates, implements, develops, sponsors, and supports thousands of activities that help improve health for community residents. Cedars-Sinai works closely with schools, local government, senior centers, health and human service programs, and other agencies to better understand community needs, and to expand the capacity of local organizations to serve the most vulnerable. These joint efforts maximize long-term health impacts on Angelenos.

Awards

The measure of our success is reflected in patient satisfaction scores, increasing clinical performance initiatives, excellent medical outcomes, ongoing research and academic programs,
and national designations and awards. The highlights of these rankings include:

- Cedars-Sinai Medical Center is ranked as the #1 hospital in California and #2 hospital in the nation on *U.S. News & World Report* Best Hospitals Honor Roll.
  - Ranked #2 in Gastroenterology & GI Surgery
  - Ranked #3 in Cardiology & Heart Surgery
  - Ranked #3 in Ear, Nose & Throat
  - Ranked #3 in Orthopedics
  - Ranked #3 in Pulmonology & Lung Surgery
  - Ranked #3 in Urology
  - Ranked #7 in Neurology & Neurosurgery
  - Ranked #10 in Geriatrics
  - Ranked #11 in Cancer
  - Ranked #12 in Diabetes & Endocrinology
  - Ranked #15 in Obstetrics & Gynecology

- For the 20th year in a row, Cedars-Sinai won NRC Health’s Consumer Choice Award for providing the highest-quality medical care in the Los Angeles region based on a survey of area households.

- In June 2022, Cedars-Sinai earned a five-star hospital rating from the Centers for Medicare and Medicaid Services—the highest distinction offered by the federal agency. It was the fifth year in a row the medical center earned a five-star rating. The ratings are based on 46 quality measurements that fall into five categories: mortality, safety, readmissions after treatment of common conditions, patient experience, and timely and effective care. Of the 3,121 U.S. hospitals rated, only about 14% earned five stars.

- Cedars-Sinai was awarded Healthgrade’s America’s 50 Best Hospitals. Cedars-Sinai has been among the top 1% in the nation for consistent clinical quality. This last year, Cedars-Sinai also received 9 Clinical Quality Awards for performing in the top 5% nationally for overall clinical excellence.

- Cedars-Sinai received five consecutive Magnet® designation for nursing excellence from the American Nurses Credentialing Center (ANCC), making it the hospital with the longest-running Magnet designation in California.

- BlackDoctor.org, an online health information resource for African American consumers, has named Cedars-Sinai to its 2021-2022 Top Hospitals for Diversity List. Cedars-Sinai was cited for its commitment in promoting equity and inclusion in its operations, programs, services and staffing. The honor recognizes Cedars-Sinai's ongoing commitment to build and sustain excellence in its diverse academic and medical community.

- Cedars-Sinai achieved a score of 100 on the Human Rights Campaign Foundation’s annual Health Care Equality Index. The top score means Cedars-Sinai has earned the designation as a leader in LGBTQ+ Health Care Equality. The Health Care Equality Index is an annual survey that evaluates medical centers’ policies and practices on the equitable and inclusive care of lesbian, gay, bisexual, transgender and queer patients and their families.
Governance
The Cedars-Sinai Board of Directors guides the direction of community benefit, with assistance from the Community Benefit Committee (CBC).

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Emmeline Widjaja
Clement Yang, MD

Community Benefit Committee
The Community Benefit Committee (CBC) is an advisory committee for the hospital’s Community Benefit programs. The CBC reviews and validates legal and regulatory compliance specific to community benefit mandates; assures community benefit programs and services are effectively meeting identified community health needs, with emphasis on populations with unmet health needs, and increases transparency and awareness of Community Benefit activities.

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Caring for the Community
This report demonstrates tangible ways in which Cedars-Sinai is fulfilling its mission. Cedars-Sinai partners with schools, clinics, and community centers to elevate the health of the community, including those experiencing homelessness. Cedars-Sinai addresses health disparities by providing millions of dollars in critically needed grants to safety-net health care services and nonprofits that empower and strengthen communities. Grantmaking addresses health needs by focusing on access to care, social determinants of health and civic engagement. Outreach initiatives are as diverse as the communities we serve. Additionally, Cedars-Sinai provides care to to individuals and families that lack access to comprehensive health insurance.

Community Benefit Service Area
Cedars-Sinai is located at 8700 Beverly Boulevard, Los Angeles, California 90048. The hospital’s Community Benefit Service Area encompasses large portions of Service Planning Areas (SPAs) 4 (Metro), 5 (West) and 6 (South), and a smaller portion of SPA 8 (South Bay) in Los Angeles County. The Community Benefit Service Area includes 52 ZIP Codes, representing 25 cities and neighborhoods. To determine the Community Benefit Service Area, Cedars-Sinai takes into account the ZIP Codes of patients discharged from the hospital; the current understanding of community need based on the most recent Community Health Needs Assessment; and long-standing community programs and partnerships.

Cedars-Sinai Medical Center Community Benefit Service Area

<table>
<thead>
<tr>
<th>Geographic Areas</th>
<th>ZIP Code</th>
<th>SPA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baldwin Hills</td>
<td>90008</td>
<td>SPA 6</td>
</tr>
<tr>
<td>Beverly Hills</td>
<td>90210, 90211, 90212</td>
<td>SPA 5</td>
</tr>
<tr>
<td>Central LA</td>
<td>90013, 90014, 90015, 90017</td>
<td>SPA 4</td>
</tr>
<tr>
<td>Century City</td>
<td>90067</td>
<td>SPA 5</td>
</tr>
<tr>
<td>Crenshaw</td>
<td>90016, 90018</td>
<td>SPA 6</td>
</tr>
<tr>
<td>Culver City</td>
<td>90230, 90232</td>
<td>SPA 5</td>
</tr>
<tr>
<td>Downtown LA</td>
<td>90010, 90021, 90071, 90079</td>
<td>SPA 4</td>
</tr>
<tr>
<td>Fairfax/Mid-City</td>
<td>90019, 90036</td>
<td>SPA 4</td>
</tr>
<tr>
<td>Hollywood</td>
<td>90028, 90038</td>
<td>SPA 4</td>
</tr>
<tr>
<td>Hyde Park</td>
<td>90043</td>
<td>SPA 6</td>
</tr>
<tr>
<td>Inglewood</td>
<td>90301, 90302, 90303, 90305</td>
<td>SPA 8</td>
</tr>
<tr>
<td>LA/Coliseum &amp; MLK Blvd.</td>
<td>90011</td>
<td>SPA 6</td>
</tr>
<tr>
<td>LA/MLK &amp; Hobart</td>
<td>90062</td>
<td>SPA 6</td>
</tr>
<tr>
<td>Ladera Heights</td>
<td>90056</td>
<td>SPA 5</td>
</tr>
<tr>
<td>Lennox</td>
<td>90304</td>
<td>SPA 8</td>
</tr>
<tr>
<td>South LA</td>
<td>90001, 90002, 90003, 90044, 90047, 90059</td>
<td>SPA 6</td>
</tr>
<tr>
<td>University</td>
<td>90037, 90089</td>
<td>SPA 6</td>
</tr>
<tr>
<td>USC</td>
<td>90007</td>
<td>SPA 6</td>
</tr>
</tbody>
</table>
### Geographic Areas

<table>
<thead>
<tr>
<th>Geographic Areas</th>
<th>ZIP Code</th>
<th>SPA</th>
</tr>
</thead>
<tbody>
<tr>
<td>West Hollywood</td>
<td>90046, 90048, 90069</td>
<td>SPA 4</td>
</tr>
<tr>
<td>West LA/Palms</td>
<td>90034</td>
<td>SPA 5</td>
</tr>
<tr>
<td>West LA/Rancho</td>
<td>90025, 90035, 90064</td>
<td>SPA 5</td>
</tr>
<tr>
<td>Westwood</td>
<td>90024</td>
<td>SPA 5</td>
</tr>
<tr>
<td>Wilshire</td>
<td>90006, 90057</td>
<td>SPA 4</td>
</tr>
<tr>
<td>Wilshire/Koreatown</td>
<td>90004, 90005, 90020</td>
<td>SPA 4 &amp; 6</td>
</tr>
</tbody>
</table>

#### FY22 Community Benefit Sites

**Median Household Income by Zip Code**

- <$30,000
- $30,000-$39,999
- $40,000-$49,999
- $50,000-$59,999
- $60,000-$74,999
- $75,000-$99,999
- $100,000+

**CB Sites**

- Community Grantees
- Comm. Health Improvement
- COACH for Kids
- Healthy Habits
- Share and Care
- Team HEAL
### Community Benefit Service Area Snapshot

<table>
<thead>
<tr>
<th>Population Characteristics</th>
<th>CSMC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Population of the Community Benefit Service Area</td>
<td>1,840,407</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>50.5%</td>
</tr>
<tr>
<td>Male</td>
<td>49.5%</td>
</tr>
<tr>
<td><strong>Race/Ethnicity</strong></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>49.9%</td>
</tr>
<tr>
<td>White</td>
<td>19.5%</td>
</tr>
<tr>
<td>Black/African American</td>
<td>17.6%</td>
</tr>
<tr>
<td>Asian</td>
<td>10.0%</td>
</tr>
<tr>
<td>Other or Multiple Races</td>
<td>2.6%</td>
</tr>
<tr>
<td>American Indian/Alaskan Native</td>
<td>0.2%</td>
</tr>
<tr>
<td>Native Hawaiian/Pacific Islander</td>
<td>0.2%</td>
</tr>
<tr>
<td><strong>Age</strong></td>
<td></td>
</tr>
<tr>
<td>Less than 18 years</td>
<td>21.3%</td>
</tr>
<tr>
<td>18 – 64</td>
<td>67.6%</td>
</tr>
<tr>
<td>65+</td>
<td>11.1%</td>
</tr>
<tr>
<td><strong>Socioeconomic Status</strong></td>
<td></td>
</tr>
<tr>
<td>Residents living below 100% of the federal poverty level (FPL)</td>
<td>22.0%</td>
</tr>
<tr>
<td>Residents living below 200% of the federal poverty level (FPL)</td>
<td>45.7%</td>
</tr>
</tbody>
</table>

Community Health Needs Assessment – 2019-2022

Cedars-Sinai Medical Center completed a Community Health Needs Assessment (CHNA) in 2019 as required by state and federal law. Cedars-Sinai participated in a collaborative process for the CHNA in partnership with Cedars-Sinai Marina del Rey Hospital, Kaiser Permanente West Los Angeles Medical Center, Providence Saint John’s Health Center, and UCLA Health. The CHNA is a primary tool used to determine the Community Benefit Plan, which outlines how Cedars-Sinai will address unmet community health needs through health care services and programs. The CHNA incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the Cedars-Sinai Medical Center Community Benefit Service Area.

The CHNA examined up-to-date data sources to include community demographics, social determinants of health, health care access, birth characteristics, leading causes of death, acute and chronic disease, health behaviors, mental health, substance use and misuse, and preventive practices. When applicable, these data sets were presented in the context of California and compared to Healthy People 2020 objectives.

Cedars-Sinai conducted targeted interviews with individuals who represent the broad interests of the community served by the hospital. Leaders and/or representatives of medically underserved, low-income, and BIPOC populations, local health or other departments or agencies that have current data or other information relevant to the health needs of the community were represented in the sample. Input was obtained from representatives of Los Angeles County Department of Public Health.

The CHNA and Implementation Strategy can be accessed at https://www.cedars-sinai.org/community/community-benefit.html. We welcome feedback on the CHNA and Implementation Strategy. Please send your feedback to: groupcommunitybenefit@cshs.org.
Community Benefit Activities to Address Priority Health Needs
Community benefit promotes health and healing and is focused on addressing the identified health needs in the community. For a program or service to be considered a community benefit, it must improve access to health care, enhance the health of the community, advance medical or healthcare knowledge, or reduce the burden of government or other nonprofit community efforts.

In FY22, Cedars-Sinai Medical Center engaged in activities and programs that addressed the Health Focus Areas prioritized from the identified health needs in the 2019-2022 CHNA. The program highlights reference Cedars-Sinai’s 2019-2022 Implementation Strategy commitments. Cedars-Sinai has committed to Community Benefit efforts that address: 1) Access to Care, 2) Chronic Diseases, and 3) People Experiencing Homelessness. Selected activities and programs that highlight Cedars-Sinai’s commitment to the community are detailed below. For FY21 reporting, responses to COVID-19 needs have been added as an additional Health Focus Area.

Access to Care
Community benefit efforts focus on programs, partnerships and strategies that increase access to primary care, preventive care and access to mental health care services.

Financial Assistance and Health Insurance Enrollment
Cedars-Sinai provides free care to people who earned up to 400% of the federal poverty level ($103,000 for a family of four) and significantly discounted care to those who earned up to 600% of the federal poverty level ($154,500 for a family of four). While more people have access to insurance coverage through the Affordable Care Act and Covered California, many commercial insurance plans carry a high deductible or copay, causing financial hardship for patients. Expanded eligibility criteria for free or discounted care enabled more people to receive financial assistance. In addition, assistance was provided to enroll low-income persons in health insurance programs.

Cedars-Sinai COACH for Kids®
Cedars-Sinai operates a state-of-the-art mobile medical clinic staffed by an expert team of bilingual English/Spanish nurse practitioners, registered nurses, social workers, and other health care professionals from Cedars-Sinai Medical Center. COACH preventive services include well-child and immunization clinics for children, diagnosis, and treatment of minor illnesses for children.

The Cedars-Sinai COACH (Community Outreach Assistance for Children’s Health) mobile medical unit is dedicated to meeting the immediate medical, behavioral health, and community needs of pediatric patient populations in historically marginalized communities, while effectively transitioning patients to the care of a partner Federally Qualified Health Center (FQHC) and other community resources, which can provide care for their entire family.
COACH serves communities in South Los Angeles and Crenshaw/Mid-City. Health care services are provided at WIC Centers, Head-Start Centers, elementary, middle, and community-based agencies, family homeless shelters, and public housing developments.

COACH collaborates with public and private community organizations, including the Los Angeles Unified School District, Children’s Institute Inc., the Housing Authority of the City of Los Angeles (HACLA), South Los Angeles Health Projects WIC, and Public Health Foundation Enterprises WIC. In FY22, accomplishments included:

- Designed, developed, and implemented new program model referred to as Care & Connect to optimize the program’s ability to connect patients and their families to medical, behavioral, vision, and dental homes as well as to appropriate community resources based on assessed social determinants of health needs. This work included:
  - Establishing partnerships with three Federally Qualified Health Centers (FQHCs)
  - Developing an interactive Case Management Patient Referral Tracker to monitor referral status in collaboration with our FQHC partners.
  - Developing operations and program-level performance improvement metrics to measure the impact of connections/referrals to partnered FQHC.
  - Developed and implemented new COACH guidelines for obtaining Cedars-Sinai Release-of-Information to better facilitate referral management
- Implemented a new electronic health record system in alignment with Cedars-Sinai.
- Continued to provide comprehensive nutrition assessments, counseling, and monitoring for overweight and obese children on the COACH.

**COACH, COVID-19 Pandemic Response Activities**

COACH services adapted to address the needs of the communities affected by COVID-19.

- Collaborated with Cedars-Sinai Community Health Improvement to provide COVID-19 vaccines at pop-up clinic sites.
- Approved as a community site to provide COVID-19 vaccines and boosters ages 5 and older; and bundle with current immunizations including flu for children, ages 12 and older, as well as families (adults) of children we serve.
- Provided care abiding by all local COVID-19 protocols.
- Assisted patients with scheduling their second COVID-19 vaccines and referred families to a FQHC for their long-term medical needs as their medical home.
### COACH for Kids Encounters

<table>
<thead>
<tr>
<th>Services/Programs</th>
<th>FY22 Participant Encounters</th>
</tr>
</thead>
<tbody>
<tr>
<td>Immunizations Visits</td>
<td>975</td>
</tr>
<tr>
<td>Well Child Check Visits</td>
<td>184</td>
</tr>
<tr>
<td>Other Clinical Visits (Episodic, IZ, WIC/ Hearing/Vision screenings, Labs, TB QuantiFERON Tests, and PPD Reads)</td>
<td>360</td>
</tr>
<tr>
<td>Patients Referred to Local FQHCs</td>
<td>596</td>
</tr>
<tr>
<td>Family Units Referred to Local FQHCs</td>
<td>249</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>2,364</strong></td>
</tr>
</tbody>
</table>

**Share & Care**

Since 1981, Cedars-Sinai’s school-based mental health programs help victims of trauma, filling crucial needs for prevention, early intervention, crisis intervention, and training. Programs and trainings for children, teachers, parents and school principals are run by licensed mental health practitioners and enhance an at-risk child’s ability to learn in the classroom. Share & Care counselors facilitate 12-week curriculum-based art therapy groups that provide a therapeutic environment to improve students’ ability to concentrate and engage in positive behaviors. Therapy groups focus on trauma, loss and grief, self-esteem, bullying, socialization, anger management, divorce, shyness, students with an incarcerated parent and substance abuse. In FY22, accomplishments included:

**Encounters and Activities**

- Share & Care programs had a total of 12,041 encounters with students, 5,827 encounters with teachers, and 3,204 encounters with parents.
- Full services were provided in person at 24 schools (19 Elementary Schools and 5 Middle Schools) partial services were provided at 6 schools.
- Provided monthly parent education workshops virtually and in person at schools.
- Held 1,683 group sessions and 2,735 individual encounters with students.
- Provided 157 classroom interventions with students.
- Conducted 26 teacher professional development workshops, 13 teacher trainings, and individual teacher encounters.
- Principals’ meetings were held virtually in October, December, and April. One in-person meeting was held in June.
- Created Community Partners meetings for school support staff consisting of PSWs, psychologist, and school counselors. Held three meetings with this group.
- Conducted eight virtual parent meeting between Oct. 2021 through May 2022. Meeting topics were: Creating a Positive School Environment, Gratitude, Compassion and Self-Care

- Conducted a teacher training on Finding Balancing in the Classroom, which contained 11 exercises for teachers to utilize in the classroom.

Collaborations

- Partnered with Healthy Habits in March. They presented Building Healthy Habits for parents and children.
- Partnered with the stroke nursing staff who presented Stroke Prevention in May.

Capacity Building

- Created tools for counselors to utilize during their group sessions: Six ways to Manage Big Feelings. Smell the Roses Blow out the Candle, 5 Finger Breathing and Cooking Breathing mindful cards. C.O.P.E. Card.
- Provided Wellness Tips for principals, teachers, and parents.
- Created an Administrative Associate Training Handbook for Supervisors and updated the Associates Manual.
- Participated in two Community Events: Every Kid Healthy Week and Girl Empowerment Day.

Community Connect Program

Cedars-Sinai recognizes that the conditions in which patients were born, grow, work, live and age impact their health outcomes. Through dedicated staffing, strong community partnerships and innovative technology, the Community Connect Program addresses the health-related social needs of patients to improve their overall wellbeing.

Through assessment and interventions that help people who experience vulnerabilities based on their social determinants of health, Cedars-Sinai connects patients to the resources they need. The program serves patients across all access points of the health system, including the Emergency Department, patients admitted to the medical center and outpatient offices and clinics.

- The assessment tools identify health related social needs such as housing instability, financial strain, transportation needs, food insecurity, social isolation, mental health and substance abuse, depression, independent living, access to care and health literacy.
- Social workers, public health professionals and community health workers supported patients by:
  - Integrating community health workers on the care team
  - Providing services to help patients navigate medical, social and public benefit systems and connect to community-based resources
Helping reduce barriers to accessing services

- Innovative technology and a strong emphasis on partnering with community-based organizations improved patient connections to community resources by:
  - Building the community connect network to increase access to community-based resources for any patient in need
  - Using a shared electronic referral platform called Cedars-Sinai Community Resource (CSCR) to streamline referral pathways to community partners and improve coordination across sectors

In FY22, the web-based public site was accessed more than 8,200 times [https://www.cedars-sinai.org/community/programs/community-connect.html](https://www.cedars-sinai.org/community/programs/community-connect.html).

**Primary Adult Care Services**
Cedars-Sinai’s Primary Adult Care Services clinic provides primary care services to residents who live within the five miles radius of the Medical Center. Medical residents and fellows are supervised by attending physicians who are members of CSMC medical staff. In FY22, there were 4,700 patient encounters at the clinic.

**Training and Direct Medical Care at FQHCs**
Cedars-Sinai physicians partnered with Federally Qualified Health Centers located in Los Angeles. The clinics included Saban Community Clinic, KHEIR Clinic, Venice Family Clinic, AIDS Project Los Angeles, and Los Angeles Christian Health Centers. These partnerships increased the FQHCs’ abilities to provide health care to community members while giving medical residents training in a primary care setting.

**Psychiatric Patient Support**
Cedars-Sinai made psychiatric care available for patients who needed intensive mental health care support by covering the cost of psychiatric and behavioral health services at partnered agencies.

**Collaborative Efforts**
Cedars-Sinai team members participated in collaborative efforts that addressed improving health outcomes and increasing access to care, for example:

- The Cedars-Sinai led Los Angeles County Coordinated Flu Vaccination Collaborative engaged staff from the LA County Department of Public Health and local hospitals. Collaborative members worked together to leverage relationships and partnered to increase capacity, address needs and share resources. The grassroots organizing effort became a model for the California Hospital Association and was shared with statewide partners and stakeholders.
• Cedars-Sinai convened The Los Angeles Social Determinants of Health Convening, a collaborative group of health systems, hospitals, insurance providers and community clinics. The collaborative is committed to sharing best practices in addressing health-related social needs to improve health outcomes of patients and communities. The group meets quarterly with discussions focused on strategies for screening, facilitating connections to care, partnering with community-based providers, and cross-sector collaboration.

• The LA Partnership is a collaboration among local health departments, the Hospital Association of Southern California, the California Community Foundation, and over 20 nonprofit health systems in LA County. The group aims to promote best practices and alignment of CHNAs and Implementation Strategies among hospitals and community partners. Cedars-Sinai was a key participant with representation on the LA Partnership Steering Board.

**Chronic Disease**

Community benefit efforts focus on cancer, cardiovascular disease, diabetes, and overweight and obesity.

**Cancer Research Center for Health Equity (CRCHE)/Community Outreach and Engagement (COE)**

The Cancer Research Center for Health Equity (CRCHE) and Community Outreach and Engagement (COE) Cedars-Sinai’s Cancer was established in 2018 with a defined catchment area and population focus: Los Angeles County Service Planning Areas (SPAs) 1, 2, 4, 5 and 8 with particular focus on underserved populations with cancer disparities including Latinx, Asians (Filipinos and Koreans), African Americans, Immigrants, and LGBTQ+. CRCHE and COE aims to identify communities who experience a disproportionate burden of cancer, increase cancer awareness and screening and build capacity at the community-level to address cancer health disparities and promote participate in research and clinical trials. Implementation of the Health and Faith initiative began in 2018 to reach diverse and underserved communities within the Cedars-Sinai Cancer’s catchment area to address cancer disparities and develop research programs. Partnership initiatives have developed with 22 churches, Federally Qualified Health Centers and community organization, and the Los Angeles County Department of Public Health to address disparities in the targeted communities. Key initiatives include:

- **Health and Faith Initiative** – COE team-led initiative in conjunction with CRCHE to promote cancer screening and research studies targeting Korean, Latinx and Filipino communities in partnership with Community Health Workers and FQHCs.
- **LGBTQ+ Tobacco Cessation Learning Collaborative** – Learning collaborative with CBOs focused on supporting cessation efforts at the intersection of LGBTQ+ and BIPOC
communities (Black/African American, Latinx, South Asian), which includes enrollment in cessation services, and launch and implementation of TheQuitAlliance.

- **Faith in Action** - Navigation model based in churches to increase breast cancer screening in Korean women as a part of the California Breast Cancer Research Program.

- **Tobacco Cessation Curriculum for LGBTQ+ Youth in California** – Culturally tailored tobacco prevention curriculum and Toolkit for California Schools funded by the State of California’s Tobacco-Related Disease Research Program.

In FY22, accomplishments included:

A comprehensive cancer education program, “7 Steps to Reduce Cancer Risk”, adapted for Latinx and Korean communities, was successfully implemented through the Health and Faith Initiative. Experienced Korean speaking and Spanish speaking Community Outreach Coordinators delivered low-literacy cancer information on cancer prevention, early detection, diagnosis through the “7 Steps” workshops. This evidence-based peer led approach, was implemented through outreach, workshops, tailored materials, and screening events in community in community settings.

<table>
<thead>
<tr>
<th>Accomplishments</th>
<th>Persons Served</th>
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</thead>
<tbody>
<tr>
<td>Cancer education workshops, webinars, and outreach events through the Health and Faith Initiative.</td>
<td>1,478 individuals in the Hispanic/Latino community</td>
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<td></td>
<td>1,330 individuals in the Filipino community</td>
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<tr>
<td></td>
<td>728 individuals in the Korean community</td>
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<tr>
<td>Coordinators and trained community health workers screened for breast and colorectal cancer through our Health and Faith and FQHC collaborations.</td>
<td>514 individuals in the Latino and Korean communities</td>
</tr>
<tr>
<td>Provided with information on HPV vaccinations and tobacco use prevention.</td>
<td>880 individuals in the LGBTQ+ community</td>
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<tr>
<td></td>
<td>49 individuals counseled on quitting tobacco</td>
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</tbody>
</table>

**Samuel Oschin Comprehensive Cancer Institute (SOCCI)**

<table>
<thead>
<tr>
<th>Accomplishments</th>
<th>Persons Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer Survivorship Services provided rehabilitation medicine to cancer survivors who were provided with social services, exercise recovery, nutrition services, and referral services.</td>
<td>2,780 cancer survivor program encounters</td>
</tr>
<tr>
<td>How to Address Stress explored mind/body tools to help ease common and persistent stress cycles.</td>
<td>174 education encounters</td>
</tr>
<tr>
<td>Lectures, presentations and cancer screenings, available to the public in the community and at CSMC venues, encouraged underserved</td>
<td>More than 4,400 education and cancer screening encounters</td>
</tr>
</tbody>
</table>
Healthy Habits
Cedars-Sinai’s Healthy Habits programs seek to reduce the risks and impacts of obesity in underserved communities. Children and families learn about healthy eating and physical activity through a wide range of education, capacity building and technical assistance programs run by trained health educators, reaching elementary school students, parents, and families in underserved communities. Healthy Habits programs include an evidence-based and evaluated curriculum for 2nd, 3rd and 4th grades, Healthy Habits for Families, Cooking Healthy Habits, Building Healthy Habits, Healthy Habits for Teachers, Step & Sweat walking clubs, Exercise in the Park, Grocery Store Tour, summer programs and school-wide events. Healthy Habits partners with 23 elementary and middle schools in the Mid-City neighborhood of Los Angeles and surrounding communities. In FY22, accomplishments included:

Encounters and Activities
- Taught 1,232 individual lessons/workshops for a total 22,281 participant encounters, including 3,304 elementary students.
- Healthy Habits Adult program reached 474 parent individuals totaling 2,259 encounters from schools through virtual Healthy Habits parent workshops.
- Continued the fourth consecutive year of graduate-level internship for public health (MPH) students. Two MPH students interned with Healthy Habits for over 2000 hours.
- Elementary health education and physical activity programs returned to in-person instruction and provided evidence base Healthy Habits curriculum to 21 partner sites.
- The popular summer community exercise program continued virtually offering 42 sessions, reaching 45 adult and 24 minor participants three times a week, resulting in over 970 encounters. In June 2022, Exercise in the Park transitioned back to in-person, four times a week and continued offering virtual exercise twice a week for the community of Koreatown and others that could not join in-person sessions. Group led exercises by the Healthy Habits team members included Zumba, kickboxing, yoga, and low impact aerobics.

Collaborations
- Partnered with Coro Southern California and hosted two fellows for over 600 hours.
- Partnered with Cedars-Sinai’s Share & Care program to provide health education, physical activity, and wellness resources by conducting two series of five nutrition workshops and providing nutrition handouts for Share & Care participants.
- Participated in events with community partners and partner schools: Korean Youth Community Center, Queen Anne Recreation Center, and Holiday Drive at Immanuel Presbyterian Church.
Capacity Building

- Established and implemented new adult virtual workshops. Topics included CalFresh eligibility education, disease prevention, and government/community resources.
- Developed new web-based videos for participants to access healthy recipes and physical activities through YouTube.

Healthy Habits Measurable Impacts

After participating in Healthy Habits programs:
- 82% of second grade students were active for at least 30 minutes every day
- 88% of second grade students ate at least one serving of fruit every day
- 81% of second grade students ate at least one serving of vegetable every day
- 87% of elementary families participated in physical activities together as a family
- 61% of second grade students made a Healthy Habits snack at home

Community Health Improvement

Community Health Improvement (CHI) serves the most disadvantaged residents of Los Angeles, particularly older adults. In FY22, Community Health Improvement continued to be impacted by COVID-19 and we focused on influenza (flu) and COVID-19 immunizations. We provided seven learning table and educational series on topics including breast cancer, men’s sexual health, women’s sexual health, and stroke awareness. In FY22, accomplishments included:
- Provided the seasonal flu vaccine to 512 individuals.
- Provided COVID-19 vaccinations to 2,105 individuals.
- Convened the Cedars-Sinai Community Health Advisory Council, comprised of stakeholders across the health system.
- Continued leading a coordinated effort among Los Angeles hospitals for flu outreach.

Support Groups

- The Diabetes Support Group meets monthly and provides nutrition and dietary counseling. In FY22, 25 persons participated in the Diabetes Support Group.
- The Minimally Invasive Weight Loss Surgery Center held a monthly support group that provided classes, seminars and support for 479 persons recovering from minimally invasive and weight loss surgery.
- Yes I Can Stroke Support Group provided education and support to 31 stroke survivors, their families and caregivers.
• Big Voices Group provided support to 10 persons to help with adopting correct techniques and habits related to proper voice use and control.

• Rehabilitation Support Groups reached 120 persons in FY22.
  o The Aphasia Support Group supported persons who experienced a stroke, which caused deficits in speaking, understanding language, reading and writing.
  o The Arms Reach Support Group provided strategies for completing Activities of Daily Living and offered peer input to reinforce learnings.
  o The Think Tank program assisted persons with cognitive deficits from a neurological injury or disease.
  o The Young Stroke Support Group assisted younger persons who have had a stroke.

People Experiencing Homelessness
Community benefit efforts focus on programs, partnerships and strategies that increase access to primary care, mental health care, substance abuse services and community-based health care services for people experiencing homelessness.

Health Care and Supportive Services
The Cedars-Sinai Emergency Department employed two full-time patient navigators to connect patients experiencing homelessness with local resources including, case management, clothing, food and shelter. Case Management was provided for people experiencing chronic homelessness and persistent mental illness. Resources and linkages were provided to community-based services to stabilize these patients in the community, better address patient needs while in the hospital, and reduce hospital readmissions and ED use.

Recuperative Care
Cedars-Sinai also supported people experiencing homelessness by connecting patients to shelters and providing transportation, food and clothing. Cedars-Sinai transitioned patients requiring additional assistance post-discharge to recuperative care facilities designed to care for patients and connect them to resources, including longer-term housing solutions and governmental benefits.

FY22 CSMC Grantmaking
For the fourth year in a row, Cedars-Sinai increased its annual grantmaking commitment by over $5 million, contributing $36.5 million in FY22 to support over 200 community-based organizations serving vulnerable populations within the Community Benefit Service Area. Recognized for the second year in a row as one of the largest philanthropic grantmakers in Los Angeles, Cedars-Sinai grantmaking has effectively increased sevenfold since 2015, with an average disbursement of $5 million in grants prior to FY19. With a strategic focus on high-impact philanthropy, Cedars-Sinai’s
three priority funding areas included increasing access to care, addressing social determinants of health, and enhancing civic engagement. Cedars-Sinai grantmaking works to improve health equity, build the capacity of nonprofit organizations serving vulnerable populations, and break down the barriers that affect residents within the local health care safety net.

The Access to Care grantmaking portfolio aimed to increase the capacity of organizations to improve access to comprehensive, quality health care services for historically marginalized and underserved populations. Access to Care included the flagship Community Clinic Initiative, established in 2015, with a focus on strengthening leadership and effectiveness within safety net clinics, and the Behavioral Health Initiative that launched in 2017, with the goal of increasing access to behavioral health services through an emphasis on integration and supportive patient navigation. Access to Care grants this year focused on cross-organizational behavioral health partnerships, continued support for clinics impacted by Medi-Cal reform, and implemented innovations in Black maternal health. Grants included $1 million to Plunum Health to support the launch of their Care Transformation Project, which aims to deepen care coordination across participating clinics using artificial intelligence to support targeted health interventions, and $1 million to the Center for Care Innovations, to improve equity in access to telehealth through a peer-learning collaborative for those with barriers to connectivity and language. The Access to Care portfolio totaled over $10 million in FY22.

Cedars-Sinai continued its commitment in FY22 to addressing “upstream” health factors (such as housing, people experiencing homelessness, economic stability, and workforce development) by deepening its support for the Housing and People Experiencing Homelessness Initiative that launched within the Social Determinants of Health grantmaking portfolio in 2020. Over $15 million in grantmaking was allocated to support more than 30 organizations in this portfolio. Key grants included multi-million dollar grants to True Colors United and the Center for Strategic Partnerships for efforts to transform the youth housing system by elevating youth leadership and leveraging federal funding to serve youth experiencing homelessness, and to the United Way of Greater Los Angeles and Social Justice Partners Los Angeles to coordinate housing and health care services for older adults experiencing homelessness and to support the well-being of a diverse workforce in homeless services.

Cedars-Sinai’s Civic Engagement grants were broad in scope and scale, funded through strategic coordination with local community organizations, and focused on community wellbeing, community resilience, and civic partnerships. Over $5 million in grants were disbursed through the Civic Engagement portfolio this year, which included continued funding for COVID-19 relief and recovery, first responders, emergency relief, and advancing equity. Through a grant to the International Institute of Los Angeles, Cedars-Sinai supported the resettlement of refugees from...
Afghanistan and Ukraine. California Black Women’s Health Project received a grant to advance equitable health outcomes by engaging community members, allied health professionals and clinicians in a new health navigation outreach program. Addressing persistently high levels of food insecurity in Los Angeles County, Cedars-Sinai also maintained support for large-scale food distribution and equitable access programs across LA County through $500,000 in grants distributed among SEE-LA (Sustainable Economic Enterprises of Los Angeles), Food Forward, Hollywood Food Coalition, the Westside Food Bank, Meals on Wheels West, Thai Community Development Corporation, and API Forward Movement.

Cedars-Sinai also expanded the Health Equity grant program, a cross-portfolio initiative launched in 2021 with the aim of strengthening health outcomes by increasing the capacity of nonprofit partners to address health inequities. The selection of grantees for the second cycle of funding in 2022 prioritized workforce development and training, strategic planning and integration, operationalization, and data collection related to equity, totaling $15 million over the last two years. Grants disbursed under the Health Equity program included support for strategic planning at Homeless Outreach Program Integrated Care Services (HOPICS), the lead agency for housing and behavioral health services in South Los Angeles, a grant to Planned Parenthood Los Angeles (PPLA) to support the organization’s Black Health Initiative at the newly opened Inglewood Health Center, and funds to expand mental wellness and support to formerly incarcerated program members at Homeboy Industries. Cedars-Sinai is working to evaluate the Health Equity grant program and incorporate lessons learned into ongoing strategic efforts around health equity for future grantmaking.
Other Community Benefit Services
CSMC provided community benefit services in addition to those programs focused on addressing priority health needs.

Health Professions Education

Continuing Medical Education (CME)
Cedar-Sinai’s CME program holds Accreditation with Commendation from the Accreditation Council for Continuing Medical Education. Health education was provided to medical professionals to update their skills and maintain current certifications in their specialties. In FY22, 6,668 CME education encounters were provided.

Graduate Medical Education (GME)
Residents and fellows develop personal, clinical and professional competence under the guidance and supervision of Cedars-Sinai faculty. The GME program at Cedars-Sinai has 14 Residency programs with 311 Residency program positions and 89 Fellowship programs with 165 Fellowship program positions.

Medical Student Training
Medical student rotations were completed by 678 UCLA students through an academic affiliation with the David Geffen School of Medicine, and elective rotations for students enrolled in the Visiting Student Application Service’s participating institutions.

Minimally Invasive Surgery Fellowship and Psychology Internship Programs
Training and mentoring of Minimally Invasive Surgery (MIS) Student Interns and Psychology Interns into the field of MIS Medicine.

PhD Biomedical Sciences & Translational Medicine Education Program
Mentored by researchers and clinicians, the program’s students completed laboratory rotations, observed patient care and engaged in structured workshops and seminars before preparing and defending their research dissertations.

Nursing Education and Student Precepting
Cedars-Sinai Medical Center, Nursing Institute provided clinical experiences for 890 undergraduate and graduate nursing students from local nursing school programs.

Other Health Professions Education
- 24 dietitian and dietetic technician students received training with Cedars-Sinai staff through an internship program. Students obtained needed clinical hours to qualify for the National Registration Exams.
• The Paramedic Internship Program provided eight paramedic interns with clinical experience and educational training in the Emergency Department. The clinical training is a requirement for the certified degree program at the UCLA Daniel Freeman Hospital Paramedic Education Program.

• The Pathology Internship program provided clinical experience to 32 Pathology Student Interns, as a prerequisite for their graduation from State certified pathology schools and universities.

• The Physical Medicine and Rehabilitation Internship Program provided full-time clinical internship experiences for Occupational Therapy, Physical Therapy, Speech-Language Pathology and Psychology students/interns. These internship experiences ranged in length from 6-12 weeks and required the supervision of a licensed therapy professional. 26 student internships occurred in FY22.

• 26 students participated in the Respiratory Care Services Internship Program. In partnership with Los Angeles Valley College, students obtained needed clinical experience to obtain a license to practice as a Respiratory Care Practitioner.

• An internship program designed provided nine student interns with their required field work hours to obtain their Master of Social Work (MSW) degrees.

• The Clinical Pastoral Education (CPE) Program is an interfaith, professional education for religious leaders and theological students in a clinical setting. The CPE program provided professional training for 23 Spiritual Care Service providers, which is required for CPE Certification. The program included didactic seminars, educational activities, educational guidance, clinical practice, and development of skills in interpersonal and inter-professional relationships.

Research

Research is the study or investigation to generate generalizable knowledge made available to the public. Research includes the communication of findings and observations, including publication in a journal. Internally funded research and research funded by tax-exempt or government entities are eligible for reporting.

Cedars-Sinai is one of the leading institutes for competitive research funding from the National Institutes of Health and currently has more than 1,845 research projects, many led by physician-scientists.

Cedars-Sinai has one of the largest state-of-the-art clinical research trial facilities of any private hospital in the nation. Almost 600 clinical research projects, covering the entire spectrum of disease investigation, are underway to advance patient care and improve patient outcomes.
Cash and In-Kind Donations
*Funds and in-kind services donated to community groups and nonprofit organizations.*

- Provided canned foods and other supplies to Churches/Synagogues and Community Centers from the Disaster Food rotation, which is not food that can be used for patient meals. The Disaster Food was donated for use in community food donations before it expired.
- Cooked and prepared over 5,200 meals for Beverly Hills Meals on Wheels, which delivered the meals to isolated and vulnerable residents of Beverly Hills who were unable to obtain or prepare adequate meals.
- Teen Line, a program of Didi Hirsch Mental Health Services, is housed on Cedars-Sinai’s premises through an in-kind donation of office and training spaces. The Teen Line provided over 21,000 encounters for crisis intervention and prevention, peer counseling and referrals for adolescents, ages 12 to 19.

Community Benefit Operations
*Direct and indirect costs associated with assigned staff, community health needs assessments, community benefit planning, tracking, reporting, evaluating and operations.*

Reported costs included staff salaries, benefits and expenses, administrative support and consultants in support of Community Benefit.

Community Building Activities
*Activities that support community assets by offering the expertise and resources of the hospital organization. These activities may address the root causes of health problems or the determinants of health, such as education, homelessness, poverty and the environment.*

Community Support
- Disaster readiness support to plan and prepare for a disaster for the community at-large.
- Community celebration honors the life and legacy of the late Rev. Dr. Martin Luther King, Jr. As a result of the pandemic, the celebration has been virtual, and the program link was posted on the Cedars-Sinai Diversity & Inclusion web page. Virtual invitees include Cedars-Sinai employees, public officials and invited members of the larger Los Angeles Community.
- Cedars-Sinai observed Yom Ha’Shoah with a candling lighting ceremony in remembrance of the genocide of 6 million European Jews during the WWII Holocaust. The ceremony at Cedars-Sinai included a Guest Speaker who presented a topic on the Holocaust and/or
genocide; with a focus to educate participants about the history of the Holocaust, genocide and our continued struggle to achieve global justice and tolerance.

**Workforce Development**

- Education events, seminars and conferences were sponsored by Cedars-Sinai to educate and mentor 233 students regarding opportunities for career development in health care professions.
- **Eve and Gene Black Summer Medical Career Program**
  185 high school students participated in a medical mentorship program. Under the supervision of a health care educator/medical facility coordinator, participants shadowed various medical professionals (nurse, nutritionist, pharmacist, lab technician, physician and/or medical specialist etc.) to learn about the health care professions.
- **Pre-Health Care Student Volunteer Program**
  Community health education classes, seminars, conferences and events were provided for 33 students who are planning to attend medical school. Priority was given to students from educationally or economically under-resourced communities.
- **Women’s Guild Simulation Center**
  Community education liaison program conducted in partnership with the local LAUSD, Secondary and Middle Schools, gave tours and demonstrations of the Women's Guild Simulation Center to students. The program focused on workforce development to expose 193 students to current medical technology and research as a professional option for their career development.
- **Youth Employment and Development (YED)**
  - Career Days were coordinated with various schools and events focused on clinical and non-clinical areas. Career days provided information and career opportunities related to the health care field to 145 Middle, High School and College students.
  - The Careers Academy includes worksite learning at Cedars-Sinai, school-based learning at Fairfax High School and employee mentoring. This is a two-year program in partnership with the Los Angeles Unified School District. Participants earn five credits each semester toward graduation and receive work experience of up to 16 hours a week. A variety of departments at Cedars-Sinai provided 462 students an opportunity to apply classroom learning at the worksite while being exposed to careers in health care.
# Community Benefit Inventory

<table>
<thead>
<tr>
<th>Community Benefit Categories</th>
<th>Programs</th>
<th>Definition by Category</th>
<th>Number</th>
<th>Encounters</th>
<th>Definition by Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Community Health Improvement Services</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Programs/activities that improve community health</td>
<td></td>
<td>Number of programs or activities</td>
<td>2,191</td>
<td></td>
<td>Number of encounters</td>
<td>89,353</td>
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<tr>
<td><strong>Health Professions Education</strong></td>
<td></td>
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<td></td>
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<tr>
<td>Educational programs for physicians, nurses and other health professionals</td>
<td></td>
<td>Number of educational rotations, internships, mentorships, preceptorships</td>
<td>1,179</td>
<td></td>
<td>Number of students/interns</td>
<td>9,431</td>
</tr>
<tr>
<td><strong>Cash and In-Kind Contributions</strong></td>
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</tr>
<tr>
<td>Funds and in-kind services donated to benefit the community</td>
<td></td>
<td>Number of programs or activities</td>
<td>565</td>
<td></td>
<td>Number of encounters</td>
<td>30,310</td>
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<tr>
<td><strong>Community Building</strong></td>
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<tr>
<td>Programs/activities that help build the capacity of the community to address “upstream” factors and social determinants that impact health and safety</td>
<td></td>
<td>Number of programs or activities</td>
<td>1,612</td>
<td></td>
<td>Number of encounters</td>
<td>66</td>
</tr>
<tr>
<td><strong>Community Benefit Operations</strong></td>
<td></td>
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<td></td>
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</tr>
<tr>
<td>Includes costs associated with identifying community health needs, implementing community health improvement commitments, strategy-building and planning</td>
<td></td>
<td>Number of programs or activities</td>
<td>1</td>
<td></td>
<td>Number of encounters</td>
<td>NA</td>
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<tr>
<td><strong>Total</strong></td>
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<td></td>
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<td></td>
<td>5,548</td>
<td></td>
<td></td>
<td>129,160</td>
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</tbody>
</table>
Financial Summary of Community Benefit
Cedars-Sinai Medical Center provides financial assistance and community benefit services, programs and activities that serve vulnerable individuals and families, the elderly and children. The costs of providing these services are not fully reimbursed. The costs are calculated using a cost to charge ratio for any unreimbursed services. Also included are activities that improve the community’s health status with a focus on health promotion and education, capacity building and meeting unmet health and health related social needs. Costs for these activities include direct costs and allocated overhead costs, offset by any donations and grants received.

Community Benefit Financial Commitment, July 1, 2021 – June 30, 2022

Unreimbursed Cost of Direct Medical Care for the Poor and Underserved $163,961,000
(Excludes the unreimbursed cost of caring for Medicare patients)
  Charity care & uncompensated care for the uninsured/underinsured $39,703,000
  Unreimbursed cost: caring for Medi-Cal patients $124,258,000

Unreimbursed Cost of Direct Medical Care for Medicare Patients $507,052,000

Unreimbursed Cost of Specialty Government Programs $5,778,000

Community Benefit Programs, Charitable Contributions and Education and Training for Physicians and Other Health Professionals $172,148,000
(Includes hundreds of free community education and medical screening/immunization programs offered at the Medical Center, in local schools, homeless shelters and community centers)

Research Programs $122,504,000
  Total Cost of Research $270,037,000
  Less: Research funding from grants <$147,533,000>
  Net Costs of Research $122,504,000

Total quantifiable community benefits $971,443,000
**Community Benefit Plan FY23**

CSMC approved its most recent Community Health Needs Assessment (CHNA) in May 2022 as required by state and federal law. The CHNA is a primary tool used by the hospital to determine its community benefit plan, which outlines how it will give back to the community in the form of health care and other community services to address unmet community health needs.

The CHNA includes an analysis of input from community stakeholders who represent the broad interests of the diverse communities served by the hospital, including those stakeholders with expertise in community and public health. Health needs were identified in the CHNA and subsequently prioritized by community stakeholders. From the prioritized health needs, Cedars-Sinai chose Health Focus Areas based on criteria that take into account Cedars-Sinai’s capacity to impact community needs, the strength of community partnerships and the alignment with Cedars-Sinai’s organizational strategic planning efforts. Through this Community Benefit Plan, CSMC has committed to identifying and closing health equity gaps in communities that have been historically marginalized and made vulnerable.

**Significant Needs the Hospital Intends to Address**

Cedars-Sinai intends to address the following health focus areas that were identified in the FY22 CHNA and detailed in the FY23-FY25 Implementation Strategy:

**Access to Health Care and Community Services**

Community Benefit efforts focus on increasing and supporting access to essential health care and community services for communities and groups that have been historically underserved through direct programs and partnerships with local community-based organizations. Access to Care efforts are grounded in the knowledge that social determinants of health and health equity impact health outcomes. Access to Care partnerships and strategies address the following priority health needs:

- Primary Care
- Mental Health

**Chronic Disease and Prevention**

Community Benefit efforts focus on preventing chronic health conditions and their underlying risk factors, and on preventive immunization efforts. With cross-functional planning to address social determinants of health and health equity, Cedars-Sinai implements programs and supports partnerships focused on prevention, screenings, community outreach and education.

- Cancer
- Cardiovascular Disease
- Diabetes
• Overweight/Obesity
• Immunizations

**People Experiencing Homelessness**
Community Benefit efforts focus on connecting people experiencing homelessness to community-based programs and services as well as building strategies to improve health and housing stability.

**Health Focus Area: Access to Health Care and Community Services (Primary Care and Mental Health Care)**

**Goal**
Increase access to health care and the capacity of health care partners, and improve the health of individuals in our community – particularly in Cedars-Sinai’s Community Benefit Service Area – who have been historically underserved.

**Programs and Strategies**

**Cedars-Sinai Community Resource (CSCR)**
CSMC social workers and staff use CSCR, an electronic community resource referral platform powered by FindHelp to navigate patients to needed community services. Staff are trained to appropriately optimize this resource. CSCR is available to patients and community members through a public-facing website, providing information on how to connect to needed resources. Cedars-Sinai knows that thousands of community searches have been logged on CSCR in the past year, showing how important this resource is to navigate and access services.

**C.O.A.C.H. for Kids**
The Cedars-Sinai COACH (Community Outreach Assistance for Children’s Health) for Kids mobile medical clinic is dedicated to meeting the immediate medical, behavioral health and community needs of pediatric patient populations that are historically underserved. COACH for Kids provides free transitional medical care and social support services, while connecting patients and their families to integrated quality health care and other community resources. Services are provided in the community Monday through Thursday, and periodically on weekends. Service sites include schools, places of worship, public housing developments, WIC (Women, Infants and Children) centers, Head Start centers and other community agencies. Service areas include Central and South Los Angeles and Crenshaw.
Training and Direct Medical Care: Federally Qualified Health Centers (FQHCs)
Cedars-Sinai physicians partner with and provide access to primary care in FQHCs and FQHC Look-A-Likes located in Los Angeles. These partnerships increase FQHCs’ abilities to provide health care to community members while giving medical residents training in, and exposure to, the role of a primary care provider in providing health care services to populations historically, socially and economically marginalized and underserved.

Cedars-Sinai’s Ambulatory Care Clinic (ACC)
Cedars-Sinai’s ACC provides primary and specialty care services to uninsured and underinsured residents who live within a five-mile radius of the medical center. The clinic services include screening, preventive health measures, management of diabetes and cardiovascular disease, as well as other specialty services available within the clinic. This includes special pilot programs to expand services unavailable to partner FQHCs such as Saban Community Clinic. Medical residents and fellows are supervised by attending physicians who are members of CSMC medical staff.

Cedars-Sinai Case Management and Social Work
Cedars-Sinai provides patients with socioeconomic needs with resources to facilitate access to primary care, to outpatient care and to services that address the social determinants of health.

Financial Assistance
Cedars-Sinai will provide financial assistance through free and discounted care for health care services, consistent with the hospital’s financial assistance policy.

Share & Care
The Share & Care program offers programs and trainings for children, teachers, parents and school principals, facilitated by licensed mental health practitioners, that enhance at-risk children's ability to learn in the classroom, change destructive behaviors and envision a brighter future. Share & Care counselors facilitate 12-week group art-therapy programs that provide a therapeutic environment to improve students’ abilities to cope with trauma, loss and grief, self-esteem, bullying, socialization, anger management, divorce, shyness, incarcerated parent and substance abuse.

Psychiatric Patient Support
For patients who need additional care outside of the medical center, Cedars-Sinai provides access through ongoing partnerships for psychiatric and behavioral health services.
Teen Line
Teen Line, a program of Didi Hirsch Mental Health Services, is housed on premises through an in-kind donation from Cedars-Sinai of office and training spaces. The Teen Line hotline, answered by intensively trained high school students, provides crisis intervention and suicide prevention, peer counseling and referrals for adolescents ages 12 to 19. Didi Hirsch Mental Health Services expertly answers all incoming hotline crisis calls and texts during off hours.

Grantmaking
- **Civic Engagement**
  Cedars-Sinai’s Civic Engagement grants address unmet needs that impact health and well-being through strategic coordination with local community organizations and municipalities. Funding addresses social determinants of health and health equity. Through the Civic Engagement portfolio, Cedars-Sinai aims to bolster the area nonprofit ecosystem through pilot technical assistance programs focused on staff and volunteer capacity expansion. Civic Engagement grants will continue to align with institutional priorities and public issues of concern, including social responsibility, creative solutions to improve community health and safety, community linkages to health and social services, nutrition insecurity, and equity for historically overlooked or disadvantaged Angelenos.

- **Community Clinic Initiative**
  Cedars-Sinai recognizes the critical role of partnerships in promoting access to health care for populations that are underserved and lack access to culturally safe services. CSMC is building multi-dimensional partnerships that include significant investments to strengthen the safety net clinic network across Los Angeles, as well as individual capacity-building grants to clinics. Cedars-Sinai funds capacity-building programs that focus on issues such as quality and leadership, and financial sustainability. Cedars-Sinai reaches the majority of clinics in the Community Benefit Service Area. Grants support Los Angeles County community clinics in addressing the social determinants of health of patients and communities.

- **Community Mental Health Grants/Behavioral Health Initiative**
  Cedars-Sinai provides mental health grants to increase access to mental health services. Grantmaking addresses the mental health needs of populations historically marginalized and underserved. Grants support the provision of direct services to community members facing significant economic barriers as well as comorbidities. The Behavioral Health Initiative increases access to high-quality behavioral health services through support for capacity-building programs and direct service continuity grants. The Behavioral Health Initiative aims to promote effective linkages to care and focuses on increasing access to...
needed services, with an emphasis on primary care integration and supportive patient navigation.

Health Focus Area: Chronic Disease and Prevention

Goals

- Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education.
- Reduce the impact of immunization-preventable diseases.

Programs and Strategies

Support Groups

Cedars-Sinai provides comprehensive support groups that focus on assisting persons with cancer and their family and caregivers.

Cancer Research Center for Health Equity/Community Outreach and Engagement (CRCHE)

The CRCHE aims to increase cancer awareness, screening and capacity of communities to address disparities. The program’s focus is on communities historically marginalized and underserved, in particular: Hispanics, Asians (Filipinos and Koreans), African Americans, Immigrants, and LGBTQ+. Programs include: 7 Steps to Reduce Cancer Risk, a comprehensive education program geared toward low-literacy populations; training programs for community health workers including tools and resources to link individuals to free and low-cost cancer screenings; as well as capacity building, training and pilot funding for community organizations that serve communities at the highest risk for cancer and delayed diagnosis.

Community Health Improvement: Screenings, Health Fairs and Education

When COVID-19 protocols allow, Cedars-Sinai provides free public screening exams and health education, including point-of-care testing for diabetes and cardiovascular disease at diverse community venues. Health programs and screenings are conducted in collaboration with nursing, medical staff and various members of the clinical care team. Examples of partnerships for screenings and health programs include:

- Partner with local municipalities to provide blood glucose, cholesterol, and blood pressure screenings in partnership with community organizations.
- Partner with senior centers to provide risk assessment, health screening and preventive health education. In addition, evidence-based and evidence-informed programs are designed to allow older adults to maintain independent living and manage diabetes and cardiovascular disease.
- Partner with faith-based organizations, such as churches and synagogues, to provide screening and referral programs for cholesterol, diabetes, hypertension and stroke prevention and control.
• Partner with community sites to provide free community lectures and health information to older adults. Health education lectures are provided by Cedars-Sinai nurses, physicians and other health professionals and cover a wide range of topics identified by the community.

Flu and COVID-19 Vaccines
Community Health Improvement (CHI) provides free immunization programs for children, families and older adults. Influenza, pneumococcal and COVID-19 vaccines are offered free to the public.

Healthy Habits
Cedars-Sinai’s Healthy Habits program provides education and technical assistance to support healthy eating and physical activity among school-aged children and their families in Mid-City Los Angeles. Working with communities that are historically underserved, Cedars-Sinai health educators will provide children and their families with the knowledge and skills needed to adopt healthy lifestyles. Healthy Habits includes: Healthy Habits for Kids, Healthy Habits for Families, Exercise in the Park, community health displays and workshops, Grocery Store Tour programs, teacher trainings, connections to CalFresh resources, and ongoing capacity building and technical assistance to community partners throughout Mid-City Los Angeles.

Health Focus Area: People Experiencing Homelessness and Housing
Goals
• Improve health care delivery to people experiencing homelessness.
• Connect people experiencing homelessness with needed resources.

Programs and Strategies
Recuperative Care
Cedars-Sinai supports patients who require additional assistance post-discharge but are experiencing homelessness and lack a place to recover. Cedars-Sinai discharges them to facilities designed to help care for patients and to connect them into programs, including the Coordinated Entry System (CES), so they can receive government benefits and be screened and rated to become eligible for longer-term housing solutions.

Patient Navigation
Cedars-Sinai provides focused patient navigation for people experiencing homelessness who enter our medical center through the Emergency Department. Two full time community resource coordinators with expertise in homelessness-related resources work to support our neighbors in the most vulnerable circumstances.
Additionally, all patients experiencing homelessness will continue to be guided toward shelter, food and clothing through our social work and case management services. To support patients, Cedars-Sinai will pilot a direct referral program to emergency shelter for especially needy patients.

**Healthcare in Action**
Cedars-Sinai contracts with Healthcare in Action to extend health care services beyond the walls of the medical center through an innovative street medicine approach focused on providing extra care and support to patients experiencing homelessness.

**Reserved Shelter Beds**
Cedars-Sinai contracts with The People Concern, a comprehensive homeless services and health care organization, to provide two reserved shelter beds accompanied by wrap-around case management services for people experiencing homelessness. The goal of this engagement is to connect people experiencing homelessness with long-term permanent supportive housing.

**Grantmaking: Housing and People Experiencing Homelessness**
This initiative identifies and supports local community-based organizations serving people experiencing homelessness and invests in building their capacity to better support and address the systemic causes of homelessness. Cedars-Sinai’s grantmaking complements the work of the medical center’s Community Connect Program, which supports individual and community health through assessment and interventions that address the social determinants of health needs of people who are underserved. The Social Determinants of Health portfolio will continue to expand grantmaking efforts focused on young adults experiencing homelessness as well as evolve a historic focus on economic stability into a more targeted workforce development strategy.
**Needs the Hospital Will Not Address**

There were significant health needs identified in the CHNA that did not meet the criteria for developing and implementing a health focus area and, as a result, are not addressed in this Implementation Strategy. This is not intended to minimize the importance of those health needs; it is a reality of having a strategic focus on effectiveness to improve community health, utilizing the relevant expertise and allocating resources of CSMC in a thoughtful manner in light of its charitable mission as a hospital.

The health needs identified in the CHNA that are not included in the health focus areas for this Implementation Strategy are: community safety, dental care, economic insecurity, environmental conditions, food insecurity, sexually transmitted infections, substance use and transportation. Additionally, the hospital does not intend to directly emphasize COVID-19 interventions in the Implementation Strategy but will continue to deliver acute medical care to address COVID-19. CSMC will continue to look for opportunities to address community needs where we can make a meaningful contribution.

**Evaluation of Impact**

The health focus areas identified above were determined through data collection, analysis and a prioritization process that incorporated community input. Due to the quantity and scope of the community’s health needs identified, it is necessary to identify focus areas and to ensure the community benefit initiatives are effective in improving the health of populations that are underserved and historically marginalized. In support of our mission to improve the health of the community, CSMC has committed to ongoing program evaluation to ensure maximum impact of our community benefit strategies. CSMC will incorporate evaluation results into program strategy, planning and implementation.
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